



**Human Resources and  
Development  
COUNTY OF TULARE  
AGENDA ITEM**

**BOARD OF SUPERVISORS**

KUYLER CROCKER  
District One  
PETE VANDER POEL  
District Two  
AMY SHUKLIAN  
District Three  
J. STEVEN WORTHLEY  
District Four  
MIKE ENNIS  
District Five

**AGENDA DATE:** April 10, 2018

Public Hearing Required	Yes	<input type="checkbox"/>	N/A	<input checked="" type="checkbox"/>
Scheduled Public Hearing w/Clerk	Yes	<input type="checkbox"/>	N/A	<input checked="" type="checkbox"/>
Published Notice Required	Yes	<input type="checkbox"/>	N/A	<input checked="" type="checkbox"/>
Advertised Published Notice	Yes	<input type="checkbox"/>	N/A	<input checked="" type="checkbox"/>
Meet & Confer Required	Yes	<input type="checkbox"/>	N/A	<input checked="" type="checkbox"/>
Electronic file(s) has been sent	Yes	<input checked="" type="checkbox"/>	N/A	<input type="checkbox"/>
Budget Transfer (Aud 308) attached	Yes	<input type="checkbox"/>	N/A	<input checked="" type="checkbox"/>
Personnel Resolution attached	Yes	<input checked="" type="checkbox"/>	N/A	<input type="checkbox"/>
Agreements are attached and signature line for Chairman is marked with tab(s)/flag(s)	Yes	<input checked="" type="checkbox"/>	N/A	<input type="checkbox"/>

CONTACT PERSON: Rhonda Sjostrom    PHONE: (559) 636-4900

**SUBJECT:** Approval of the San Joaquin Valley Insurance Authority Participation Agreement

**REQUEST(S):**  
That the Board of Supervisors:

1. Authorize the Chairman to execute the SJVIA Participation Agreement with the San Joaquin Valley Insurance Authority (SJVIA) retroactive to April 1, 2017 through December 31, 2018 for the purpose of participating in the SJVIA health insurance programs (medical, dental, vision and prescription) for eligible employees, retirees, and special districts. The agreement is retroactive due to anticipated updated contract language recently completed by SJVIA counsel.
2. Find that the Board had authority to enter into the proposed agreement as of April 1, 2017 and that it was in the County's best interest to enter into the agreement on that date.

**SUMMARY:**  
In October 2009, your Board approved the execution of a Joint Exercise of Powers Agreement creating the San Joaquin Valley Insurance Authority (SJVIA) with the County of Fresno. The SJVIA offers the County reduced fixed costs and medical health insurance plans, a pharmacy program, as well as dental and vision insurance for eligible employees, retirees, and special districts.

The 2016 SJVIA Participation Agreement was amended through March 31, 2017 to reflect new SJVIA 2017 Plan Year medical, pharmacy, dental and vision rates. It

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**DATE:** April 10, 2018

was originally anticipated that updated contract language and provisions would be completed by April 1, 2017; however, changes to this contract were not completed until recently by SJVIA counsel. As a result, Human Resources & Development is recommending that a new agreement be executed retroactive to April 1, 2017 through December 31, 2018.

The Board should note the following deviations from County contract protocol in this agreement: 1) The forum for any disputes is Fresno County instead of Tulare County and 2) the Dispute Resolution clause contains provisions that would require the County to submit to arbitration.

**FISCAL IMPACT/FINANCING:**

Adoption of this agreement does not result in increased cost to the County.

**LINKAGE TO THE COUNTY OF TULARE STRATEGIC BUSINESS PLAN:**

Organizational Performance: Continuously improve organizational effectiveness and fiscal stability. Provide for the stability of county operations through periods of economic fluctuations, changing priorities and service demands.

**ADMINISTRATIVE SIGN-OFF:**

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Rhonda Sjostrom  
Human Resources Director

cc: Auditor-Controller  
County Counsel  
County Administrative Office (2)  
San Joaquin Valley Insurance Authority

Attachment(s) SJVIA Participation Agreement  
Exhibit A & B – April 1, 2017 – December 31, 2017  
Exhibit A & B – January 1, 2018 – December 31, 2018

**BEFORE THE BOARD OF SUPERVISORS  
COUNTY OF TULARE, STATE OF CALIFORNIA**

IN THE MATTER OF APPROVAL OF THE )  
SAN JOAQUIN VALLEY INSURANCE ) Resolution No. \_\_\_\_\_  
AUTHORITY PARTICIPATION ) Agreement No. \_\_\_\_\_  
AGREEMENT )  
)

UPON MOTION OF SUPERVISOR \_\_\_\_\_, SECONDED BY  
SUPERVISOR \_\_\_\_\_, THE FOLLOWING WAS ADOPTED BY THE  
BOARD OF SUPERVISORS, AT AN OFFICIAL MEETING HELD **APRIL 10, 2018**,  
BY THE FOLLOWING VOTE:

AYES:  
NOES:  
ABSTAIN:  
ABSENT:

ATTEST: MICHAEL C. SPATA  
COUNTY ADMINISTRATIVE OFFICER/  
CLERK, BOARD OF SUPERVISORS

BY: \_\_\_\_\_  
Deputy Clerk

\* \* \* \* \*

That the Board of Supervisors:

1. Authorized the Chairman to execute the SJVIA Participation Agreement with the San Joaquin Valley Insurance Authority (SJVIA) retroactive to April 1, 2017 through December 31, 2018 for the purpose of participating in the SJVIA health insurance programs (medical, dental, vision and prescription) for eligible employees, retirees, and special districts. The agreement is retroactive due to anticipated updated contract language recently completed by SJVIA counsel.
2. Found that the Board had authority to enter into the proposed agreement as of April 1, 2017 and that it was in the County's best interest to enter into the agreement on that date.

## **SJVIA PARTICIPATION AGREEMENT**

THIS AGREEMENT ("Agreement") is made and entered into this 1<sup>st</sup> day of April 1, 2017, by and between **COUNTY OF TULARE**, a political subdivision of the State of California, hereinafter referred to as "**COUNTY OF TULARE**", and the SAN JOAQUIN VALLEY INSURANCE AUTHORITY, a joint powers agency, hereinafter referred to as "SJVIA".

### **WITNESSETH:**

WHEREAS, the purpose of the SJVIA is to develop and provide various health insurance programs for health, pharmacy, vision, dental, mental health and life insurance, including related administrative services for such programs to be provided by the insurance provider(s) and the SJVIA and its agents and consultants (collectively, "Various Benefits"), for the benefit of participating entities; and

WHEREAS, the COUNTY OF TULARE wishes to participate in the SJVIA Various Benefits for the purpose of purchasing health insurance programs, and/or other benefits in a cost-effective manner for its participating employees; and

WHEREAS, the COUNTY OF TULARE elects to participate in the selected SJVIA health insurance programs as referenced in Exhibit "A" (collectively, "SELECTED PROGRAMS"), for the benefit of participating entities; and

WHEREAS, the COUNTY OF TULARE and the SJVIA now desire to enter into this Agreement to secure the COUNTY OF TULARE's commitment to remit premium payments to the SJVIA for the Various Benefits to be provided under the Insurance Contract and by the SJVIA and its agents and consultants, as provided herein.

WHEREAS, a true and correct copy of a summary of applicable SJVIA health insurance programs is attached hereto and incorporated herein by reference as Exhibit "A"; and

WHEREAS, the SJVIA represents that it will contract with Insurance Providers which will provide its Various Benefits under the terms and conditions of a written contract between the SJVIA and the Insurance Provider (the "Insurance Contract") for each of the COUNTY OF TULARE's participating employees; and

WHEREAS, the SJVIA represents that the rates for the Various Benefits under the SELECTED PROGRAMS to be provided under the Insurance Contract and by the SJVIA, including the costs of its agents and consultants, are set forth in Exhibit "B" which is attached hereto and incorporated herein by reference; and

WHEREAS, the COUNTY OF TULARE and the SJVIA now desire to enter into this Agreement to secure the COUNTY OF TULARE's commitment to remit premium payments to the SJVIA for the Various Benefits to be provided under the Insurance Contract, and the COUNTY OF TULARE's portion of the costs of the SJVIA's agents and consultants, as provided herein.

**NOW THEREFORE**, in consideration of their mutual promises, covenants and conditions, the Parties agree as follows:

**1. ENTITY COUNTY OF TULARE's OBLIGATIONS:** The COUNTY OF TULARE acknowledges that this agreement requires a commitment to participate in SJVIA Various Benefits effective April 1, 2017 through December 31, 2018. Within ten business days of the date that SJVIA is required under the Insurance Contract to pay any insurance premium and/or similar charge to the Insurance Provider, the COUNTY OF TULARE shall remit to SJVIA the amount necessary to pay the required premium payment based on the intervals of such payments under the Insurance Contract.

The COUNTY OF TULARE may also participate in SELECTED PROGRAMS as referenced in Exhibit "A" and shall comply with all applicable terms and provisions of the Insurance Contract and this Agreement, effective April 1, 2017. The attached rates in Exhibit "B" reference only the SELECTED PROGRAMS the COUNTY OF TULARE is electing. Exhibit "B" also references the effective term such rates apply to the COUNTY OF

TULARE which are effective April 1, 2017 through December 31, 2017 and January 1, 2018 through December 31, 2018. The COUNTY OF TULARE agrees that it may only elect to participate in additional health insurance programs, or elect to make changes to the SELECTED PROGRAMS, through subsequent amendment to this agreement or separate agreement. Subsequent renewals are based on the SJVIA underwriting guidelines. The SJVIA is underwritten and renewed as a single risk pool using actuarially based underwriting standards.

**2. SJVIA'S OBLIGATIONS:** The SJVIA shall approve and execute related Insurance Contracts. Following execution of the Insurance Contracts, (i) SJVIA shall make available the fully-executed copy of the Insurance Contract to COUNTY OF TULARE, (ii) SJVIA shall enforce SJVIA's rights under the Insurance Contract for the benefit of COUNTY OF TULARE, and (iii) SJVIA shall perform SJVIA's obligations under the terms and conditions of the Insurance Contracts, including making timely payment of premium payments, and/or any similar charges, necessary to keep the Insurance Contracts in full force and effect.

**3. MODIFICATION:** Any matters of this Agreement may be modified from time to time but only by the written consent of all the parties hereto without, in any way, affecting the remainder hereof.

**4. NON-ASSIGNMENT:** Neither party hereto shall assign, transfer, or subcontract this Agreement nor their rights or duties under this Agreement without the prior written consent of the other party hereto.

**5. AUDITS AND INSPECTIONS:** The SJVIA shall at any time during usual SJVIA business hours, upon request by the COUNTY OF TULARE, and as often as the COUNTY OF TULARE may deem necessary, make available to the COUNTY OF TULARE for examination all SJVIA records and data for inspection, examination, and audit by the COUNTY OF TULARE with respect to the matters covered by this Agreement. SJVIA shall be subject to the examination and audit of the State Auditor General for a period of three (3) years after final payment under contract (Government Code section 8546.7).

**6. NOTICES:** The persons having authority to give and receive notices under this Agreement and their addresses include the following:

<u>COUNTY OF TULARE</u>	<u>SJVIA</u>
Rhonda Sjostrom Human Resource Director 2500 West Burrel Ave Visalia, CA 93291 rsjostro@co.tulare.ca.us	Paul Nerland SJVIA Manager 2220 Tulare Street, 14 <sup>th</sup> floor Fresno, CA 93721 pnerland@co.fresno.ca.us

Any and all notices between the COUNTY OF TULARE and the SJVIA provided for or permitted under this Agreement shall be in writing and shall be deemed duly served when personally delivered to one of the parties, or in lieu of such personal service, when deposited in the United States Mail, postage prepaid, addressed to such party.

**7. GOVERNING LAW:** The parties agree that for the purposes of venue, performance under this Agreement is to be in Fresno County, California. The rights and obligations of the parties and all interpretation and performance of this Agreement shall be governed in all respects by the laws of the State of California.

**8. TERM:** This Agreement shall become effective beginning at 12:01 a.m. on April 1, 2017 and shall terminate on December 31, 2018.

**9. TERMINATION:**

a. The terms of this Agreement, and the health insurance programs, Administrative Services, and/or SJVIA Staff Costs to be provided hereunder, are contingent on the approval of funds by the COUNTY OF TULARE. Should sufficient funds not be allocated, the services

provided may be modified, or this Agreement terminated at any time by giving SJVIA 120 days advance written notice.

- b. Notwithstanding any other provision of this Article, if the COUNTY OF TULARE fails to make in full any payment when due pursuant to Article 1, the SJVIA shall have the right, in its sole discretion, to terminate this Agreement, without notice, effective at the expiration of the last period for which full premium payment was made. Notwithstanding such termination or suspension, the SJVIA, in its sole discretion, may accept late payment or delinquent amounts and, upon acceptance, this Agreement may be reinstated retroactively to the last date for which full premium payment was made. Any such acceptance of a delinquent payment by the SJVIA shall not be deemed a waiver of this provision for termination of this Agreement in the event of any future failure of the COUNTY OF TULARE to make timely payments of any amounts due under this Agreement.

**10. SEVERABILITY:** In the event any provisions of this Agreement are held by a court of competent jurisdiction to be invalid, void, or unenforceable, the Parties will use their best efforts to meet and confer to determine how to mutually amend such provisions with valid and enforceable provisions, and the remaining provisions of this Agreement will nevertheless continue in full force and effect without being impaired or invalidated in any way.

**11. DISPUTE RESOLUTION:** Any controversy or dispute between the parties arising out of this agreement shall be submitted to mediation. The mediator will be selected by mutual agreement. If the matter cannot be resolved through mediation or if the parties cannot agree upon a mediator the matter shall be submitted to arbitration and such arbitration shall comply with and be governed by the provisions of the California Arbitration Act, of the California Code of Civil Procedure.

**12. ENTIRE AGREEMENT:** This Agreement constitutes the entire agreement between the SJVIA and COUNTY OF TULARE with respect to the subject matter hereof and supersedes all previous agreement negotiations, proposals, commitments, writings, advertisements, publications, and understandings of any nature whatsoever unless expressly included in this Agreement.

**13. COUNTERPARTS:** This Agreement may be executed in one or more original counterparts, all of which together will constitute one and the same agreement.

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(Go to next page for signatures)

**AGREEMENT BETWEEN COUNTY OF TULARE AND THE  
SAN JOAQUIN VALLEY INSURANCE AUTHORITY**

**SAN JOAQUIN VALLEY INSURANCE  
AUTHORITY:**

**COUNTY OF TULARE**

By \_\_\_\_\_  
Pete Vander Poel  
SJVIA Board President

By \_\_\_\_\_  
Steven Worthley  
Chairman, Board of Supervisors

Date: \_\_\_\_\_

Date: \_\_\_\_\_

REVIEWED & RECOMMENDED FOR APPROVAL

ATTEST:

By \_\_\_\_\_  
Paul Nerland  
SJVIA Manager

By \_\_\_\_\_  
Michael C. Spata, County Administrative  
Officer/Clerk of the Board of  
Supervisors

APPROVED AS TO LEGAL FORM:

By \_\_\_\_\_



# SJVIA PPO Zero Custom PPO 0/500/20/90/70

Anthem believes this plan is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

In addition to dollar and percentage copays, members are responsible for deductibles, as described below. Please review the deductible information to know if a deductible applies to a specific covered service. Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met. Members are also responsible for all costs over the plan maximums. Plan maximums and other important information appear in italics. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

### Explanation of Maximum Allowed Amount

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

**Participating Providers-** The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount.

**Non-Participating Providers & Other Health Care Providers-**(includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges.

For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary

**When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.**

### Calendar year deductible

For PPO Providers & Other Health Providers	None
For non-PPO Providers	\$500/member; \$1,000/family

### Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center

None

### Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center if utilization review not obtained

\$250/admission (*waived for emergency admission*)

### Deductible for emergency room services

\$100/visit (*waived if admitted directly from ER*)

### Annual Out-of-Pocket Maximums (*no cross application*)

PPO Providers & Other Health Care Providers	\$2,000/member/year; \$4,000/family/year
Non-PPO Providers	\$5,000/member/year; \$10,000/family/year

The following do not apply to out-of-pocket maximums: non-covered expense. After a member reaches the out-of-pocket maximum, the member remains responsible for non-PPO providers & other health care providers, costs in excess of the covered expense.

### Lifetime Maximum

Unlimited

### Covered Services

<b>PPO: Per Member Copay</b>	<b>Non-PPO: Per Member Copay<sup>1</sup></b>
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### Hospital Medical Services (*subject to utilization review for inpatient services; waived for emergency admissions*)

➤ Semi-private room, meals & special diets, & ancillary services	10%	30% <i>(benefit limited to \$600/day)</i>
➤ Outpatient medical care, surgical services & supplies ( <i>hospital care other than emergency room care</i> )	10%	30% <i>(benefit limited to \$600/day)</i>

### Ambulatory Surgical Centers

➤ Outpatient surgery, services & supplies	10%	30% <i>(benefit limited to \$350/day)</i>
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### Skilled Nursing Facility (*subject to utilization review*)

➤ Semi-private room, services & supplies ( <i>limited to 100 days/calendar year</i> )	10%	10%
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### Hospice Care (*subject to utilization review*)

➤ Inpatient or outpatient services for member with up to one year life expectancy; family bereavement services		No copay <sup>2</sup>
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<sup>1</sup>The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup>These providers are not represented in the Anthem Blue Cross PPO network.



Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Home Health Care</b> <i>(subject to utilization review)</i>		
➤ Services & supplies from a home health agency <i>(limited to combined 100 prior authorized visits/calendar year, one visit by a home health aide equals four hours or less; not covered while member receives hospice care)</i>	10%	10% with authorization
<b>Home Infusion Therapy</b> <i>(subject to utilization review)</i>		
➤ Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	10%	10%
<b>Physician Medical Services</b>		
➤ Office & home visits	\$20/visit <sup>2</sup>	30%
➤ Hospital & skilled nursing facility visits	10%	30%
➤ Surgeon & surgical assistant; anesthesiologist or anesthesiologist	10%	30%
➤ Drugs administered by a medical provider <i>(certain drugs are subject to utilization review)</i>	10%	30%
<b>Diagnostic X-ray &amp; Lab</b>		
➤ MRI, CT scan, PET scan & nuclear cardiac scan <i>(subject to utilization review)</i>	10%	30%
➤ Other diagnostic x-ray & lab	No copay	30%
<b>Preventive Care Services</b>		
Preventive Care Services including*, physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay	30%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy</b>	\$25/visit	30%
<b>Chiropractic Services</b> <i>(up to 12 visits/calendar year; additional visits may be approved, if medically necessary)</i>	\$25/visit	30%
<b>Speech Therapy</b>		
➤ Outpatient speech therapy following injury or organic disease	\$20/visit	30%
<b>Acupuncture</b>		
➤ Services for the treatment of disease, illness or injury <i>(limited to 20 visits/calendar year)</i>	\$25/visit <sup>3</sup>	\$25/visit <sup>3</sup>
<b>Temporomandibular Joint Disorders</b>		
➤ Splint therapy & surgical treatment	10%	30%
<b>Pregnancy &amp; Maternity Care</b>		
➤ Physician office visits	\$20/visit <sup>2</sup>	30%
➤ Prescription drug for elective abortion <i>(mifepristone)</i>	10%	Not covered
Normal delivery, cesarean section, complications of pregnancy & abortion		
➤ Inpatient physician services	10%	30%
➤ Hospital & ancillary services	10%	30%
		<i>(benefit limited to \$600/day)</i>
➤ Family planning counseling	\$20/visit	Not covered

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The dollar copay applies only to the visit itself. An additional 10% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

<sup>3</sup> Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a dentist (D.D.S.).

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Organ &amp; Tissue Transplants</b> <i>(subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with non-investigative organ or tissue transplants		10%
➤ Transplant travel expense for an authorized, specified transplant at a COE <i>(recipient &amp; companion transportation limited to 6 trips/episode &amp; \$250/person/trip for round-trip coach airfare, hotel limited to 1 room double occupancy &amp; \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip, donor transportation limited to 1 trip/episode &amp; \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)</i>		No copay
<b>Bariatric Surgery</b> <i>(subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity		10%
➤ Bariatric travel expense when member's home is 50 miles or more from the nearest Bariatric CME <i>(member's transportation to &amp; from CME limited to \$130/person/trip for 3 trips [pre-surgical visit, initial surgery &amp; one follow-up visit]; one companion's transportation to &amp; from CME limited to \$130/person/trip for 2 trips [initial surgery &amp; one follow-up visit]; hotel for member &amp; one companion limited to one room double occupancy &amp; \$100/day for 2 days/trip, or as medically necessary, for pre-surgical &amp; follow-up visit; hotel for one companion limited to one room double occupancy &amp; \$100/day for duration of member's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)</i>		No copay
<b>Diabetes Education Programs</b> <i>(requires physician supervision)</i>		
➤ Teach members & their families about the disease process, the daily management of diabetic therapy & self-management training	\$20/visit	30%
<b>Prosthetic Devices</b>		
➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; & therapeutic shoes & inserts	10%	30%
<b>Durable Medical Equipment</b>		
➤ Rental or purchase of DME including , dialysis equipment & supplies, home medical equipment, prosthetic/orthotics <i>(hearing aids benefit available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</i>	10%	30%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
➤ Ground or air ambulance transportation, services & disposable supplies		10% <sup>2</sup>
➤ Blood transfusions, blood processing & the cost of unreplaced blood & blood products		10% <sup>2</sup>
➤ Autologous blood <i>(self-donated blood collection, testing, processing &amp; storage for planned surgery)</i>		10% <sup>2</sup>

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Emergency Care</b>		
➤ Emergency room services & supplies <i>(\$100 deductible waived if admitted)</i>	10%	10%
➤ Inpatient hospital services & supplies	10%	10%
➤ Physician services	10%	10%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
<b>Inpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	30% <i>(benefit limited to \$600/day)</i>
➤ Inpatient physician visits	10%	30%
<b>Outpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	30% <i>(benefit limited to \$600/day)</i>
➤ Outpatient physician visits <i>(Behavioral Health treatment for Autism &amp; Pervasive disorder will be subject to pre-service review)</i>	\$20/visit <sup>2</sup>	30%

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The dollar copay applies only to the visit itself. An additional 10% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

**This Summary of Benefits is a brief review of benefits. Once enrolled, members will receive a Combined Evidence of Coverage and Disclosure Form, which explains the exclusions and limitations, as well as the full range of covered services of the plan, in detail.**

# Classic PPO Exclusions and Limitations

**Not Medically Necessary.** Services or supplies that are not medically necessary, as defined.

**Experimental or Investigative.** Any experimental or investigative procedure or medication. But, if member is denied benefits because it is determined that the requested treatment is experimental or investigative, the member may request an independent medical review, as described in the Evidence of Coverage (EOC).

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with urgent care or an emergency.

**Crime or Nuclear Energy.** Conditions that result from (1) the member's commission of or attempt to commit a felony, as long as any injuries are not a result of a medical condition or an act of domestic violence; or (2) any release of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services received before the member's effective date. Services received after the member's coverage ends, except as specified as covered in the EOC.

**Excess Amounts.** Any amounts in excess of covered expense or the lifetime maximum.

**Work-Related.** Work-related conditions if benefits are recovered or can be recovered, either by adjudication, settlement or otherwise, under any workers' compensation, employer's liability law or occupational disease law, whether or not the member claims those benefits. If there is a dispute of substantial uncertainty as to whether benefits may be recovered for those conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4903, as specified as covered in the EOC.

**Government Treatment.** Any services the member actually received that were provided by a local, state or federal government agency, except when payment under this plan is expressly required by federal or state law. We will not cover payment for these services if the member is not required to pay for them or they are given to the member for free.

**Services of Relatives.** Professional services received from a person living in the member's home or who is related to the member by blood or marriage, except as specified as covered in the EOC.

**Voluntary Payment.** Services for which the member has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. it must be internationally known as being devoted mainly to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. it must accept patients who are unable to pay; and
5. two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Services not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the member and a provider, for which reimbursement under Medicare program is prohibited, as specified in Section 1802 (42 U.S.C. 1395a) of Title XVIII of the Social Security Act.

**Inpatient Diagnostic Tests.** Inpatient room and board charges in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Mental or Nervous Disorders.** Academic or educational testing, counseling, and remediation. Mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, except as specified as covered in the EOC.

**Orthodontia.** Braces, other orthodontic appliances or orthodontic services.

**Dental Services or Supplies.** Dental plates, bridges, crowns, caps or other dental prostheses, dental implants, dental services, extraction of teeth, treatment to the teeth or gums, or treatment to or for any disorders of the temporomandibular (jaw) joint, except as specified as covered in the EOC. Cosmetic dental surgery or other dental services for beautification.

**Hearing Aids or Tests**

**Optometric Services or Supplies.** Optometric services, eye exercises including orthoptics. Routine eye exams and routine eye refractions, as specified as covered in the EOC. Eyeglasses or contact lenses, except as specified as covered in the EOC.

**Outpatient Occupational Therapy.** Outpatient occupational therapy, except by a home health agency, hospice, or home infusion therapy provider, as specified as covered in the EOC.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the EOC.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including aged) structures or tissues of the body to improve appearance. This exclusion does not apply to reconstructive surgery (that is, surgery performed to correct deformities caused by congenital or developmental abnormalities, illness, or injury for the purpose of improving bodily function or symptomatology or to create a normal appearance), including surgery performed to restore symmetry following mastectomy. Cosmetic surgery does not become reconstructive surgery because of psychological or psychiatric reasons.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are pursued under medical or *physician* supervision, unless specifically listed as covered in this *plan*.

This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and fasting programs.

This exclusion does not apply to *medically necessary* treatments for morbid obesity or dietary evaluations and counseling, and behavioral modification programs for the treatment of anorexia nervosa or bulimia nervosa. Surgical treatment for morbid obesity is covered as described in the Evidence of Coverage (EOC).

**Sterilization Reversal.**

**Infertility Treatment.** Any services or supplies furnished in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, sterilization reversal and gamete intrafallopian transfer.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (including, but not limited to, the bearing of a child by another woman for an infertile couple).

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom molded to the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Custodial Care or Rest Cures.** Inpatient room and board charges in connection with a hospital stay primarily for environmental change or physical therapy. Services provided by a rest home, a home for the aged, a nursing home or any similar facility. Services provided by a skilled nursing facility or custodial care or rest cures, except as specified as covered in the EOC.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a *physician*. This exclusion also applies to health spas.

**Personal Items.** Any supplies for comfort, hygiene or beautification.

**Education or Counseling.** Educational services or nutritional counseling, except as specified as covered in the EOC. This exclusion does not apply to counseling for the treatment of anorexia nervosa or bulimia nervosa.

**Food or Dietary Supplements.** Nutritional and/or dietary supplements, except as provided in this *plan* or as required by law. This exclusion includes, but is not limited to, those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by a licensed pharmacist.

**Telephone and Facsimile Machine Consultations.** Consultations provided by telephone or facsimile machine.

**Routine Exams or Tests.** Routine physical exams or tests which do not directly treat an actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the EOC.

**Acupuncture.** Acupuncture treatment, except as specified as covered in the EOC. Acupressure or massage to control pain, treat illness or promote health by applying pressure to one or more specific areas of the body based on dermatomes or acupuncture points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia) and/or astigmatism. Contact lenses and eyeglasses required as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physician for physical therapy or physical medicine, except when provided during a covered inpatient confinement or as specified as covered in the EOC.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and insulin, except as specified as covered in the EOC. Any non-prescription, over-the-counter patent or proprietary drug or medicine. Cosmetics, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy, are not covered by this plan. **Member will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.**

**Contraceptive Devices.** Contraceptive devices prescribed for birth control except as specified as covered in the EOC.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the EOC.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, imagery or nutrition. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Wigs.**

**Third Party Liability** — Anthem Blue Cross is entitled to reimbursement of benefits paid if the member recovers damages from a legally liable third party.

**Coordination of Benefits** — The benefits of this plan may be reduced if the member has any other group health or dental coverage so that the services received from all group coverages do not exceed 100% of the covered expense.

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# SJVIA PPO Zero BlueCard Custom PPO 0/500/20/90/70

Anthem believes this plan is a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

In addition to dollar and percentage copays, members are responsible for deductibles, as described below. Please review the deductible information to know if a deductible applies to a specific covered service. Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met. Members are also responsible for all costs over the plan maximums. Plan maximums and other important information appear in italics. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

### Explanation of Maximum Allowed Amount

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

**Participating Providers-** The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount.

**Non-Participating Providers & Other Health Care Providers-**(includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges.

For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary

**When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.**

### Calendar year deductible

For PPO Providers & Other Health Providers

None

For non-PPO Providers

\$500/member; \$1,000/family

### Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center

None

### Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center if utilization review not obtained

\$250/admission (*waived for emergency admission*)

### Deductible for emergency room services

\$100/visit (*waived if admitted directly from ER*)

### Annual Out-of-Pocket Maximums (*no cross application*)

PPO Providers & Other Health Care Providers

\$2,000/member/year; \$4,000/family/year

Non-PPO Providers

\$5,000/member/year; \$10,000/family/year

The following do not apply to out-of-pocket maximums: non-covered expense. After a member reaches the out-of-pocket maximum, the member remains responsible for non-PPO providers & other health care providers, costs in excess of the covered expense.

### Lifetime Maximum

Unlimited

### Covered Services

**PPO: Per Member Copay**

**Non-PPO: Per Member Copay<sup>1</sup>**

### Hospital Medical Services (*subject to utilization review for inpatient services; waived for emergency admissions*)

- Semi-private room, meals & special diets, & ancillary services
- Outpatient medical care, surgical services & supplies (*hospital care other than emergency room care*)

10%

10%

30%

(*benefit limited to \$600/day*)

30%

(*benefit limited to \$600/day*)

### Ambulatory Surgical Centers

- Outpatient surgery, services & supplies

10%

30%

(*benefit limited to \$350/day*)

### Skilled Nursing Facility (*subject to utilization review*)

- Semi-private room, services & supplies (*limited to 100 days/calendar year*)

10%

10%

### Hospice Care (*subject to utilization review*)

- Inpatient or outpatient services for member with up to one year life expectancy; family bereavement services

No copay<sup>2</sup>

<sup>1</sup>The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup>These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Home Health Care</b> <i>(subject to utilization review)</i>		
➤ Services & supplies from a home health agency <i>(limited to combined 100 prior authorized visits/calendar year, one visit by a home health aide equals four hours or less; not covered while member receives hospice care)</i>	10%	10% with authorization
<b>Home Infusion Therapy</b> <i>(subject to utilization review)</i>		
➤ Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	10%	10%
<b>Physician Medical Services</b>		
➤ Office & home visits	\$20/visit <sup>2</sup>	30%
➤ Hospital & skilled nursing facility visits	10%	30%
➤ Surgeon & surgical assistant; anesthesiologist or anesthesiologist	10%	30%
➤ Drugs administered by a medical provider <i>(certain drugs are subject to utilization review)</i>	10%	30%
<b>Diagnostic X-ray &amp; Lab</b>		
➤ MRI, CT scan, PET scan & nuclear cardiac scan <i>(subject to utilization review)</i>	10%	30%
➤ Other diagnostic x-ray & lab	No copay	30%
<b>Preventive Care Services</b>		
Preventive Care Services including*, physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay	30%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy</b>		
	\$25/visit	30%
<b>Chiropractic Services</b> <i>(up to 12 visits/calendar year; additional visits may be approved, if medically necessary)</i>		
	\$25/visit	30%
<b>Speech Therapy</b>		
➤ Outpatient speech therapy following injury or organic disease	\$20/visit	30%
<b>Acupuncture</b>		
➤ Services for the treatment of disease, illness or injury <i>(limited to 20 visits/calendar year)</i>	\$25/visit <sup>3</sup>	\$25/visit <sup>3</sup>
<b>Temporomandibular Joint Disorders</b>		
➤ Splint therapy & surgical treatment	10%	30%
<b>Pregnancy &amp; Maternity Care</b>		
➤ Physician office visits	\$20/visit <sup>2</sup>	30%
➤ Prescription drug for elective abortion <i>(mifepristone)</i>	10%	Not covered
Normal delivery, cesarean section, complications of pregnancy & abortion		
➤ Inpatient physician services	10%	30%
➤ Hospital & ancillary services	10%	30%
		<i>(benefit limited to \$600/day)</i>
➤ Family planning counseling	\$20/visit	Not covered

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The dollar copay applies only to the visit itself. An additional 10% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

<sup>3</sup> Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a dentist (D.D.S.).

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Organ &amp; Tissue Transplants</b> <i>(subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with non-investigative organ or tissue transplants		10%
➤ Transplant travel expense for an authorized, specified transplant at a COE <i>(recipient &amp; companion transportation limited to 6 trips/episode &amp; \$250/person/trip for round-trip coach airfare, hotel limited to 1 room double occupancy &amp; \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip, donor transportation limited to 1 trip/episode &amp; \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)</i>		No copay
<b>Bariatric Surgery</b> <i>(subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity		10%
➤ Bariatric travel expense when member's home is 50 miles or more from the nearest Bariatric CME <i>(member's transportation to &amp; from CME limited to \$130/person/trip for 3 trips [pre-surgical visit, initial surgery &amp; one follow-up visit]; one companion's transportation to &amp; from CME limited to \$130/person/trip for 2 trips [initial surgery &amp; one follow-up visit]; hotel for member &amp; one companion limited to one room double occupancy &amp; \$100/day for 2 days/trip, or as medically necessary, for pre-surgical &amp; follow-up visit; hotel for one companion limited to one room double occupancy &amp; \$100/day for duration of member's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)</i>		No copay
<b>Diabetes Education Programs</b> <i>(requires physician supervision)</i>		
➤ Teach members & their families about the disease process, the daily management of diabetic therapy & self-management training	\$20/visit	30%
<b>Prosthetic Devices</b>		
➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; & therapeutic shoes & inserts	10%	30%
<b>Durable Medical Equipment</b>		
➤ Rental or purchase of DME including , dialysis equipment & supplies, home medical equipment, prosthetic/orthotics <i>(hearing aids benefit available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</i>	10%	30%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
➤ Ground or air ambulance transportation, services & disposable supplies		10% <sup>2</sup>
➤ Blood transfusions, blood processing & the cost of unreplaced blood & blood products		10% <sup>2</sup>
➤ Autologous blood <i>(self-donated blood collection, testing, processing &amp; storage for planned surgery)</i>		10% <sup>2</sup>

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Emergency Care</b>		
➤ Emergency room services & supplies <i>(\$100 deductible waived if admitted)</i>	10%	10%
➤ Inpatient hospital services & supplies	10%	10%
➤ Physician services	10%	10%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
<b>Inpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	30% <i>(benefit limited to \$600/day)</i>
➤ Inpatient physician visits	10%	30%
<b>Outpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	30% <i>(benefit limited to \$600/day)</i>
➤ Outpatient physician visits <i>(Behavioral Health treatment for Autism &amp; Pervasive disorder will be subject to pre-service review)</i>	\$20/visit <sup>2</sup>	30%

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The dollar copay applies only to the visit itself. An additional 10% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

**This Summary of Benefits is a brief review of benefits. Once enrolled, members will receive a Combined Evidence of Coverage and Disclosure Form, which explains the exclusions and limitations, as well as the full range of covered services of the plan, in detail.**



# Classic PPO Exclusions and Limitations

**Not Medically Necessary.** Services or supplies that are not medically necessary, as defined.

**Experimental or Investigative.** Any experimental or investigative procedure or medication. But, if member is denied benefits because it is determined that the requested treatment is experimental or investigative, the member may request an independent medical review, as described in the Evidence of Coverage (EOC).

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with urgent care or an emergency.

**Crime or Nuclear Energy.** Conditions that result from (1) the member's commission of or attempt to commit a felony, as long as any injuries are not a result of a medical condition or an act of domestic violence; or (2) any release of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services received before the member's effective date. Services received after the member's coverage ends, except as specified as covered in the EOC.

**Excess Amounts.** Any amounts in excess of covered expense or the lifetime maximum.

**Work-Related.** Work-related conditions if benefits are recovered or can be recovered, either by adjudication, settlement or otherwise, under any workers' compensation, employer's liability law or occupational disease law, whether or not the member claims those benefits. If there is a dispute of substantial uncertainty as to whether benefits may be recovered for those conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4903, as specified as covered in the EOC.

**Government Treatment.** Any services the member actually received that were provided by a local, state or federal government agency, except when payment under this plan is expressly required by federal or state law. We will not cover payment for these services if the member is not required to pay for them or they are given to the member for free.

**Services of Relatives.** Professional services received from a person living in the member's home or who is related to the member by blood or marriage, except as specified as covered in the EOC.

**Voluntary Payment.** Services for which the member has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. it must be internationally known as being devoted mainly to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. it must accept patients who are unable to pay; and
5. two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Services not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the member and a provider, for which reimbursement under Medicare program is prohibited, as specified in Section 1802 (42 U.S.C. 1395a) of Title XVIII of the Social Security Act.

**Inpatient Diagnostic Tests.** Inpatient room and board charges in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Mental or Nervous Disorders.** Academic or educational testing, counseling, and remediation. Mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, except as specified as covered in the EOC.

**Orthodontia.** Braces, other orthodontic appliances or orthodontic services.

**Dental Services or Supplies.** Dental plates, bridges, crowns, caps or other dental prostheses, dental implants, dental services, extraction of teeth, treatment to the teeth or gums, or treatment to or for any disorders of the temporomandibular (jaw) joint, except as specified as covered in the EOC. Cosmetic dental surgery or other dental services for beautification.

**Hearing Aids or Tests**

**Optometric Services or Supplies.** Optometric services, eye exercises including orthoptics. Routine eye exams and routine eye refractions, as specified as covered in the EOC. Eyeglasses or contact lenses, except as specified as covered in the EOC.

**Outpatient Occupational Therapy.** Outpatient occupational therapy, except by a home health agency, hospice, or home infusion therapy provider, as specified as covered in the EOC.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the EOC.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including aged) structures or tissues of the body to improve appearance. This exclusion does not apply to reconstructive surgery (that is, surgery performed to correct deformities caused by congenital or developmental abnormalities, illness, or injury for the purpose of improving bodily function or symptomatology or to create a normal appearance), including surgery performed to restore symmetry following mastectomy. Cosmetic surgery does not become reconstructive surgery because of psychological or psychiatric reasons.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are pursued under medical or *physician* supervision, unless specifically listed as covered in this *plan*.

This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and fasting programs.

This exclusion does not apply to *medically necessary* treatments for morbid obesity or dietary evaluations and counseling, and behavioral modification programs for the treatment of anorexia nervosa or bulimia nervosa. Surgical treatment for morbid obesity is covered as described in the Evidence of Coverage (EOC).

**Sterilization Reversal.**

**Infertility Treatment.** Any services or supplies furnished in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, sterilization reversal and gamete intrafallopian transfer.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (including, but not limited to, the bearing of a child by another woman for an infertile couple).

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom molded to the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Custodial Care or Rest Cures.** Inpatient room and board charges in connection with a hospital stay primarily for environmental change or physical therapy. Services provided by a rest home, a home for the aged, a nursing home or any similar facility. Services provided by a skilled nursing facility or custodial care or rest cures, except as specified as covered in the EOC.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a *physician*. This exclusion also applies to health spas.

**Personal Items.** Any supplies for comfort, hygiene or beautification.

**Education or Counseling.** Educational services or nutritional counseling, except as specified as covered in the EOC. This exclusion does not apply to counseling for the treatment of anorexia nervosa or bulimia nervosa.

**Food or Dietary Supplements.** Nutritional and/or dietary supplements, except as provided in this *plan* or as required by law. This exclusion includes, but is not limited to, those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by a licensed pharmacist.

**Telephone and Facsimile Machine Consultations.** Consultations provided by telephone or facsimile machine.

**Routine Exams or Tests.** Routine physical exams or tests which do not directly treat an actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the EOC.

**Acupuncture.** Acupuncture treatment, except as specified as covered in the EOC. Acupressure or massage to control pain, treat illness or promote health by applying pressure to one or more specific areas of the body based on dermatomes or acupuncture points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia) and/or astigmatism. Contact lenses and eyeglasses required as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physician for physical therapy or physical medicine, except when provided during a covered inpatient confinement or as specified as covered in the EOC.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and insulin, except as specified as covered in the EOC. Any non-prescription, over-the-counter patent or proprietary drug or medicine. Cosmetics, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy, are not covered by this plan. **Member will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.**

**Contraceptive Devices.** Contraceptive devices prescribed for birth control except as specified as covered in the EOC.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the EOC.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, imagery or nutrition. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Wigs.**

**Third Party Liability** — Anthem Blue Cross is entitled to reimbursement of benefits paid if the member recovers damages from a legally liable third party.

**Coordination of Benefits** — The benefits of this plan may be reduced if the member has any other group health or dental coverage so that the services received from all group coverages do not exceed 100% of the covered expense.

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# SJVIA PPO 500 Custom PPO 500/35/80/60

Anthem believes this plan is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

In addition to dollar and percentage copays, members are responsible for deductibles, as described below. Please review the deductible information to know if a deductible applies to a specific covered service. Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met. Members are also responsible for all costs over the plan maximums.

Plan maximums and other important information appear in italics. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

### Explanation of Maximum Allowed Amount

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

**Participating Providers-** The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount. **Non-Participating Providers & Other Health Care Providers-** (includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges. For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary

**When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.**

<b>Calendar year deductible for all providers</b>	\$500/member; \$1,000/family	
<b>Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center</b>	\$250/admission ( <i>waived for emergency admission</i> )	
<b>Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center if utilization review not obtained</b>	\$250/admission ( <i>waived for emergency admission</i> )	
<b>Deductible for emergency room services</b>	\$100/visit ( <i>waived if admitted directly from ER</i> )	
<b>Annual Out-of-Pocket Maximums (no cross application)</b>		
PPO Providers & Other Health Care Providers	\$3,000/member/year; \$6,000/family/year	
Non-PPO Providers	\$10,000/member/year; \$20,000/family/year	
The following do not apply to out-of-pocket maximums: non-covered expense. After a member reaches the out-of-pocket maximum, the member remains responsible for non-PPO providers & other health care providers, costs in excess of the covered expense		
<b>Lifetime Maximum</b>	Unlimited	
<b>Covered Services</b>	<b>PPO: Per Member Copay</b>	<b>Non-PPO: Per Member Copay<sup>1</sup></b>
<b>Hospital Medical Services (subject to utilization review for inpatient services; waived for emergency admissions)</b>		
➤ Semi-private room, meals & special diets, & ancillary services	\$250/admission + 20%	40% <i>(benefit limited to \$600/day)</i>
➤ Outpatient medical care, surgical services & supplies ( <i>hospital care other than emergency room care</i> )	20%	40% <i>(benefit limited to \$600/day)</i>
<b>Ambulatory Surgical Centers</b>		
➤ Outpatient surgery, services & supplies	\$125/surgery + 20%	40% <i>(benefit limited to \$350/day)</i>
<b>Skilled Nursing Facility (subject to utilization review)</b>		
➤ Semi-private room, services & supplies ( <i>limited to 100 days/calendar year</i> )	20%	20%
<b>Hospice Care (subject to utilization review)</b>		
➤ Inpatient or outpatient services for members with up to one year life expectancy; family bereavement services	No copay <sup>2</sup>	

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount. <sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Home Health Care</b> <i>(subject to utilization review)</i>		
➤ Services & supplies from a home health agency <i>(limited to combined 100 prior authorized visits/calendar year, one visit by a home health aide equals four hours or less; not covered while member receives hospice care)</i>	20%	20% with authorization
<b>Home Infusion Therapy</b> <i>(subject to utilization review)</i>		
➤ Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	20%	20%
<b>Physician Medical Services</b>		
➤ Office & home visits	\$35/visit <sup>2</sup> <i>(deductible waived)</i>	40%
➤ Hospital & skilled nursing facility visits	20%	40%
➤ Surgeon & surgical assistant; anesthesiologist or anesthesiologist	20%	40%
➤ Drugs administered by a medical provider <i>(certain drugs are subject to utilization review)</i>	20%	40%
<b>Diagnostic X-ray &amp; Lab</b>		
➤ MRI, CT scan, PET scan & nuclear cardiac scan <i>(subject to utilization review)</i>	20%	40%
➤ Other diagnostic x-ray & lab	No copay	40%
<b>Preventive Care Services</b>		
Preventive Care Services including*, physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay <i>(deductible waived)</i>	40%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy</b>		
	\$25/visit <i>(deductible waived)</i>	40%
<b>Chiropractic Services</b> <i>(up to 12 visits/calendar year; additional visits may be approved, if medically necessary)</i>		
	\$25/visit <i>(deductible waived)</i>	40%
<b>Speech Therapy</b>		
➤ Outpatient speech therapy following injury or organic disease	\$35/visit <i>(deductible waived)</i>	40%
<b>Acupuncture</b>		
➤ Services for the treatment of disease, illness or injury <i>(limited to 20 visits/calendar year)</i>	20% <sup>3</sup>	40% <sup>3</sup>
<b>Temporomandibular Joint Disorders</b>		
➤ Splint therapy & surgical treatment	20%	40%
<b>Pregnancy &amp; Maternity Care</b>		
➤ Physician office visits	\$35/visit <sup>2</sup> <i>(deductible waived)</i>	40%
➤ Prescription drug for elective abortion ( <i>mifepristone</i> )	20%	Not covered
Normal delivery, cesarean section, complications of pregnancy & abortion		
➤ Inpatient physician services	20%	40%
➤ Hospital & ancillary services	\$250/admission + 20%	40% <i>(benefit limited to \$600/day)</i>
➤ Female Sterilization <i>(including tubal ligation and counseling/consultation)</i>	No copay	Not covered
➤ Male Sterilization	20%	Not covered
➤ Family Planning counseling	\$35/visit <i>(deductible waived)</i>	Not covered

<sup>1</sup>The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup>The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

<sup>3</sup>Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a dentist (D.D.S.).

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Organ &amp; Tissue Transplants</b> <i>(subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with non-investigative organ or tissue transplants		\$250/admission + 20%
➤ Transplant travel expense for an authorized, specified transplant at a COE <i>(recipient &amp; companion transportation limited to 6 trips/episode &amp; \$250/person/trip for round-trip coach airfare, hotel limited to 1 room double occupancy &amp; \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip, donor transportation limited to 1 trip/episode &amp; \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)</i>		No copay <i>(deductible waived)</i>
<b>Bariatric Surgery</b> <i>(subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity		\$250/admission + 20%
➤ Bariatric travel expense when member's home is 50 miles or more from the nearest Bariatric CME <i>(member's transportation to &amp; from CME limited to \$130/person/trip for 3 trips [pre-surgical visit, initial surgery &amp; one follow-up visit]; one companion's transportation to &amp; from CME limited to \$130/person/trip for 2 trips [initial surgery &amp; one follow-up visit]; hotel for member &amp; one companion limited to one room double occupancy &amp; \$100/day for 2 days/trip, or as medically necessary, for pre-surgical &amp; follow-up visit; hotel for one companion limited to one room double occupancy &amp; \$100/day for duration of member's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)</i>		No copay <i>(deductible waived)</i>
<b>Diabetes Education Programs</b> <i>(requires physician supervision)</i>		
➤ Teach members & their families about the disease process, the daily management of diabetic therapy & self-management training	\$35/visit <i>(deductible waived)</i>	40%
<b>Prosthetic Devices</b>		
➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; & therapeutic shoes & inserts	20%	40%
<b>Durable Medical Equipment</b>		
➤ Rental or purchase of DME including , dialysis equipment & supplies, home medical equipment, prosthetic/orthotics <i>(hearing aids benefit available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</i>	20%	20%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
➤ Ground or air ambulance transportation, services & disposable supplies		20% <sup>2</sup>
➤ Blood transfusions, blood processing & the cost of unreplaced blood & blood products		20% <sup>2</sup>
➤ Autologous blood <i>(self-donated blood collection, testing, processing &amp; storage for planned surgery)</i>		20% <sup>2</sup>

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Emergency Care</b>		
➤ Emergency room services & supplies <i>(\$100 deductible waived if admitted)</i>	20%	20%
➤ Inpatient hospital services & supplies	\$250/admission + 20%	\$250/admission + 20%
➤ Physician services	20%	20%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
<b>Inpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	\$250/admission + 20%	40% <i>(benefit limited to \$600/day)</i>
➤ Inpatient physician visits	20%	40%
<b>Outpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	20%	40% <i>(benefit limited to \$600/day)</i>
➤ Outpatient physician visits <i>( Behavioral Health treatment for Autism &amp; Pervasive Disorder will be subject to pre-service review)</i>	\$35/visit <sup>3</sup> <i>(deductible waived)</i>	40%

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>3</sup> The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

**This Summary of Benefits is a brief review of benefits. Once enrolled, members will receive a Combined Evidence of Coverage and Disclosure Form, which explains the exclusions and limitations, as well as the full range of covered services of the plan, in detail.**

# Classic PPO Plan Exclusions and Limitations

**Not Medically Necessary.** Services or supplies that are not medically necessary, as defined.

**Experimental or Investigative.** Any experimental or investigative procedure or medication. But, if member is denied benefits because it is determined that the requested treatment is experimental or investigative, the member may request an independent medical review, as described in the Evidence of Coverage (EOC).

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with urgent care or an emergency.

**Crime or Nuclear Energy.** Conditions that result from (1) the member's commission of or attempt to commit a felony, as long as any injuries are not a result of a medical condition or an act of domestic violence; or (2) any release of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services received before the member's effective date. Services received after the member's coverage ends, except as specified as covered in the EOC.

**Excess Amounts.** Any amounts in excess of covered expense or the lifetime maximum.

**Work-Related.** Work-related conditions if benefits are recovered or can be recovered, either by adjudication, settlement or otherwise, under any workers' compensation, employer's liability law or occupational disease law, whether or not the member claims those benefits. If there is a dispute of substantial uncertainty as to whether benefits may be recovered for those conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4903, as specified as covered in the EOC.

**Government Treatment.** Any services the member actually received that were provided by a local, state or federal government agency, except when payment under this plan is expressly required by federal or state law. We will not cover payment for these services if the member is not required to pay for them or they are given to the member for free.

**Services of Relatives.** Professional services received from a person living in the member's home or who is related to the member by blood or marriage, except as specified as covered in the EOC.

**Voluntary Payment.** Services for which the member has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. it must be internationally known as being devoted mainly to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. it must accept patients who are unable to pay; and
5. two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Services not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the member and a provider, for which reimbursement under Medicare program is prohibited, as specified in Section 1802 (42 U.S.C. 1395a) of Title XVIII of the Social Security Act.

**Inpatient Diagnostic Tests.** Inpatient room and board charges in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Mental or Nervous Disorders.** Academic or educational testing, counseling, and remediation. Mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, except as specified as covered in the EOC.

**Orthodontia.** Braces, other orthodontic appliances or orthodontic services.

**Dental Services or Supplies.** Dental plates, bridges, crowns, caps or other dental prostheses, dental implants, dental services, extraction of teeth, treatment to the teeth or gums, or treatment to or for any disorders for the temporomandibular (jaw) joint, except as specified as covered in the EOC. Cosmetic dental surgery or other dental services for beautification.

**Hearing Aids or Tests**

**Optometric Services or Supplies.** Optometric services, eye exercises including orthoptics. Routine eye exams and routine eye refractions, as specified as covered in the EOC. Eyeglasses or contact lenses, except as specified as covered in the EOC.

**Outpatient Occupational Therapy.** Outpatient occupational therapy, except by a home health agency, hospice, or home infusion therapy provider, as specified as covered in the EOC.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the EOC.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including aged) structures or tissues of the body to improve appearance. This exclusion does not apply to reconstructive surgery (that is, surgery performed to correct deformities caused by congenital or developmental abnormalities, illness, or injury for the purpose of improving bodily function or symptomatology or to create a normal appearance), including surgery performed to restore symmetry following mastectomy. Cosmetic surgery does not become reconstructive surgery because of psychological or psychiatric reasons.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are pursued under medical or *physician* supervision, unless specifically listed as covered in this *plan*. This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and fasting programs.

This exclusion does not apply to *medically necessary* treatments for morbid obesity or dietary evaluations and counseling, and behavioral modification programs for the treatment of anorexia nervosa or bulimia nervosa. Surgical treatment for morbid obesity is covered as described in the Evidence of Coverage (EOC).

**Sterilization Reversal.**

**Infertility Treatment.** Any services or supplies furnished in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, sterilization reversal and gamete intrafallopian transfer.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (including, but not limited to, the bearing of a child by another woman for an infertile couple).

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom molded to the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Custodial Care or Rest Cures.** Inpatient room and board charges in connection with a hospital stay primarily for environmental change or physical therapy. Services provided by a rest home, a home for the aged, a nursing home or any similar facility. Services provided by a skilled nursing facility or custodial care or rest cures, except as specified as covered in the EOC.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a *physician*. This exclusion also applies to health spas.

**Personal Items.** Any supplies for comfort, hygiene or beautification.

**Education or Counseling.** Educational services or nutritional counseling, except as specified as covered in the EOC. This exclusion does not apply to counseling for the treatment of anorexia nervosa or bulimia nervosa.

**Food or Dietary Supplements.** Nutritional and/or dietary supplements, except as provided in this *plan* or as required by law. This exclusion includes, but is not limited to, those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by a licensed pharmacist.

**Telephone and Facsimile Machine Consultations.** Consultations provided by telephone or facsimile machine.

**Routine Exams or Tests.** Routine physical exams or tests which do not directly treat an actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the EOC.

**Acupuncture.** Acupuncture treatment, except as specified as covered in the EOC. Acupressure or massage to control pain, treat illness or promote health by applying pressure to one or more specific areas of the body based on dermatomes or acupuncture points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia) and/or astigmatism. Contact lenses and eyeglasses required as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physician for physical therapy or physical medicine, except when provided during a covered inpatient confinement or as specified as covered in the EOC.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and insulin, except as specified as covered in the EOC. Any non-prescription, over-the-counter patent or proprietary drug or medicine. Cosmetics, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy, are not covered by this plan. **Member will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.**

**Contraceptive Devices.** Contraceptive devices prescribed for birth control except as specified as covered in the EOC.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the EOC.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, imagery or nutrition. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Wigs.**

**Third Party Liability** — Anthem Blue Cross is entitled to reimbursement of benefits paid if the member recovers damages from a legally liable third party.

**Coordination of Benefits** — The benefits of this plan may be reduced if the member has any other group health or dental coverage so that the services received from all group coverages do not exceed 100% of the covered expense.

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# SJVIA PPO 500 BlueCard Custom PPO 500/35/80/60

Anthem believes this plan is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

In addition to dollar and percentage copays, members are responsible for deductibles, as described below. Please review the deductible information to know if a deductible applies to a specific covered service. Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met. Members are also responsible for all costs over the plan maximums.

Plan maximums and other important information appear in italics. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

### Explanation of Maximum Allowed Amount

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

**Participating Providers-** The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount. **Non-Participating Providers & Other Health Care Providers-** (includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges. For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary

**When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.**

<b>Calendar year deductible for all providers</b>	\$500/member; \$1,000/family	
<b>Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center</b>	\$250/admission ( <i>waived for emergency admission</i> )	
<b>Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center if utilization review not obtained</b>	\$250/admission ( <i>waived for emergency admission</i> )	
<b>Deductible for emergency room services</b>	\$100/visit ( <i>waived if admitted directly from ER</i> )	
<b>Annual Out-of-Pocket Maximums (<i>no cross application</i>)</b>		
PPO Providers & Other Health Care Providers	\$3,000/member/year; \$6,000/family/year	
Non-PPO Providers	\$10,000/member/year; \$20,000/family/year	
The following do not apply to out-of-pocket maximums: non-covered expense. After a member reaches the out-of-pocket maximum, the member remains responsible for non-PPO providers & other health care providers, costs in excess of the covered expense		
<b>Lifetime Maximum</b>	Unlimited	
<b>Covered Services</b>	<b>PPO: Per Member Copay</b>	<b>Non-PPO: Per Member Copay<sup>1</sup></b>
<b>Hospital Medical Services (<i>subject to utilization review for inpatient services; waived for emergency admissions</i>)</b>		
➤ Semi-private room, meals & special diets, & ancillary services	\$250/admission + 20%	40% <i>(benefit limited to \$600/day)</i>
➤ Outpatient medical care, surgical services & supplies ( <i>hospital care other than emergency room care</i> )	20%	40% <i>(benefit limited to \$600/day)</i>
<b>Ambulatory Surgical Centers</b>		
➤ Outpatient surgery, services & supplies	\$125/surgery + 20%	40% <i>(benefit limited to \$350/day)</i>
<b>Skilled Nursing Facility (<i>subject to utilization review</i>)</b>		
➤ Semi-private room, services & supplies ( <i>limited to 100 days/calendar year</i> )	20%	20%
<b>Hospice Care (<i>subject to utilization review</i>)</b>		
➤ Inpatient or outpatient services for members with up to one year life expectancy; family bereavement services	No copay <sup>2</sup>	

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount. <sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Home Health Care</b> <i>(subject to utilization review)</i>		
➤ Services & supplies from a home health agency <i>(limited to combined 100 prior authorized visits/calendar year, one visit by a home health aide equals four hours or less; not covered while member receives hospice care)</i>	20%	20% with authorization
<b>Home Infusion Therapy</b> <i>(subject to utilization review)</i>		
➤ Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	20%	20%
<b>Physician Medical Services</b>		
➤ Office & home visits	\$35/visit <sup>2</sup> <i>(deductible waived)</i>	40%
➤ Hospital & skilled nursing facility visits	20%	40%
➤ Surgeon & surgical assistant; anesthesiologist or anesthesiologist	20%	40%
➤ Drugs administered by a medical provider <i>(certain drugs are subject to utilization review)</i>	20%	40%
<b>Diagnostic X-ray &amp; Lab</b>		
➤ MRI, CT scan, PET scan & nuclear cardiac scan <i>(subject to utilization review)</i>	20%	40%
➤ Other diagnostic x-ray & lab	No copay	40%
<b>Preventive Care Services</b>		
Preventive Care Services including*, physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay <i>(deductible waived)</i>	40%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy</b>		
	\$25/visit <i>(deductible waived)</i>	40%
<b>Chiropractic Services</b> <i>(up to 12 visits/calendar year; additional visits may be approved, if medically necessary)</i>		
	\$25/visit <i>(deductible waived)</i>	40%
<b>Speech Therapy</b>		
➤ Outpatient speech therapy following injury or organic disease	\$35/visit <i>(deductible waived)</i>	40%
<b>Acupuncture</b>		
➤ Services for the treatment of disease, illness or injury <i>(limited to 20 visits/calendar year)</i>	20% <sup>3</sup>	40% <sup>3</sup>
<b>Temporomandibular Joint Disorders</b>		
➤ Splint therapy & surgical treatment	20%	40%
<b>Pregnancy &amp; Maternity Care</b>		
➤ Physician office visits	\$35/visit <sup>2</sup> <i>(deductible waived)</i>	40%
➤ Prescription drug for elective abortion ( <i>mifepristone</i> )	20%	Not covered
Normal delivery, cesarean section, complications of pregnancy & abortion		
➤ Inpatient physician services	20%	40%
➤ Hospital & ancillary services	\$250/admission + 20%	40% <i>(benefit limited to \$600/day)</i>
➤ Female Sterilization <i>(including tubal ligation and counseling/consultation)</i>	No copay	Not covered
➤ Male Sterilization	20%	Not covered
➤ Family Planning counseling	\$35/visit <i>(deductible waived)</i>	Not covered

<sup>1</sup>The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup>The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

<sup>3</sup>Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a dentist (D.D.S.).



Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Organ &amp; Tissue Transplants</b> <i>(subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with non-investigative organ or tissue transplants		\$250/admission + 20%
➤ Transplant travel expense for an authorized, specified transplant at a COE <i>(recipient &amp; companion transportation limited to 6 trips/episode &amp; \$250/person/trip for round-trip coach airfare, hotel limited to 1 room double occupancy &amp; \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip, donor transportation limited to 1 trip/episode &amp; \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)</i>		No copay <i>(deductible waived)</i>
<b>Bariatric Surgery</b> <i>(subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity		\$250/admission + 20%
➤ Bariatric travel expense when member's home is 50 miles or more from the nearest Bariatric CME <i>(member's transportation to &amp; from CME limited to \$130/person/trip for 3 trips [pre-surgical visit, initial surgery &amp; one follow-up visit]; one companion's transportation to &amp; from CME limited to \$130/person/trip for 2 trips [initial surgery &amp; one follow-up visit]; hotel for member &amp; one companion limited to one room double occupancy &amp; \$100/day for 2 days/trip, or as medically necessary, for pre-surgical &amp; follow-up visit; hotel for one companion limited to one room double occupancy &amp; \$100/day for duration of member's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)</i>		No copay <i>(deductible waived)</i>
<b>Diabetes Education Programs</b> <i>(requires physician supervision)</i>		
➤ Teach members & their families about the disease process, the daily management of diabetic therapy & self-management training	\$35/visit <i>(deductible waived)</i>	40%
<b>Prosthetic Devices</b>		
➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; & therapeutic shoes & inserts	20%	40%
<b>Durable Medical Equipment</b>		
➤ Rental or purchase of DME including , dialysis equipment & supplies, home medical equipment, prosthetic/orthotics <i>(hearing aids benefit available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</i>	20%	20%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
➤ Ground or air ambulance transportation, services & disposable supplies		20% <sup>2</sup>
➤ Blood transfusions, blood processing & the cost of unreplaced blood & blood products		20% <sup>2</sup>
➤ Autologous blood <i>(self-donated blood collection, testing, processing &amp; storage for planned surgery)</i>		20% <sup>2</sup>

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Emergency Care</b>		
➤ Emergency room services & supplies <i>(\$100 deductible waived if admitted)</i>	20%	20%
➤ Inpatient hospital services & supplies	\$250/admission + 20%	\$250/admission + 20%
➤ Physician services	20%	20%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
<b>Inpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	\$250/admission + 20%	40% <i>(benefit limited to \$600/day)</i>
➤ Inpatient physician visits	20%	40%
<b>Outpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	20%	40% <i>(benefit limited to \$600/day)</i>
➤ Outpatient physician visits <i>( Behavioral Health treatment for Autism &amp; Pervasive Disorder will be subject to pre-service review)</i>	\$35/visit <sup>3</sup> <i>(deductible waived)</i>	40%

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>3</sup> The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

**This Summary of Benefits is a brief review of benefits. Once enrolled, members will receive a Combined Evidence of Coverage and Disclosure Form, which explains the exclusions and limitations, as well as the full range of covered services of the plan, in detail.**

# Classic PPO Plan Exclusions and Limitations

**Not Medically Necessary.** Services or supplies that are not medically necessary, as defined.

**Experimental or Investigative.** Any experimental or investigative procedure or medication. But, if member is denied benefits because it is determined that the requested treatment is experimental or investigative, the member may request an independent medical review, as described in the Evidence of Coverage (EOC).

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with urgent care or an emergency.

**Crime or Nuclear Energy.** Conditions that result from (1) the member's commission of or attempt to commit a felony, as long as any injuries are not a result of a medical condition or an act of domestic violence; or (2) any release of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services received before the member's effective date. Services received after the member's coverage ends, except as specified as covered in the EOC.

**Excess Amounts.** Any amounts in excess of covered expense or the lifetime maximum.

**Work-Related.** Work-related conditions if benefits are recovered or can be recovered, either by adjudication, settlement or otherwise, under any workers' compensation, employer's liability law or occupational disease law, whether or not the member claims those benefits. If there is a dispute of substantial uncertainty as to whether benefits may be recovered for those conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4903, as specified as covered in the EOC.

**Government Treatment.** Any services the member actually received that were provided by a local, state or federal government agency, except when payment under this plan is expressly required by federal or state law. We will not cover payment for these services if the member is not required to pay for them or they are given to the member for free.

**Services of Relatives.** Professional services received from a person living in the member's home or who is related to the member by blood or marriage, except as specified as covered in the EOC.

**Voluntary Payment.** Services for which the member has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. it must be internationally known as being devoted mainly to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. it must accept patients who are unable to pay; and
5. two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Services not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the member and a provider, for which reimbursement under Medicare program is prohibited, as specified in Section 1802 (42 U.S.C. 1395a) of Title XVIII of the Social Security Act.

**Inpatient Diagnostic Tests.** Inpatient room and board charges in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Mental or Nervous Disorders.** Academic or educational testing, counseling, and remediation. Mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, except as specified as covered in the EOC.

**Orthodontia.** Braces, other orthodontic appliances or orthodontic services.

**Dental Services or Supplies.** Dental plates, bridges, crowns, caps or other dental prostheses, dental implants, dental services, extraction of teeth, treatment to the teeth or gums, or treatment to or for any disorders for the temporomandibular (jaw) joint, except as specified as covered in the EOC. Cosmetic dental surgery or other dental services for beautification.

**Hearing Aids or Tests**

**Optometric Services or Supplies.** Optometric services, eye exercises including orthoptics. Routine eye exams and routine eye refractions, as specified as covered in the EOC. Eyeglasses or contact lenses, except as specified as covered in the EOC.

**Outpatient Occupational Therapy.** Outpatient occupational therapy, except by a home health agency, hospice, or home infusion therapy provider, as specified as covered in the EOC.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the EOC.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including aged) structures or tissues of the body to improve appearance. This exclusion does not apply to reconstructive surgery (that is, surgery performed to correct deformities caused by congenital or developmental abnormalities, illness, or injury for the purpose of improving bodily function or symptomatology or to create a normal appearance), including surgery performed to restore symmetry following mastectomy. Cosmetic surgery does not become reconstructive surgery because of psychological or psychiatric reasons.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are pursued under medical or *physician* supervision, unless specifically listed as covered in this *plan*. This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and fasting programs.

This exclusion does not apply to *medically necessary* treatments for morbid obesity or dietary evaluations and counseling, and behavioral modification programs for the treatment of anorexia nervosa or bulimia nervosa. Surgical treatment for morbid obesity is covered as described in the Evidence of Coverage (EOC).

**Sterilization Reversal.**

**Infertility Treatment.** Any services or supplies furnished in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, sterilization reversal and gamete intrafallopian transfer.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (including, but not limited to, the bearing of a child by another woman for an infertile couple).

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom molded to the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Custodial Care or Rest Cures.** Inpatient room and board charges in connection with a hospital stay primarily for environmental change or physical therapy. Services provided by a rest home, a home for the aged, a nursing home or any similar facility. Services provided by a skilled nursing facility or custodial care or rest cures, except as specified as covered in the EOC.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a *physician*. This exclusion also applies to health spas.

**Personal Items.** Any supplies for comfort, hygiene or beautification.

**Education or Counseling.** Educational services or nutritional counseling, except as specified as covered in the EOC. This exclusion does not apply to counseling for the treatment of anorexia nervosa or bulimia nervosa.

**Food or Dietary Supplements.** Nutritional and/or dietary supplements, except as provided in this *plan* or as required by law. This exclusion includes, but is not limited to, those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by a licensed pharmacist.

**Telephone and Facsimile Machine Consultations.** Consultations provided by telephone or facsimile machine.

**Routine Exams or Tests.** Routine physical exams or tests which do not directly treat an actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the EOC.

**Acupuncture.** Acupuncture treatment, except as specified as covered in the EOC. Acupressure or massage to control pain, treat illness or promote health by applying pressure to one or more specific areas of the body based on dermatomes or acupuncture points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia) and/or astigmatism. Contact lenses and eyeglasses required as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physician for physical therapy or physical medicine, except when provided during a covered inpatient confinement or as specified as covered in the EOC.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and insulin, except as specified as covered in the EOC. Any non-prescription, over-the-counter patent or proprietary drug or medicine. Cosmetics, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy, are not covered by this plan. **Member will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.**

**Contraceptive Devices.** Contraceptive devices prescribed for birth control except as specified as covered in the EOC.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the EOC.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, imagery or nutrition. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Wigs.**

**Third Party Liability** — Anthem Blue Cross is entitled to reimbursement of benefits paid if the member recovers damages from a legally liable third party.

**Coordination of Benefits** — The benefits of this plan may be reduced if the member has any other group health or dental coverage so that the services received from all group coverages do not exceed 100% of the covered expense.

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# SJVIA PPO 1000 Custom Classic PPO (1000/45/80/50)

Anthem believes this plan is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

In addition to dollar and percentage copays, members are responsible for deductibles, as described below. Please review the deductible information to know if a deductible applies to a specific covered service. Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met. Members are also responsible for all costs over the plan maximums.

Plan maximums and other important information appear in italics. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

### Explanation of Maximum Allowed Amount

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

**Participating Providers-** The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount.

**Non-Participating Providers & Other Health Care Providers-**(includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges.

For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary value

**When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.**

<b>Calendar year deductible for all providers</b>	\$1,000/member; \$2,000/family	
<b>Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center</b>	None	
<b>Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center if utilization review not obtained</b>	\$250/admission ( <i>waived for emergency admission</i> )	
<b>Deductible for emergency room services</b>	\$100/visit ( <i>waived if admitted directly from ER</i> )	
<b>Annual Out-of-Pocket Maximums (no cross application)</b>		
PPO Providers & Other Health Care Providers	\$4,000/member/year; \$8,000/family/year	
Non-PPO Providers	\$10,000/member/year; \$20,000/family/year	
The following do not apply to out-of-pocket maximums: non-covered expense. After a member reaches the out-of-pocket maximum, the member remains responsible for non-PPO providers & other health care providers, costs in excess of the covered expense.		
<b>Lifetime Maximum</b>	Unlimited	
<b>Covered Services</b>	<b>PPO: Per Member Copay</b>	<b>Non-PPO: Per Member Copay<sup>1</sup></b>
<b>Hospital Medical Services (subject to utilization review for inpatient services; waived for emergency admissions)</b>		
➤ Semi-private room, meals & special diets, & ancillary services	\$1,000/year <sup>2</sup> + 20%	50% ( <i>benefit limited to \$600/day</i> )
➤ Outpatient medical care, surgical services & supplies ( <i>hospital care other than emergency room care</i> )	20%	50% ( <i>benefit limited to \$600/day</i> )
<b>Ambulatory Surgical Centers</b>		
➤ Outpatient surgery, services & supplies	\$250/surgery + 20%	50% ( <i>benefit limited to \$350/visit</i> )
<b>Skilled Nursing Facility (subject to utilization review)</b>		
➤ Semi-private room, services & supplies ( <i>limited to 100 days/calendar year</i> )	20%	20%
<b>Hospice Care (subject to utilization review)</b>		
➤ Inpatient or outpatient services; for members with up to one year life expectancy; family Bereavement services		No copay

<sup>1</sup>The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup>Applicable to the Annual Out-of-Pocket maximums.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Home Health Care</b> <i>(subject to utilization review)</i>		
➤ Services & supplies from a home health agency <i>(limited to 100 prior authorized visits/calendar year, one visit by a home health aide equals four hours or less; not covered while member receives hospice care)</i>	20%	20% with authorization
<b>Home Infusion Therapy</b> <i>(subject to utilization review)</i>		
➤ Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	20%	20%
<b>Physician Medical Services</b>		
➤ Office & home visits	\$45/visit <sup>2</sup> <i>(deductible waived)</i>	50%
➤ Hospital & skilled nursing facility visits	20%	50%
➤ Surgeon & surgical assistant; anesthesiologist or anesthesiologist	20%	50%
➤ Drugs administered by a medical provider <i>(certain drugs are subject to utilization review)</i>	20%	50%
<b>Diagnostic X-ray &amp; Lab</b>		
➤ MRI, CT scan, PET scan & nuclear cardiac scan <i>(subject to utilization review)</i>	20%	50%
➤ Other diagnostic x-ray & lab	No copay	50%
<b>Preventive Care Services</b>		
Preventive Care Services including*, physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay <i>(deductible waived)</i>	50%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy</b>	\$25/visit <i>(deductible waived)</i>	50%
<b>Chiropractic Services</b> <i>(up to 12 visits/calendar year; additional visits may be approved, if medically necessary)</i>	\$25/visit <i>(deductible waived)</i>	50%
<b>Speech Therapy</b>		
➤ Outpatient speech therapy following injury or organic disease	\$45/visit <i>(deductible waived)</i>	50%
<b>Acupuncture</b>		
➤ Services for the treatment of disease, illness or injury <i>(limited to 20 visits/calendar year)</i>	20% <sup>3</sup>	50% <sup>3</sup>
<b>Temporomandibular Joint Disorders</b>		
➤ Splint therapy & surgical treatment	20%	50%
<b>Pregnancy &amp; Maternity Care</b>		
➤ Physician office visits	\$45/visit <sup>2</sup> <i>(deductible waived)</i>	50%
➤ Prescription drug for elective abortion ( <i>mifepristone</i> )	20%	Not covered
Normal delivery, cesarean section, complications of pregnancy & abortion		
➤ Inpatient physician services	20%	50%
➤ Hospital & ancillary services	\$1,000/year <sup>4</sup> + 20%	50% <i>(benefit limited to \$600/day)</i>
➤ Female Sterilization <i>(including tubal ligation and counseling/consultation)</i>	No copay	Not covered
➤ Male Sterilization	20%	Not Covered
➤ Family planning counseling	\$45/visit <i>(deductible waived)</i>	Not covered

<sup>1</sup>The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup>The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

<sup>3</sup>Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a dentist (D.D.S.).

<sup>4</sup>Applicable to the Annual Out-of-Pocket maximums

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Organ &amp; Tissue Transplants</b> <i>(subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with non-investigative organ or tissue transplants		\$1,000/year <sup>3</sup> + 20%
➤ Transplant travel expense for an authorized, specified transplant at a COE <i>(recipient &amp; companion transportation limited to 6 trips/episode &amp; \$250/person/trip for round-trip coach airfare, hotel limited to 1 room double occupancy &amp; \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip, donor transportation limited to 1 trip/episode &amp; \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)</i>		No copay <i>(deductible waived)</i>
<b>Bariatric Surgery</b> <i>(subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity		\$1,000/year <sup>3</sup> + 20%
➤ Bariatric travel expense when member's home is 50 miles or more from the nearest Bariatric COE <i>(member's transportation to &amp; from COE limited to \$130/person/trip for 3 trips [pre-surgical visit, initial surgery &amp; one follow-up visit]; one companion's transportation to &amp; from COE limited to \$130/person/trip for 2 trips [initial surgery &amp; one follow-up visit]; hotel for member &amp; one companion limited to one room double occupancy &amp; \$100/day for 2 days/trip, or as medically necessary, for pre-surgical &amp; follow-up visit; hotel for one companion limited to one room double occupancy &amp; \$100/day for duration of member's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)</i>		No copay <i>(deductible waived)</i>
<b>Diabetes Education Programs</b> <i>(requires physician supervision)</i>		
➤ Teach members & their families about the disease process, the daily management of diabetic therapy & self-management training	\$45/visit <i>(deductible waived)</i>	50%
<b>Prosthetic Devices</b>		
➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; & therapeutic shoes & inserts	50%	50%
<b>Durable Medical Equipment</b>		
➤ Rental or purchase of DME including dialysis equipment & supplies, home medical equipment, prosthetic/orthotics <i>(hearing aids benefit available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</i>	50%	50%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
➤ Ground or air ambulance transportation, services & disposable supplies		20% <sup>2</sup>
➤ Blood transfusions, blood processing & the cost of unreplaced blood & blood products		20% <sup>2</sup>
➤ Autologous blood <i>(self-donated blood collection, testing, processing &amp; storage for planned surgery)</i>		20% <sup>2</sup>

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

<sup>3</sup> Applicable to the Annual Out-of-Pocket maximums

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Emergency Care</b>		
➤ Emergency room services & supplies <i>(\$100 deductible waived if admitted)</i>	20%	20%
➤ Inpatient hospital services & supplies	\$1,000/year <sup>3</sup> + 20%	20%
➤ Physician services	20%	20%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
<b>Inpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	\$1,000/year <sup>3</sup> + 20%	50% <i>(benefit limited to \$600/day)</i>
➤ Inpatient physician visits	20%	50%
<b>Outpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	20%	50% <i>(benefit limited to \$600/day)</i>
➤ Outpatient physician visits <i>(Behavioral Health treatment for Autism &amp; Pervasive Disorder will be subject to pre-service review)</i>	\$45/visit <sup>2</sup> <i>(deductible waived)</i>	50%

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

<sup>3</sup> Applicable to the Annual Out-of-Pocket maximums

**This Summary of Benefits is a brief review of benefits. Once enrolled, members will receive a Combined Evidence of Coverage and Disclosure Form, which explains the exclusions and limitations, as well as the full range of covered services of the plan, in detail.**

# Classic PPO Plan Exclusions and Limitations

**Not Medically Necessary.** Services or supplies that are not medically necessary, as defined.

**Experimental or Investigative.** Any experimental or investigative procedure or medication. But, if member is denied benefits because it is determined that the requested treatment is experimental or investigative, the member may request an independent medical review, as described in the Evidence of Coverage (EOC).

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with urgent care or an emergency.

**Crime or Nuclear Energy.** Conditions that result from (1) the member's commission of or attempt to commit a felony, as long as any injuries are not a result of a medical condition or an act of domestic violence; or (2) any release of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services received before the member's effective date. Services received after the member's coverage ends, except as specified as covered in the EOC.

**Excess Amounts.** Any amounts in excess of covered expense or any Medical Benefit Maximum.

**Work-Related.** Work-related conditions if benefits are recovered or can be recovered, either by adjudication, settlement or otherwise, under any workers' compensation, employer's liability law or occupational disease law, whether or not the member claims those benefits. If there is a dispute of substantial uncertainty as to whether benefits may be recovered for those conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4903, as specified as covered in the EOC.

**Government Treatment.** Any services the member actually received that were provided by a local, state or federal government agency, except when payment under this plan is expressly required by federal or state law. We will not cover payment for these services if the member is not required to pay for them or they are given to the member for free.

**Services of Relatives.** Professional services received from a person living in the member's home or who is related to the member by blood or marriage, except as specified as covered in the EOC.

**Voluntary Payment.** Services for which the member has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. it must be internationally known as being devoted mainly to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. it must accept patients who are unable to pay; and
5. two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Services not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the member and a provider, for which reimbursement under Medicare program is prohibited, as specified in Section 1802 (42 U.S.C. 1395a) of Title XVIII of the Social Security Act.

**Inpatient Diagnostic Tests.** Inpatient room and board charges in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Mental or Nervous Disorders.** Academic or educational testing, counseling, and remediation. Mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, except as specified as covered in the EOC.

**Orthodontia.** Braces, other orthodontic appliances or orthodontic services.

**Dental Services or Supplies.** Dental plates, bridges, crowns, caps or other dental prostheses, dental implants, dental services, extraction of teeth, treatment to the teeth or gums, or treatment to or for any disorders for the temporomandibular (jaw) joint, except as specified as covered in the EOC. Cosmetic dental surgery or other dental services for beautification.

**Hearing Aids or Tests.**

**Optometric Services or Supplies.** Optometric services, eye exercises including orthoptics. Routine eye exams and routine eye refractions, as specified as covered in the EOC. Eyeglasses or contact lenses, except as specified as covered in the EOC.

**Outpatient Occupational Therapy.** Outpatient occupational therapy, except by a home health agency, hospice, or home infusion therapy provider, as specified as covered in the EOC.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the EOC.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including aged) structures or tissues of the body to improve appearance. This exclusion does not apply to reconstructive surgery (that is, surgery performed to correct deformities caused by congenital or developmental abnormalities, illness, or injury for the purpose of improving bodily function or symptomatology or to create a normal appearance), including surgery performed to restore symmetry following mastectomy. Cosmetic surgery does not become reconstructive surgery because of psychological or psychiatric reasons.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are pursued under medical or *physician* supervision, unless specifically listed as covered in this *plan*. This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and fasting programs.

This exclusion does not apply to *medically necessary* treatments for morbid obesity or dietary evaluations and counseling, and behavioral modification programs for the treatment of anorexia nervosa or bulimia nervosa. Surgical treatment for morbid obesity is covered as described in the Evidence of Coverage (EOC).

**Sterilization Reversal.**

**Infertility Treatment.** Any services or supplies furnished in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, sterilization reversal and gamete intrafallopian transfer.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (including, but not limited to, the bearing of a child by another woman for an infertile couple).

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom molded to the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Custodial Care or Rest Cures.** Inpatient room and board charges in connection with a hospital stay primarily for environmental change or physical therapy. Services provided by a rest home, a home for the aged, a nursing home or any similar facility. Services provided by a skilled nursing facility or custodial care or rest cures, except as specified as covered in the EOC.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a *physician*. This exclusion also applies to health spas.

**Personal Items.** Any supplies for comfort, hygiene or beautification.

**Education or Counseling.** Educational services or nutritional counseling, except as specified as covered in the EOC. This exclusion does not apply to counseling for the treatment of anorexia nervosa or bulimia nervosa.

**Food or Dietary Supplements.** Nutritional and/or dietary supplements, except as provided in this *plan* or as required by law. This exclusion includes, but is not limited to, those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by a licensed pharmacist.

**Telephone and Facsimile Machine Consultations.** Consultations provided by telephone or facsimile machine.

**Routine Exams or Tests.** Routine physical exams or tests which do not directly treat an actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the EOC.

**Acupuncture.** Acupuncture treatment, except as specified as covered in the EOC. Acupressure or massage to control pain, treat illness or promote health by applying pressure to one or more specific areas of the body based on dermatomes or acupuncture points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia) and/or astigmatism. Contact lenses and eyeglasses required as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physician for physical therapy or physical medicine, except when provided during a covered inpatient confinement or as specified as covered in the EOC.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and insulin, except as specified as covered in the EOC. Any non-prescription, over-the-counter patent or proprietary drug or medicine. Cosmetics, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy, are not covered by this plan. **Member will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.**

**Contraceptive Devices.** Contraceptive devices prescribed for birth control except as specified as covered in the EOC.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the EOC.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, imagery or nutrition. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Wigs.**

**Third Party Liability** — Anthem Blue Cross is entitled to reimbursement of benefits paid if the member recovers damages from a legally liable third party.

**Coordination of Benefits** — The benefits of this plan may be reduced if the member has any other group health or dental coverage so that the services received from all group coverages do not exceed 100% of the covered expense.

**Anthem Blue Cross is the trade name of Blue Cross of California. Independent Licensee of the Blue Cross Association. ® ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross name and symbol are registered marks of the Blue Cross Association.**





# SJVIA PPO 1000 BlueCard Modified PPO (1000/45/80/50)

Anthem believes this plan is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

In addition to dollar and percentage copays, members are responsible for deductibles, as described below. Please review the deductible information to know if a deductible applies to a specific covered service. Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met. Members are also responsible for all costs over the plan maximums.

Plan maximums and other important information appear in italics. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

### Explanation of Maximum Allowed Amount

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

**Participating Providers-** The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount.

**Non-Participating Providers & Other Health Care Providers-**(includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges. For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary value

**When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.**

<b>Calendar year deductible for all providers</b>	\$1,000/member; \$2,000/family	
<b>Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center</b>	None	
<b>Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center if utilization review not obtained</b>	\$250/admission <i>(waived for emergency admission)</i>	
<b>Deductible for emergency room services</b>	\$100/visit <i>(waived if admitted directly from ER)</i>	
<b>Annual Out-of-Pocket Maximums (no cross application)</b>		
PPO Providers & Other Health Care Providers	\$4,000/member/year; \$8,000/family/year	
Non-PPO Providers	\$10,000/member/year; \$20,000/family/year	
The following do not apply to out-of-pocket maximums: non-covered expense. After a member reaches the out-of-pocket maximum, the member remains responsible for non-PPO providers & other health care providers, costs in excess of the covered expense.		
<b>Lifetime Maximum</b>	Unlimited	
<b>Covered Services</b>	<b>PPO: Per Member Copay</b>	<b>Non-PPO: Per Member Copay<sup>1</sup></b>
<b>Hospital Medical Services (subject to utilization review for inpatient services; waived for emergency admissions)</b>		
➤ Semi-private room, meals & special diets, & ancillary services	\$1,000/year <sup>2</sup> + 20%	50% <i>(benefit limited to \$600/day)</i>
➤ Outpatient medical care, surgical services & supplies <i>(hospital care other than emergency room care)</i>	20%	50% <i>(benefit limited to \$600/day)</i>
<b>Ambulatory Surgical Centers</b>		
➤ Outpatient surgery, services & supplies	\$250/surgery + 20%	50% <i>(benefit limited to \$350/visit)</i>
<b>Skilled Nursing Facility (subject to utilization review)</b>		
➤ Semi-private room, services & supplies <i>(limited to 100 days/calendar year)</i>	20%	20%
<b>Hospice Care (subject to utilization review)</b>		
➤ Inpatient or outpatient services; for members with up to one year life expectancy; family Bereavement services	No copay	

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<sup>2</sup>Applicable to the Annual Out-of-Pocket maximums.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Home Health Care</b> <i>(subject to utilization review)</i>		
➤ Services & supplies from a home health agency <i>(limited to 100 prior authorized visits/calendar year, one visit by a home health aide equals four hours or less; not covered while member receives hospice care)</i>	20%	20% with authorization
<b>Home Infusion Therapy</b> <i>(subject to utilization review)</i>		
➤ Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	20%	20%
<b>Physician Medical Services</b>		
➤ Office & home visits	\$45/visit <sup>2</sup> <i>(deductible waived)</i>	50%
➤ Hospital & skilled nursing facility visits	20%	50%
➤ Surgeon & surgical assistant; anesthesiologist or anesthesiologist	20%	50%
➤ Drugs administered by a medical provider <i>(certain drugs are subject to utilization review)</i>	20%	50%
<b>Diagnostic X-ray &amp; Lab</b>		
➤ MRI, CT scan, PET scan & nuclear cardiac scan <i>(subject to utilization review)</i>	20%	50%
➤ Other diagnostic x-ray & lab	No copay	50%
<b>Preventive Care Services</b>		
Preventive Care Services including*, physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay <i>(deductible waived)</i>	50%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy</b>		
	\$25/visit <i>(deductible waived)</i>	50%
<b>Chiropractic Services</b> <i>(up to 12 visits/calendar year; additional visits may be approved, if medically necessary)</i>		
	\$25/visit <i>(deductible waived)</i>	50%
<b>Speech Therapy</b>		
➤ Outpatient speech therapy following injury or organic disease	\$45/visit <i>(deductible waived)</i>	50%
<b>Acupuncture</b>		
➤ Services for the treatment of disease, illness or injury <i>(limited to 20 visits/calendar year)</i>	20% <sup>3</sup>	50% <sup>3</sup>
<b>Temporomandibular Joint Disorders</b>		
➤ Splint therapy & surgical treatment	20%	50%
<b>Pregnancy &amp; Maternity Care</b>		
➤ Physician office visits	\$45/visit <sup>2</sup> <i>(deductible waived)</i>	50%
➤ Prescription drug for elective abortion ( <i>mifepristone</i> )	20%	Not covered
Normal delivery, cesarean section, complications of pregnancy & abortion		
➤ Inpatient physician services	20%	50%
➤ Hospital & ancillary services	\$1,000/year <sup>4</sup> + 20%	50% <i>(benefit limited to \$600/day)</i>
➤ Female Sterilization <i>(including tubal ligation and counseling/consultation)</i>	No copay	Not covered
➤ Male Sterilization	20%	Not Covered
➤ Family planning counseling	\$45/visit <i>(deductible waived)</i>	Not covered

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<sup>2</sup>The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

<sup>3</sup>Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a dentist (D.D.S.).

<sup>4</sup>Applicable to the Annual Out-of-Pocket maximums

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Organ &amp; Tissue Transplants</b> <i>(subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with non-investigative organ or tissue transplants		\$1,000/year <sup>3</sup> + 20%
➤ Transplant travel expense for an authorized, specified transplant at a COE <i>(recipient &amp; companion transportation limited to 6 trips/episode &amp; \$250/person/trip for round-trip coach airfare, hotel limited to 1 room double occupancy &amp; \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip, donor transportation limited to 1 trip/episode &amp; \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)</i>		No copay <i>(deductible waived)</i>
<b>Bariatric Surgery</b> <i>(subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise [COE])</i>		
➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity		\$1,000/year <sup>3</sup> + 20%
➤ Bariatric travel expense when member's home is 50 miles or more from the nearest Bariatric COE <i>(member's transportation to &amp; from COE limited to \$130/person/trip for 3 trips [pre-surgical visit, initial surgery &amp; one follow-up visit]; one companion's transportation to &amp; from COE limited to \$130/person/trip for 2 trips [initial surgery &amp; one follow-up visit]; hotel for member &amp; one companion limited to one room double occupancy &amp; \$100/day for 2 days/trip, or as medically necessary, for pre-surgical &amp; follow-up visit; hotel for one companion limited to one room double occupancy &amp; \$100/day for duration of member's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)</i>		No copay <i>(deductible waived)</i>
<b>Diabetes Education Programs</b> <i>(requires physician supervision)</i>		
➤ Teach members & their families about the disease process, the daily management of diabetic therapy & self-management training	\$45/visit <i>(deductible waived)</i>	50%
<b>Prosthetic Devices</b>		
➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; & therapeutic shoes & inserts	50%	50%
<b>Durable Medical Equipment</b>		
➤ Rental or purchase of DME including dialysis equipment & supplies, home medical equipment, prosthetic/orthotics <i>(hearing aids benefit available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</i>	50%	50%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
➤ Ground or air ambulance transportation, services & disposable supplies		20% <sup>2</sup>
➤ Blood transfusions, blood processing & the cost of unreplaced blood & blood products		20% <sup>2</sup>
➤ Autologous blood <i>(self-donated blood collection, testing, processing &amp; storage for planned surgery)</i>		20% <sup>2</sup>

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<sup>3</sup> Applicable to the Annual Out-of-Pocket maximums

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Emergency Care</b>		
➤ Emergency room services & supplies <i>(\$100 deductible waived if admitted)</i>	20%	20%
➤ Inpatient hospital services & supplies	\$1,000/year <sup>3</sup> + 20%	20%
➤ Physician services	20%	20%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
<b>Inpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	\$1,000/year <sup>3</sup> + 20%	50% <i>(benefit limited to \$600/day)</i>
➤ Inpatient physician visits	20%	50%
<b>Outpatient Care</b>		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	20%	50% <i>(benefit limited to \$600/day)</i>
➤ Outpatient physician visits <i>(Behavioral Health treatment for Autism &amp; Pervasive Disorder will be subject to pre-service review)</i>	\$45/visit <sup>2</sup> <i>(deductible waived)</i>	50%

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

<sup>3</sup> Applicable to the Annual Out-of-Pocket maximums

**This Summary of Benefits is a brief review of benefits. Once enrolled, members will receive a Combined Evidence of Coverage and Disclosure Form, which explains the exclusions and limitations, as well as the full range of covered services of the plan, in detail.**

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**Experimental or Investigative.** Any experimental or investigative procedure or medication. But, if member is denied benefits because it is determined that the requested treatment is experimental or investigative, the member may request an independent medical review, as described in the Evidence of Coverage (EOC).

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with urgent care or an emergency.

**Crime or Nuclear Energy.** Conditions that result from (1) the member's commission of or attempt to commit a felony, as long as any injuries are not a result of a medical condition or an act of domestic violence; or (2) any release of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services received before the member's effective date. Services received after the member's coverage ends, except as specified as covered in the EOC.

**Excess Amounts.** Any amounts in excess of covered expense or any Medical Benefit Maximum.

**Work-Related.** Work-related conditions if benefits are recovered or can be recovered, either by adjudication, settlement or otherwise, under any workers' compensation, employer's liability law or occupational disease law, whether or not the member claims those benefits. If there is a dispute of substantial uncertainty as to whether benefits may be recovered for those conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4903, as specified as covered in the EOC.

**Government Treatment.** Any services the member actually received that were provided by a local, state or federal government agency, except when payment under this plan is expressly required by federal or state law. We will not cover payment for these services if the member is not required to pay for them or they are given to the member for free.

**Services of Relatives.** Professional services received from a person living in the member's home or who is related to the member by blood or marriage, except as specified as covered in the EOC.

**Voluntary Payment.** Services for which the member has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. it must be internationally known as being devoted mainly to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. it must accept patients who are unable to pay; and
5. two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Services not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the member and a provider, for which reimbursement under Medicare program is prohibited, as specified in Section 1802 (42 U.S.C. 1395a) of Title XVIII of the Social Security Act.

**Inpatient Diagnostic Tests.** Inpatient room and board charges in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Mental or Nervous Disorders.** Academic or educational testing, counseling, and remediation. Mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, except as specified as covered in the EOC.

**Orthodontia.** Braces, other orthodontic appliances or orthodontic services.

**Dental Services or Supplies.** Dental plates, bridges, crowns, caps or other dental prostheses, dental implants, dental services, extraction of teeth, treatment to the teeth or gums, or treatment to or for any disorders for the temporomandibular (jaw) joint, except as specified as covered in the EOC. Cosmetic dental surgery or other dental services for beautification.

**Hearing Aids or Tests.**

**Optometric Services or Supplies.** Optometric services, eye exercises including orthoptics. Routine eye exams and routine eye refractions, as specified as covered in the EOC. Eyeglasses or contact lenses, except as specified as covered in the EOC.

**Outpatient Occupational Therapy.** Outpatient occupational therapy, except by a home health agency, hospice, or home infusion therapy provider, as specified as covered in the EOC.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the EOC.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including aged) structures or tissues of the body to improve appearance. This exclusion does not apply to reconstructive surgery (that is, surgery performed to correct deformities caused by congenital or developmental abnormalities, illness, or injury for the purpose of improving bodily function or symptomatology or to create a normal appearance), including surgery performed to restore symmetry following mastectomy. Cosmetic surgery does not become reconstructive surgery because of psychological or psychiatric reasons.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are pursued under medical or *physician* supervision, unless specifically listed as covered in this *plan*. This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and fasting programs.

This exclusion does not apply to *medically necessary* treatments for morbid obesity or dietary evaluations and counseling, and behavioral modification programs for the treatment of anorexia nervosa or bulimia nervosa. Surgical treatment for morbid obesity is covered as described in the Evidence of Coverage (EOC).

**Sterilization Reversal.**

**Infertility Treatment.** Any services or supplies furnished in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, sterilization reversal and gamete intrafallopian transfer.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (including, but not limited to, the bearing of a child by another woman for an infertile couple).

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom molded to the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Custodial Care or Rest Cures.** Inpatient room and board charges in connection with a hospital stay primarily for environmental change or physical therapy. Services provided by a rest home, a home for the aged, a nursing home or any similar facility. Services provided by a skilled nursing facility or custodial care or rest cures, except as specified as covered in the EOC.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a *physician*. This exclusion also applies to health spas.

**Personal Items.** Any supplies for comfort, hygiene or beautification.

**Education or Counseling.** Educational services or nutritional counseling, except as specified as covered in the EOC. This exclusion does not apply to counseling for the treatment of anorexia nervosa or bulimia nervosa.

**Food or Dietary Supplements.** Nutritional and/or dietary supplements, except as provided in this *plan* or as required by law. This exclusion includes, but is not limited to, those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by a licensed pharmacist.

**Telephone and Facsimile Machine Consultations.** Consultations provided by telephone or facsimile machine.

**Routine Exams or Tests.** Routine physical exams or tests which do not directly treat an actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the EOC.

**Acupuncture.** Acupuncture treatment, except as specified as covered in the EOC. Acupressure or massage to control pain, treat illness or promote health by applying pressure to one or more specific areas of the body based on dermatomes or acupuncture points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia) and/or astigmatism. Contact lenses and eyeglasses required as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physician for physical therapy or physical medicine, except when provided during a covered inpatient confinement or as specified as covered in the EOC.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and insulin, except as specified as covered in the EOC. Any non-prescription, over-the-counter patent or proprietary drug or medicine. Cosmetics, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy, are not covered by this plan. **Member will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.**

**Contraceptive Devices.** Contraceptive devices prescribed for birth control except as specified as covered in the EOC.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the EOC.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, imagery or nutrition. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Wigs.**

**Third Party Liability** — Anthem Blue Cross is entitled to reimbursement of benefits paid if the member recovers damages from a legally liable third party.

**Coordination of Benefits** — The benefits of this plan may be reduced if the member has any other group health or dental coverage so that the services received from all group coverages do not exceed 100% of the covered expense.

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**SJVIA  
Lumenos<sup>®</sup> Health Savings Account (HSA)  
Custom LHSA 289 (2500/90/50)  
Rx Copay after Deductible**

Anthem believes this plan is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

This Lumenos plan is an innovative type of coverage that allows an insured person to use a Health Savings Account to pay for routine medical care. The program also includes traditional health coverage, similar to a typical health plan, that protects the insured person against large medical expenses.

The insured person can spend the money in the HSA account the way the insured person wants on routine medical care, prescription drugs and other qualified medical expenses. There are no copays or deductibles to satisfy first. Unused dollars can be saved from year to year to reduce the amount the insured person may have to pay in the future. If covered expenses exceed the insured person’s available HSA dollars, the traditional health coverage is available after a limited out-of-pocket amount is paid by the insured person.

Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met.

The insured person is responsible for all costs over the plan maximums. Plan maximums and other important information appear in *italics*. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

**Explanation of Maximum Allowed Amount**

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

Participating Providers- The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider’s usual charges & the maximum allowed amount.

Non-Participating Providers & Other Health Care Providers-(includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges. For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary value.

Participating Pharmacies & Mail Service Program-members are not responsible for any amount in excess of the prescription drug maximum allowed amount.

Non-Participating Pharmacies-members are responsible for any expense not covered under this plan & any amount in excess of the prescription drug maximum allowed amount. When using non-participating providers, the insured person is responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.

**When using the outpatient prescription drug benefits, the insured person is always responsible for drug expenses which are not covered under this plan, as well as any deductible, percentage or dollar copay.**

**Calendar year deductible for all providers**

*(applicable to medical care & prescription drug benefits)*

- Individual insured person \$2,500/individual insured person
- Insured family *(includes insured employee & one or more members of the employee’s family; no coverage may be paid for any member of a family unless this \$5,000 deductible is met)* \$5,000/insured family

**Deductible for hospital if utilization review not obtained** \$250/admission *(waived for emergency admission)*

**Annual Out-of-Pocket Maximums** *(in-network/out-of-network out-of-pocket maximums are exclusive of each other; includes calendar year deductible & prescription drug covered expense)*

- For all Providers & Other Health Care Providers & all Participating Pharmacies \$5,000/individual insured person; \$10,000/insured family/year

The following do not apply to out-of-pocket maximums: costs in excess of the covered expense & non-covered expense. After an individual insured person or insured family *(includes insured employee & one or more members of the employee’s family)* reaches the out-of-pocket maximum for all medical and prescription drug covered expense the individual insured person or insured family incurs during that calendar year, the individual insured person or insured family will no longer be required to pay a copay for the remainder of that year. The individual insured person or insured family remains responsible for costs in excess of the covered expense when provided by non-participating providers and other health care providers; non-covered expense.

**Lifetime Maximum** Unlimited

Covered Services	Traditional Health Coverage	
	In-Network	Insured Person Copay Out-of-Network (Insured is also responsible for charges in excess of covered expense.)
<b>Hospital Medical Services</b> <i>(subject to utilization review for inpatient services; waived for emergency admissions)</i>		
➤ Semi-private room, meals & special diets, & ancillary services	10%	50% up to \$580 plan payment per day
➤ Outpatient medical care, surgical services & supplies <i>(hospital care other than emergency room care)</i>	10%	50% <i>(benefit limited to \$350/day)</i>
<b>Ambulatory Surgical Centers</b>		
➤ Outpatient surgery, services & supplies	10%	50% <i>(benefit limited to \$350/day)</i>
<b>Skilled Nursing Facility</b> <i>(subject to utilization review)</i>		
➤ Semi-private room, services & supplies <i>(limited to 100 days/calendar year)</i>	10%	10%
<b>Hospice Care</b> <i>(subject to utilization review)</i> <i>(\$10,000 combined maximum per member per lifetime)</i>		
➤ Inpatient or outpatient services for insured persons with up to one year life expectancy; family bereavement services	10%	10%
<b>Home Health Care</b> <i>(subject to utilization review)</i>		
➤ Services & supplies from a home health agency <i>(limited to 100 visits/calendar year, one visit by a home health aide equals four hours or less; not covered while insured person receives hospice care)</i>	10%	10%
<b>Home Infusion Therapy</b>		
➤ Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	10%	10%
<b>Physician Medical Services</b>		
➤ Office & home visits	10%	50%
➤ Hospital & skilled nursing facility visits	10%	50%
➤ Surgeon & surgical assistant; anesthesiologist or anesthetist	10%	50%
➤ Drugs administered by a medical provider <i>(certain drugs are subject to utilization review)</i>	10%	50%
<b>Diagnostic X-ray &amp; Lab</b>		
➤ MRI, CT scan, PET scan & nuclear cardiac scan <i>(subject to utilization review)</i>	10%	50%
➤ Other diagnostic x-ray & lab	10%	50%
<b>Preventive Care Services</b>		
Preventive Care Services including*, physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay (deductible waived)	50%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy, including Chiropractic Services</b> <i>(limited to 12 visits/calendar year; additional visits may be approved; if medically necessary)</i>		
	10%	50%
<b>Speech Therapy</b>		
➤ Outpatient speech therapy following injury or organic disease	10%	50%

Covered Services	Traditional Health Coverage Insured Person Copay	
	In-Network	Out-of-Network (Insured is also responsible for charges in excess of covered expense.)
<b>Acupuncture</b>		
➤ Services for the treatment of disease, illness or injury (limited to 20 visits/calendar year)	10% <sup>1</sup>	50% <sup>1</sup>
<b>Temporomandibular Joint Disorders</b>		
➤ Splint therapy & surgical treatment	10%	50%
<b>Pregnancy &amp; Maternity Care</b>		
➤ Physician office visits	10%	50%
➤ Prescription drug for elective abortion (mifepristone)	10%	50%
Normal delivery, cesarean section, complications of pregnancy & abortion		
➤ Inpatient physician services	10%	50%
➤ Hospital & ancillary services	10%	50% (benefit limited to \$580/day)
<b>Organ &amp; Tissue Transplants</b> (subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise [COE])		
➤ Inpatient services provided in connection with non-investigative organ or tissue transplants		10%
➤ Transplant travel expense for an authorized, specified transplant at a COE (recipient & companion transportation limited to 6 trips/episode & \$250/person/trip for round-trip coach airfare hotel limited to 1 room double occupancy & \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip; donor transportation limited to 1 trip/episode & \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)		No copay
<b>Bariatric Surgery</b> (subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise [COE])		
➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity		10%
➤ Bariatric travel expense when insured person's home is 50 miles or more from the nearest bariatric COE (insured person's transportation to & from COE limited to \$130/person/trip for 3 trips [pre-surgical visit, initial surgery & one follow-up visit]; one companion's transportation to & from COE limited to \$130/person/trip for 2 trips [initial surgery & one follow-up visit]; hotel for insured person & one companion limited to one room double occupancy & \$100/day for 2 days/trip, or as medically necessary, for pre-surgical & follow-up visit; hotel for one companion limited to one room double occupancy & \$100/day for duration of insured person's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)		No copay
<b>Diabetes Education Programs</b> (requires physician supervision)		
➤ Teach insured persons & their families about the disease process, the daily management of diabetic therapy & self-management training	10%	50%

<sup>1</sup> Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a dentist (D.D.S.).



Covered Services	Traditional Health Coverage Insured Person Copay	
	In-Network	Out-of-Network (Insured is also responsible for charges in excess of covered expense.)
<b>Prosthetic Devices</b>		
➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; wigs for alopecia resulting from chemotherapy or radiation therapy; & therapeutic shoes & inserts for insured persons with diabetes	10%	10%
<b>Durable Medical Equipment</b>		
Rental or purchase of DME including dialysis equipment & supplies, home medical equipment, prosthetics/orthotics <i>(hearing aids benefit available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</i>	10%	10%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
➤ Ground or air ambulance transportation, services & disposable supplies		10% <sup>1</sup>
➤ Blood transfusions, blood processing & the cost of unreplaced blood & blood products		10% <sup>1</sup>
➤ Autologous blood <i>(self-donated blood collection, testing, processing &amp; storage for planned surgery)</i>		10% <sup>1</sup>
<b>Emergency Care</b>		
➤ Emergency room services & supplies	10%	10%
➤ Inpatient hospital services & supplies	10%	10%
➤ Physician services	10%	10%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
Inpatient Care		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	50% <i>(benefit limited to \$580/day)</i>
➤ Inpatient physician visits	10%	50%
Outpatient Care		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	50% <i>(benefit limited to \$350/day)</i>
➤ Outpatient physician visits <i>(Behavioral Health treatment for Autism &amp; Pervasive Disorder will be subject to pre-service review)</i>	10%	50%

<sup>1</sup> These providers are not represented in the Anthem Blue Cross PPO Network.

Covered Services (For Outpatient Prescription Drugs)	Traditional Health Coverage Per Insured Person Copay for Each Prescription or Refill
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### Outpatient Prescription Drug Benefits

*(Until the calendar year deductible is satisfied, the insured person pays the prescription drug, maximum allowed amount and not the copays listed below.)*

<b>➤ Retail Pharmacy</b>	
➤ Preventive immunizations administered by a retail pharmacy -	No copay ( <i>deductible waived</i> )
➤ Female oral contraceptives generic and single source brand	No copay ( <i>deductible waived</i> )
➤ Generic drugs	\$7
➤ Brand name formulary drugs <sup>1,2</sup>	\$25
➤ Self-administered injectable drugs, except insulin	\$25
<b>Home Delivery</b>	
➤ Female oral contraceptives generic and single source brand	No copay
➤ Generic drugs	\$14
➤ Brand name formulary drugs <sup>1,2</sup>	\$50
➤ Self-administered injectable drugs, except insulin	\$25
<b>Specialty pharmacy drugs</b> <i>(may only be obtained through the specialty pharmacy program)</i>	
➤ Generic drugs	\$7
➤ Brand name formulary drugs <sup>1</sup>	\$25
➤ Self-administered injectable drugs, except insulin	\$25
<b>Non-participating Pharmacies</b> <i>(compound drugs &amp; specialty pharmacy drugs not covered at retail participating pharmacies)</i>	<i>Insured person pays the above retail pharmacy copay plus: 30% of the remaining prescription drug maximum allowed amount &amp; costs in excess of the maximum amount allowed</i>
<b>Supply Limits<sup>3</sup></b>	
➤ Retail Pharmacy <i>(participating and non-participating)</i>	30-day supply; 60-day supply for federally classified Schedule II attention deficit disorder drugs that require a triplicate prescription form, but require a double copay; 6 tablets or units/30-day period for impotence and/or sexual dysfunction drugs (available only at retail pharmacies)
➤ Home Delivery	90-day supply
➤ Specialty Pharmacy	30-day supply

<sup>1</sup> **Mandatory Generic Substitution:** If an insured person requests a brand name drug when a generic drug substitution exists, the insured person pays the generic drug copay plus the difference in cost between the negotiated rate for the generic drug and the brand name drug, but not more than 50% of our cost of the prescription drug. Mandatory generic substitution does not apply when it has been determined that the brand name drug is medically necessary for the insured person.

<sup>2</sup> When the member's physician has specified "dispense as written" (DAW) for formulary brand drugs, the copay for brand name formulary drugs will apply. When the member's physician has not specified DAW for formulary brand drugs, the member pays the generic drug copay plus the difference in cost between the drug negotiated rate for the generic drug and the brand name formulary drug, but not more than 50% of the drug negotiated rate. Some drugs may also be subject to a review for Medical Necessity by Anthem Blue Cross Life and Health Insurance Company.

<sup>3</sup> Supply limits for certain drugs may be different. Please refer to the Certificate of Insurance for complete information

#### The Outpatient Prescription Drug Benefit covers the following:

- Outpatient prescription drugs and medications which the law restricts to sale by prescription. Formulas prescribed by a physician for the treatment of phenylketonuria.
- Insulin
- Syringes when dispensed for use with insulin and other self-injectable drugs or medications
- Prescription oral contraceptives; contraceptive diaphragms. Contraceptive diaphragms are limited to one per year.
- Injectable drugs which are self-administered by the subcutaneous route (under the skin) by the patient or insured person. Drugs that have Food and Drug Administration (FDA) labeling for self-administration
- All compound prescription drugs that contain at least one covered prescription ingredient
- Diabetic supplies (i.e., test strips and lancets)
- Prescription drugs for treatment of impotence and/or sexual dysfunction are limited to organic (non-psychological) causes.
- Inhaler spacers and peak flow meters for the treatment of pediatric asthma.
- Smoking cessation products requiring a physician's prescription.
- Certain over-the-counter drugs approved by the Pharmacy and Therapeutics Committee to be included in the prescription drug formulary.

**This Summary of Benefits is a brief review of benefits. Once enrolled, insured persons will receive a Certificate of Insurance, which explains the exclusions and limitations, as well as the full range of covered services of the plan in detail.**

# Lumenos HSA Plan — Exclusions and Limitations

## Benefits are not provided for expenses incurred for or in connection with the following items:

**Not Medically Necessary.** Services or supplies that are not medically necessary, as defined.

**Experimental or Investigative.** Any experimental or investigative procedure or medication. But, if insured person is denied benefits because it is determined that the requested treatment is experimental or investigative, the insured person may request an independent medical review, as described in the Certificate.

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with urgent care or an emergency.

**Crime or Nuclear Energy.** Conditions that result from (1) the insured person's commission of or attempt to commit a felony, as long as any injuries are not a result of a medical condition or an act of domestic violence; or (2) any release of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services received before the insured person's effective date. Services received after the insured person's coverage ends, except as specified as covered in the Certificate.

**Excess Amounts.** Any amounts in excess of covered expense or the lifetime maximum.

**Work-Related.** Work-related conditions if benefits are recovered or can be recovered, either by adjudication, settlement or otherwise, under any workers' compensation, employer's liability law or occupational disease law, whether or not the insured person claims those benefits. If there is a dispute of substantial uncertainty as to whether benefits may be recovered for those conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4903, as specified as covered in the Certificate.

**Government Treatment.** Any services the insured person actually received that were provided by a local, state or federal government agency, except when payment under this plan is expressly required by federal or state law. We will not cover payment for these services if the insured person is not required to pay for them or they are given to the insured person for free.

**Services of Relatives.** Professional services received from a person living in the insured person's home or who is related to the insured person by blood or marriage, except as specified as covered in the Certificate.

**Voluntary Payment.** Services for which the insured person has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. it must be internationally known as being devoted mainly to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. it must accept patients who are unable to pay; and
5. two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Services not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the insured person and a provider, for which reimbursement under Medicare program is prohibited, as specified in Section 1802 (42 U.S.C. 1395a) of Title XVIII of the Social Security Act.

**Inpatient Diagnostic Tests.** Inpatient room and board charges in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Mental or Nervous Disorders.** Academic or educational testing, counseling, and remediation. Mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, except as specified as covered in the Certificate.

**Orthodontia.** Braces, other orthodontic appliances or orthodontic services.

**Dental Services or Supplies.** Dental plates, bridges, crowns, caps or other dental prostheses, dental implants, dental services, extraction of teeth, treatment to the teeth or gums, or treatment to or for any disorders for the temporomandibular (jaw) joint, except as specified as covered in the Certificate. Cosmetic dental surgery or other dental services for beautification.

**Hearing Aids or Tests** unless otherwise noted

**Optometric Services or Supplies.** Optometric services, eye exercises including orthoptics. Routine eye exams and routine eye refractions, as specified as covered in the Certificate. Eyeglasses or contact lenses, except as specified as covered in the Certificate.

**Outpatient Occupational Therapy.** Outpatient occupational therapy, except by a home health agency, hospice, or home infusion therapy provider, as specified as covered in the Certificate.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the Certificate.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including aged) structures or tissues of the body to improve appearance. This exclusion does not apply to reconstructive surgery (that is, surgery performed to correct deformities caused by congenital or developmental abnormalities, illness, or injury for the purpose of improving bodily function or symptomatology or to create a normal appearance), including surgery performed to restore symmetry following mastectomy. Cosmetic surgery does not become reconstructive surgery because of psychological or psychiatric reasons.

**Scalp Hair Prosthesis.** Scalp hair prostheses, including wigs or any form of hair replacement, except as specified as covered in the Certificate.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are pursued under medical or *physician* supervision, unless specifically listed as covered in this *plan*.

This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and fasting programs.

This exclusion does not apply to *medically necessary* treatments for morbid obesity or dietary evaluations and counseling, and behavioral modification programs for the treatment of anorexia nervosa or bulimia nervosa. Surgical treatment for morbid obesity is covered as described in the Certificate.

**Sterilization Reversal.**

**Infertility Treatment.** Any services or supplies furnished in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, sterilization reversal and gamete intrafallopian transfer.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (including, but not limited to, the bearing of a child by another woman for an infertile couple).

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom molded to the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Custodial Care or Rest Cures.** Inpatient room and board charges in connection with a hospital stay primarily for environmental change or physical therapy. Custodial care or rest cures, except as specified as covered in the Certificate. Services provided by a rest home, a home for the aged, a nursing home or any similar facility. Services provided by a skilled nursing facility, except as specified as covered in the Certificate.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a *physician*. This exclusion also applies to health spas.

**Personal Items.** Any supplies for comfort, hygiene or beautification.

**Educational or Counseling.** Educational services or nutritional counseling, except as specified as covered in the Certificate. This exclusion does not apply to counseling for the treatment of anorexia nervosa or bulimia nervosa.

**Food or Dietary Supplements.** Nutritional and/or dietary supplements, except as provided in this *plan* or as required by law. This exclusion includes, but is not limited to, those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by a licensed pharmacist.

**Telephone and Facsimile Machine Consultations.** Consultations provided by telephone, except as specified as covered in the Certificate, or facsimile machine.

**Routine Exams or Tests.** Routine physical exams or tests which do not directly treat an actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the Certificate.

**Acupuncture.** Acupuncture treatment, except as specified as covered in the Certificate. Acupressure or massage to control pain, treat illness or promote health by applying pressure to one or more specific areas of the body based on dermatomes or acupuncture points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia) and/or astigmatism. Contact lenses and eyeglasses required as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physician for physical therapy or physical medicine, except when provided during a covered inpatient confinement or as specified as covered in the Certificate.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and insulin, except as specified as covered in the Certificate. Non-prescription, over-the-counter patent or proprietary drug or medicines, except as specified as covered in the Certificate. Cosmetics, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy, are not covered by this plan. **Insured person will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.**

**Contraceptive Devices.** Contraceptive devices prescribed for birth control except as specified as covered in the Certificate.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the Certificate.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, imagery or nutrition, except as specified as covered in the Certificate. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Clinical Trials.** Services and supplies in connection with clinical trials, except as specified as covered in the Certificate.

## Lumenos HSA Rx Copay after Deductible Plan — Exclusions and Limitations (Continued)

### Outpatient prescription drug services and supplies are not provided for or in connection with the following:

- Immunizing agents, biological sera, blood, blood products or blood plasma
- Hypodermic syringes &/or needles, except when dispensed for use with insulin & other self-injectable drugs or medications
- Drugs & medications used to induce spontaneous & non-spontaneous abortions
- Drugs & medications dispensed or administered in an outpatient setting, including outpatient hospital facilities and physicians' offices
- Professional charges in connection with administering, injecting or dispensing drugs
- Drugs & medications that may be obtained without a physician's written prescription, except insulin or niacin for cholesterol lowering and certain over-the-counter drugs approved by the Pharmacy and Therapeutics Committee to be included in the prescription drug formulary.
- Drugs & medications dispensed by or while confined in a hospital, skilled nursing facility, rest home, sanatorium, convalescent hospital or similar facility
- Durable medical equipment, devices, appliances & supplies, even if prescribed by a physician, except contraceptive diaphragms, as specified as covered in the Certificate
- Services or supplies for which the insured person is not charged
- Oxygen
- Cosmetics & health or beauty aids.
- Drugs labeled "Caution, Limited by Federal Law to Investigational Use," or Non-FDA approved investigational drugs. Any drugs or medications prescribed for experimental indications
- Any expense for a drug or medication incurred in excess of the prescription drug maximum allowed amount
- Drugs which have not been approved for general use by the State of California Department of Health Services or the Food and Drug Administration. This does not apply to drugs that are medically necessary for a covered condition.
- Drugs to eliminate or reduce dependency on, or addiction to, tobacco and tobacco products. This does not apply to medically necessary drugs that the insured person can only get with a prescription under state and federal law.
- Drugs used primarily for cosmetic purposes (e.g., Retin-A for wrinkles). However, this will not apply to the use of this type of drug for medically necessary treatment of a medical condition other than one that is cosmetic.
- Drugs used primarily to treat infertility (including, but not limited to, Clomid, Pergonal and Metrodin), unless medically necessary for another covered condition.

- Anorexiant and drugs used for weight loss, except when used to treat morbid obesity (e.g., diet pills & appetite suppressants)
- Drugs obtained outside the U.S. unless they are furnished in connection with urgent care or an emergency.
- Allergy desensitization products or allergy serum
- Infusion drugs, except drugs that are self-administered subcutaneously
- Herbal supplements, nutritional and dietary supplements except for formulas for the treatment of phenylketonuria
- Prescription drugs with a non-prescription (over-the-counter) chemical and dose equivalent except insulin. This does not apply if an over-the-counter equivalent was tried and was in effective.
- Compound medications unless:
  - There is at least one component in it that is a prescription drug, and
  - It is obtained from other than a participating pharmacy. **Insured person will have to pay the full cost of the compound medications if insured person obtains drug at a non-participating pharmacy.**
- Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy are not covered by this plan. **Insured person will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that insured person should have obtained from the specialty pharmacy program.**

**Third Party Liability** – Anthem Blue Cross Life and Health Insurance Company is entitled to reimbursement of benefits paid if the insured person recovers damages from a legally liable third party.

**Coordination of Benefits** – The benefits of this plan may be reduced if the insured person has any other group health or dental coverage so that the services received from all group coverages do not exceed 100% of the covered expense.

**Lumenos plans provided by Anthem Blue Cross Life and Health Insurance Company, independent licensee of the Blue Cross Association. ® ANTHEM and LUMENOS are registered trademarks of Anthem Insurance Companies, Inc. The Blue Cross name and symbol are registered marks of the Blue Cross Association.**



# SJVIA HDPPO 2500 BlueCard Lumenos<sup>®</sup> Health Savings Account (HSA) Custom LHSA 289 (2500/90/50) Rx Copay after Deductible

Anthem believes this plan is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

This Lumenos plan is an innovative type of coverage that allows an insured person to use a Health Savings Account to pay for routine medical care. The program also includes traditional health coverage, similar to a typical health plan, which protects the insured person against large medical expenses.

The insured person can spend the money in the HSA account the way the insured person wants on routine medical care, prescription drugs and other qualified medical expenses. There are no copays or deductibles to satisfy first. Unused dollars can be saved from year to year to reduce the amount the insured person may have to pay in the future. If covered expenses exceed the insured person’s available HSA dollars, the traditional health coverage is available after a limited out-of-pocket amount is paid by the insured person.

Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your deductible has been met.

The insured person is responsible for all costs over the plan maximums. Plan maximums and other important information appear in *italics*. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

### Explanation of Maximum Allowed Amount

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

**Participating Providers-** The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider’s usual charges & the maximum allowed amount.

**Non-Participating Providers & Other Health Care Providers-**(includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges. For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary value.

**Participating Pharmacies & Mail Service Program-**members are not responsible for any amount in excess of the prescription drug maximum allowed amount.

**Non-Participating Pharmacies-**members are responsible for any expense not covered under this plan & any amount in excess of the prescription drug maximum allowed amount. When using non-participating providers, the insured person is responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.

**When using the outpatient prescription drug benefits, the insured person is always responsible for drug expenses which are not covered under this plan, as well as any deductible, percentage or dollar copay.**

### Calendar year deductible for all providers

*(applicable to medical care & prescription drug benefits)*

- Individual insured person \$2,500/individual insured person
- Insured family *(includes insured employee & one or more members of the employee’s family; no coverage may be paid for any member of a family unless this \$5,000 deductible is met)* \$5,000/insured family

**Deductible for hospital if utilization review not obtained** \$250/admission *(waived for emergency admission)*

**Annual Out-of-Pocket Maximums** *(in-network/out-of-network out-of-pocket maximums are exclusive of each other; includes calendar year deductible & prescription drug covered expense)*

- For all Providers & Other Health Care Providers & all Participating Pharmacies \$5,000/individual insured person; \$10,000/insured family/year

The following do not apply to out-of-pocket maximums: costs in excess of the covered expense & non-covered expense. After an individual insured person or insured family *(includes insured employee & one or more members of the employee’s family)* reaches the out-of-pocket maximum for all medical and prescription drug covered expense the individual insured person or insured family incurs during that calendar year, the individual insured person or insured family will no longer be required to pay a copay for the remainder of that year. The individual insured person or insured family remains responsible for costs in excess of the covered expense when provided by non-participating providers and other health care providers; non-covered expense.

**Lifetime Maximum** Unlimited

Covered Services	Traditional Health Coverage	
	In-Network	Insured Person Copay Out-of-Network (Insured is also responsible for charges in excess of covered expense.)
<b>Hospital Medical Services</b> (subject to utilization review for inpatient services; waived for emergency admissions)		
➤ Semi-private room, meals & special diets, & ancillary services	10%	50% up to \$580 plan payment per day
➤ Outpatient medical care, surgical services & supplies (hospital care other than emergency room care)	10%	50% (benefit limited to \$350/day)
<b>Ambulatory Surgical Centers</b>		
➤ Outpatient surgery, services & supplies	10%	50% (benefit limited to \$350/day)
<b>Skilled Nursing Facility</b> (subject to utilization review)		
➤ Semi-private room, services & supplies (limited to 100 days/calendar year)	10%	10%
<b>Hospice Care</b> (subject to utilization review) (\$10,000 combined maximum per member per lifetime)		
➤ Inpatient or outpatient services for insured persons with up to one year life expectancy; family bereavement services	10%	10%
<b>Home Health Care</b> (subject to utilization review)		
➤ Services & supplies from a home health agency (limited to 100 visits/calendar year, one visit by a home health aide equals four hours or less; not covered while insured person receives hospice care)	10%	10%
<b>Home Infusion Therapy</b>		
➤ Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	10%	10%
<b>Physician Medical Services</b>		
➤ Office & home visits	10%	50%
➤ Hospital & skilled nursing facility visits	10%	50%
➤ Surgeon & surgical assistant; anesthesiologist or anesthetist	10%	50%
➤ Drugs administered by a medical provider (certain drugs are subject to utilization review)	10%	50%
<b>Diagnostic X-ray &amp; Lab</b>		
➤ MRI, CT scan, PET scan & nuclear cardiac scan (subject to utilization review)	10%	50%
➤ Other diagnostic x-ray & lab	10%	50%
<b>Preventive Care Services</b>		
Preventive Care Services including*, physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay (deductible waived)	50%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy, including Chiropractic Services</b> (limited to 12 visits/calendar year; additional visits may be approved; if medically necessary)		
	10%	50%
<b>Speech Therapy</b>		
➤ Outpatient speech therapy following injury or organic disease	10%	50%

Covered Services	Traditional Health Coverage	
	In-Network	Out-of-Network (Insured is also responsible for charges in excess of covered expense.)
<b>Acupuncture</b>		
➤ Services for the treatment of disease, illness or injury (limited to 20 visits/calendar year)	10% <sup>1</sup>	50% <sup>1</sup>
<b>Temporomandibular Joint Disorders</b>		
➤ Splint therapy & surgical treatment	10%	50%
<b>Pregnancy &amp; Maternity Care</b>		
➤ Physician office visits	10%	50%
➤ Prescription drug for elective abortion (mifepristone)	10%	50%
Normal delivery, cesarean section, complications of pregnancy & abortion		
➤ Inpatient physician services	10%	50%
➤ Hospital & ancillary services	10%	50% (benefit limited to \$580/day)
<b>Organ &amp; Tissue Transplants</b> (subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise [COE])		
➤ Inpatient services provided in connection with non-investigative organ or tissue transplants		10%
➤ Transplant travel expense for an authorized, specified transplant at a COE (recipient & companion transportation limited to 6 trips/episode & \$250/person/trip for round-trip coach airfare hotel limited to 1 room double occupancy & \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip; donor transportation limited to 1 trip/episode & \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)		No copay
<b>Bariatric Surgery</b> (subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise [COE])		
➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity		10%
➤ Bariatric travel expense when insured person's home is 50 miles or more from the nearest bariatric COE (insured person's transportation to & from COE limited to \$130/person/trip for 3 trips [pre-surgical visit, initial surgery & one follow-up visit]; one companion's transportation to & from COE limited to \$130/person/trip for 2 trips [initial surgery & one follow-up visit]; hotel for insured person & one companion limited to one room double occupancy & \$100/day for 2 days/trip, or as medically necessary, for pre-surgical & follow-up visit; hotel for one companion limited to one room double occupancy & \$100/day for duration of insured person's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)		No copay
<b>Diabetes Education Programs</b> (requires physician supervision)		
➤ Teach insured persons & their families about the disease process, the daily management of diabetic therapy & self-management training	10%	50%

<sup>1</sup> Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a dentist (D.D.S.).

Covered Services	Traditional Health Coverage Insured Person Copay	
	In-Network	Out-of-Network (Insured is also responsible for charges in excess of covered expense.)
<b>Prosthetic Devices</b>		
➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; wigs for alopecia resulting from chemotherapy or radiation therapy; & therapeutic shoes & inserts for insured persons with diabetes	10%	10%
<b>Durable Medical Equipment</b>		
Rental or purchase of DME including dialysis equipment & supplies, home medical equipment, prosthetics/orthotics <i>(hearing aids benefit available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</i>	10%	10%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
➤ Ground or air ambulance transportation, services & disposable supplies		10% <sup>1</sup>
➤ Blood transfusions, blood processing & the cost of unreplaced blood & blood products		10% <sup>1</sup>
➤ Autologous blood <i>(self-donated blood collection, testing, processing &amp; storage for planned surgery)</i>		10% <sup>1</sup>
<b>Emergency Care</b>		
➤ Emergency room services & supplies	10%	10%
➤ Inpatient hospital services & supplies	10%	10%
➤ Physician services	10%	10%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
Inpatient Care		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	50% <i>(benefit limited to \$580/day)</i>
➤ Inpatient physician visits	10%	50%
Outpatient Care		
➤ Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	50% <i>(benefit limited to \$350/day)</i>
➤ Outpatient physician visits <i>(Behavioral Health treatment for Autism &amp; Pervasive Disorder will be subject to pre-service review)</i>	10%	50%

<sup>1</sup> These providers are not represented in the Anthem Blue Cross PPO Network.



Covered Services (For Outpatient Prescription Drugs)	Traditional Health Coverage Per Insured Person Copay for Each Prescription or Refill
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### Outpatient Prescription Drug Benefits

*(Until the calendar year deductible is satisfied, the insured person pays the prescription drug, maximum allowed amount and not the copays listed below.)*

<b>➤ Retail Pharmacy</b>	
➤ Preventive immunizations administered by a retail pharmacy -	No copay ( <i>deductible waived</i> )
➤ Female oral contraceptives generic and single source brand	No copay ( <i>deductible waived</i> )
➤ Generic drugs	\$7
➤ Brand name formulary drugs <sup>1,2</sup>	\$25
➤ Self-administered injectable drugs, except insulin	\$25
<b>Home Delivery</b>	
➤ Female oral contraceptives generic and single source brand	No copay
➤ Generic drugs	\$14
➤ Brand name formulary drugs <sup>1,2</sup>	\$50
➤ Self-administered injectable drugs, except insulin	\$25
<b>Specialty pharmacy drugs</b> <i>(may only be obtained through the specialty pharmacy program)</i>	
➤ Generic drugs	\$7
➤ Brand name formulary drugs <sup>1</sup>	\$25
➤ Self-administered injectable drugs, except insulin	\$25
<b>Non-participating Pharmacies</b> <i>(compound drugs &amp; specialty pharmacy drugs not covered at retail participating pharmacies)</i>	<i>Insured person pays the above retail pharmacy copay plus: 30% of the remaining prescription drug maximum allowed amount &amp; costs in excess of the maximum amount allowed</i>
<b>Supply Limits<sup>3</sup></b>	
➤ Retail Pharmacy <i>(participating and non-participating)</i>	30-day supply; 60-day supply for federally classified Schedule II attention deficit disorder drugs that require a triplicate prescription form, but require a double copay; 6 tablets or units/30-day period for impotence and/or sexual dysfunction drugs (available only at retail pharmacies)
➤ Home Delivery	90-day supply
➤ Specialty Pharmacy	30-day supply

<sup>1</sup> **Mandatory Generic Substitution:** If an insured person requests a brand name drug when a generic drug substitution exists, the insured person pays the generic drug copay plus the difference in cost between the negotiated rate for the generic drug and the brand name drug, but not more than 50% of our cost of the prescription drug. Mandatory generic substitution does not apply when it has been determined that the brand name drug is medically necessary for the insured person.

<sup>2</sup> When the member's physician has specified "dispense as written" (DAW) for formulary brand drugs, the copay for brand name formulary drugs will apply. When the member's physician has not specified DAW for formulary brand drugs, the member pays the generic drug copay plus the difference in cost between the drug negotiated rate for the generic drug and the brand name formulary drug, but not more than 50% of the drug negotiated rate. Some drugs may also be subject to a review for Medical Necessity by Anthem Blue Cross Life and Health Insurance Company.

<sup>3</sup> Supply limits for certain drugs may be different. Please refer to the Certificate of Insurance for complete information

#### The Outpatient Prescription Drug Benefit covers the following:

- Outpatient prescription drugs and medications which the law restricts to sale by prescription. Formulas prescribed by a physician for the treatment of phenylketonuria.
- Insulin
- Syringes when dispensed for use with insulin and other self-injectable drugs or medications
- Prescription oral contraceptives; contraceptive diaphragms. Contraceptive diaphragms are limited to one per year.
- Injectable drugs which are self-administered by the subcutaneous route (under the skin) by the patient or insured person. Drugs that have Food and Drug Administration (FDA) labeling for self-administration
- All compound prescription drugs that contain at least one covered prescription ingredient
- Diabetic supplies (i.e., test strips and lancets)
- Prescription drugs for treatment of impotence and/or sexual dysfunction are limited to organic (non-psychological) causes.
- Inhaler spacers and peak flow meters for the treatment of pediatric asthma.
- Smoking cessation products requiring a physician's prescription.
- Certain over-the-counter drugs approved by the Pharmacy and Therapeutics Committee to be included in the prescription drug formulary.

**This Summary of Benefits is a brief review of benefits. Once enrolled, insured persons will receive a Certificate of Insurance, which explains the exclusions and limitations, as well as the full range of covered services of the plan in detail.**

# Lumenos HSA Plan — Exclusions and Limitations

## Benefits are not provided for expenses incurred for or in connection with the following items:

**Not Medically Necessary.** Services or supplies that are not medically necessary, as defined.

**Experimental or Investigative.** Any experimental or investigative procedure or medication. But, if insured person is denied benefits because it is determined that the requested treatment is experimental or investigative, the insured person may request an independent medical review, as described in the Certificate.

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with urgent care or an emergency.

**Crime or Nuclear Energy.** Conditions that result from (1) the insured person's commission or attempt to commit a felony, as long as any injuries are not a result of a medical condition or an act of domestic violence; or (2) any release of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services received before the insured person's effective date. Services received after the insured person's coverage ends, except as specified as covered in the Certificate.

**Excess Amounts.** Any amounts in excess of covered expense or the lifetime maximum.

**Work-Related.** Work-related conditions if benefits are recovered or can be recovered, either by adjudication, settlement or otherwise, under any workers' compensation, employer's liability law or occupational disease law, whether or not the insured person claims those benefits. If there is a dispute of substantial uncertainty as to whether benefits may be recovered for those conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4903, as specified as covered in the Certificate.

**Government Treatment.** Any services the insured person actually received that were provided by a local, state or federal government agency, except when payment under this plan is expressly required by federal or state law. We will not cover payment for these services if the insured person is not required to pay for them or they are given to the insured person for free.

**Services of Relatives.** Professional services received from a person living in the insured person's home or who is related to the insured person by blood or marriage, except as specified as covered in the Certificate.

**Voluntary Payment.** Services for which the insured person has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. it must be internationally known as being devoted mainly to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. it must accept patients who are unable to pay; and
5. two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Services not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the insured person and a provider, for which reimbursement under Medicare program is prohibited, as specified in Section 1802 (42 U.S.C. 1395a) of Title XVIII of the Social Security Act.

**Inpatient Diagnostic Tests.** Inpatient room and board charges in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Mental or Nervous Disorders.** Academic or educational testing, counseling, and remediation. Mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, except as specified as covered in the Certificate.

**Orthodontia.** Braces, other orthodontic appliances or orthodontic services.

**Dental Services or Supplies.** Dental plates, bridges, crowns, caps or other dental prostheses, dental implants, dental services, extraction of teeth, treatment to the teeth or gums, or treatment to or for any disorders for the temporomandibular (jaw) joint, except as specified as covered in the Certificate. Cosmetic dental surgery or other dental services for beautification.

**Hearing Aids or Tests** unless otherwise noted

**Optometric Services or Supplies.** Optometric services, eye exercises including orthoptics. Routine eye exams and routine eye refractions, as specified as covered in the Certificate. Eyeglasses or contact lenses, except as specified as covered in the Certificate.

**Outpatient Occupational Therapy.** Outpatient occupational therapy, except by a home health agency, hospice, or home infusion therapy provider, as specified as covered in the Certificate.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the Certificate.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including aged) structures or tissues of the body to improve appearance. This exclusion does not apply to reconstructive surgery (that is, surgery performed to correct deformities caused by congenital or developmental abnormalities, illness, or injury for the purpose of improving bodily function or symptomatology or to create a normal appearance), including surgery performed to restore symmetry following mastectomy. Cosmetic surgery does not become reconstructive surgery because of psychological or psychiatric reasons.

**Scalp Hair Prosthesis.** Scalp hair prostheses, including wigs or any form of hair replacement, except as specified as covered in the Certificate.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are pursued under medical or *physician* supervision, unless specifically listed as covered in this *plan*.

This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and fasting programs.

This exclusion does not apply to *medically necessary* treatments for morbid obesity or dietary evaluations and counseling, and behavioral modification programs for the treatment of anorexia nervosa or bulimia nervosa. Surgical treatment for morbid obesity is covered as described in the Certificate.

**Sterilization Reversal.**

**Infertility Treatment.** Any services or supplies furnished in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, sterilization reversal and gamete intrafallopian transfer.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (including, but not limited to, the bearing of a child by another woman for an infertile couple).

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom molded to the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Custodial Care or Rest Cures.** Inpatient room and board charges in connection with a hospital stay primarily for environmental change or physical therapy. Custodial care or rest cures, except as specified as covered in the Certificate. Services provided by a rest home, a home for the aged, a nursing home or any similar facility. Services provided by a skilled nursing facility, except as specified as covered in the Certificate.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a *physician*. This exclusion also applies to health spas.

**Personal Items.** Any supplies for comfort, hygiene or beautification.

**Educational or Counseling.** Educational services or nutritional counseling, except as specified as covered in the Certificate. This exclusion does not apply to counseling for the treatment of anorexia nervosa or bulimia nervosa.

**Food or Dietary Supplements.** Nutritional and/or dietary supplements, except as provided in this *plan* or as required by law. This exclusion includes, but is not limited to, those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by a licensed pharmacist.

**Telephone and Facsimile Machine Consultations.** Consultations provided by telephone, except as specified as covered in the Certificate, or facsimile machine.

**Routine Exams or Tests.** Routine physical exams or tests which do not directly treat an actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the Certificate.

**Acupuncture.** Acupuncture treatment, except as specified as covered in the Certificate.

Acupressure or massage to control pain, treat illness or promote health by applying pressure to one or more specific areas of the body based on dermatomes or acupuncture points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia) and/or astigmatism. Contact lenses and eyeglasses required as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physician for physical therapy or physical medicine, except when provided during a covered inpatient confinement or as specified as covered in the Certificate.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and insulin, except as specified as covered in the Certificate. Non-prescription, over-the-counter patent or proprietary drug or medicines, except as specified as covered in the Certificate. Cosmetics, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy, are not covered by this plan. **Insured person will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.**

**Contraceptive Devices.** Contraceptive devices prescribed for birth control except as specified as covered in the Certificate.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the Certificate.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, imagery or nutrition, except as specified as covered in the Certificate. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Clinical Trials.** Services and supplies in connection with clinical trials, except as specified as covered in the Certificate.

## Lumenos HSA Rx Copay after Deductible Plan — Exclusions and Limitations (Continued)

### Outpatient prescription drug services and supplies are not provided for or in connection with the following:

- Immunizing agents, biological sera, blood, blood products or blood plasma
- Hypodermic syringes &/or needles, except when dispensed for use with insulin & other self-injectable drugs or medications
- Drugs & medications used to induce spontaneous & non-spontaneous abortions
- Drugs & medications dispensed or administered in an outpatient setting, including outpatient hospital facilities and physicians' offices
- Professional charges in connection with administering, injecting or dispensing drugs
- Drugs & medications that may be obtained without a physician's written prescription, except insulin or niacin for cholesterol lowering and certain over-the-counter drugs approved by the Pharmacy and Therapeutics Committee to be included in the prescription drug formulary.
- Drugs & medications dispensed by or while confined in a hospital, skilled nursing facility, rest home, sanatorium, convalescent hospital or similar facility
- Durable medical equipment, devices, appliances & supplies, even if prescribed by a physician, except contraceptive diaphragms, as specified as covered in the Certificate
- Services or supplies for which the insured person is not charged
- Oxygen
- Cosmetics & health or beauty aids.
- Drugs labeled "Caution, Limited by Federal Law to Investigational Use," or Non-FDA approved investigational drugs. Any drugs or medications prescribed for experimental indications
- Any expense for a drug or medication incurred in excess of the prescription drug maximum allowed amount
- Drugs which have not been approved for general use by the State of California Department of Health Services or the Food and Drug Administration. This does not apply to drugs that are medically necessary for a covered condition.
- Drugs to eliminate or reduce dependency on, or addiction to, tobacco and tobacco products. This does not apply to medically necessary drugs that the insured person can only get with a prescription under state and federal law.
- Drugs used primarily for cosmetic purposes (e.g., Retin-A for wrinkles). However, this will not apply to the use of this type of drug for medically necessary treatment of a medical condition other than one that is cosmetic.
- Drugs used primarily to treat infertility (including, but not limited to, Clomid, Pergonal and Metrodin), unless medically necessary for another covered condition.

- Anorexiant and drugs used for weight loss, except when used to treat morbid obesity (e.g., diet pills & appetite suppressants)
- Drugs obtained outside the U.S. unless they are furnished in connection with urgent care or an emergency.
- Allergy desensitization products or allergy serum
- Infusion drugs, except drugs that are self-administered subcutaneously
- Herbal supplements, nutritional and dietary supplements except for formulas for the treatment of phenylketonuria.
- Prescription drugs with a non-prescription (over-the-counter) chemical and dose equivalent except insulin. This does not apply if an over-the-counter equivalent was tried and was ineffective.
- Compound medications unless:
  - There is at least one component in it that is a prescription drug; and
  - It is obtained from other than a participating pharmacy. **Insured person will have to pay the full cost of the compound medications if insured person obtains drug at a non-participating pharmacy.**
- Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy are not covered by this plan. **Insured person will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that insured person should have obtained from the specialty pharmacy program.**

**Third Party Liability** – Anthem Blue Cross Life and Health Insurance Company is entitled to reimbursement of benefits paid if the insured person recovers damages from a legally liable third party.

**Coordination of Benefits** – The benefits of this plan may be reduced if the insured person has any other group health or dental coverage so that the services received from all group coverages do not exceed 100% of the covered expense.

**Lumenos plans provided by Anthem Blue Cross Life and Health Insurance Company, independent licensee of the Blue Cross Association. ® ANTHEM and LUMENOS are registered trademarks of Anthem Insurance Companies, Inc. The Blue Cross name and symbol are registered marks of the Blue Cross Association.**



# SJVIA

San Joaquin Valley  
Insurance Authority

## USScript

### Prescription Drug Copays

**30 Day Supply:**

Generic	\$10
Formulary	\$20
Non-Formulary	\$35
DAW 1 - No Cost Differential	
DAW 2 - Non-Formulary + Cost Difference	

**Mail**

Generic	\$20
Formulary	\$40
Non-Formulary	\$60
DAW 1 - No Cost Differential	
DAW 2 - Non-Formulary + Cost Difference	

**90 Day Supply:**

Generic	\$20
Formulary	\$40
Non-Formulary	\$60
DAW 1 - No Cost Differential	
DAW 2 - Non-Formulary + Cost Difference	

**Specialty Medication Copay:**

30% (\$100.00 max.)

\*\* Specialty medications are covered at a 30-day supply only.\*\*

**Annual Out-of-Pocket Maximum**

Individual	\$2,000
Family	\$4,000

### Exclusions

- Hair Treatments
- Pigmenting/Depigmenting
- Anti-wrinkle
- Fluoride Preps
- Misc. Medical Supplies
- OTC Medications
- Miscellaneous Injectables
- Toradol (excluded at mail)
- Zyvox (excluded at mail)

*This is not a complete summary of benefits. Additional limitations and exclusions may apply.*

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**Disclosure Form**

SJVIA - County of Tulare  
Customer ID 39189  
Member Services 1-800-464-4000  
Home Region: Northern California

**Principal benefits for  
Kaiser Permanente Traditional Plan**

(1/1/17—12/31/17)

Health Plan believes this coverage is a "grandfathered health plan" under the Patient Protection and Affordable Care Act. If you have questions about grandfathered health plans, please call our Member Service Contact Center.

**Accumulation Period**

The Accumulation Period for this plan is 1/1/17 through 12/31/17 (calendar year).

**Out-of-Pocket Maximum(s) and Deductible(s)**

For Services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

<b>Amounts Per Accumulation Period</b>	<b>Self-Only Coverage (a Family of one Member)</b>	<b>Family Coverage Each Member in a Family of two or more Members</b>	<b>Family Coverage Entire Family of two or more Members</b>
Plan Out-of-Pocket Maximum	\$1,500	\$1,500	\$3,000
Plan Deductible	None	None	None
Drug Deductible	None	None	None

**Professional Services (Plan Provider office visits)**

	<b>You Pay</b>
Most Primary Care Visits and most Non-Physician Specialist Visits .....	\$25 per visit
Most Physician Specialist Visits .....	\$25 per visit
Routine physical maintenance exams, including well-woman exams .....	No charge
Well-child preventive exams (through age 23 months) .....	No charge
Family planning counseling and consultations .....	No charge
Scheduled prenatal care exams .....	No charge
Routine eye exams with a Plan Optometrist .....	No charge
Urgent care consultations, evaluations, and treatment .....	\$25 per visit
Most physical, occupational, and speech therapy .....	\$25 per visit

**Outpatient Services**

	<b>You Pay</b>
Outpatient surgery and certain other outpatient procedures .....	\$25 per procedure
Allergy injections (including allergy serum) .....	\$3 per visit
Most immunizations (including the vaccine) .....	No charge
Most X-rays and laboratory tests .....	No charge
Covered individual health education counseling .....	No charge
Covered health education programs .....	No charge

**Hospitalization Services**

	<b>You Pay</b>
Room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs .....	\$250 per admission

**Emergency Health Coverage**

	<b>You Pay</b>
Emergency Department visits .....	\$100 per visit
Note: This Cost Share does not apply if you are admitted directly to the hospital as an inpatient for covered Services (see "Hospitalization Services" for inpatient Cost Share).	

**Ambulance Services**

	<b>You Pay</b>
Ambulance Services .....	\$50 per trip

**Prescription Drug Coverage**

	<b>You Pay</b>
Covered outpatient items in accord with our drug formulary guidelines:	
Most generic items at a Plan Pharmacy or through our mail-order service .....	\$10 for up to a 100-day supply
Most brand-name items at a Plan Pharmacy or through our mail-order service ....	\$20 for up to a 100-day supply
Most specialty items at a Plan Pharmacy .....	\$20 for up to a 30-day supply

**Durable Medical Equipment (DME)**

	<b>You Pay</b>
DME items in accord with our DME formulary guidelines .....	20% Coinsurance

**Mental Health Services**

	<b>You Pay</b>
Inpatient psychiatric hospitalization .....	\$250 per admission
Individual outpatient mental health evaluation and treatment .....	\$25 per visit
Group outpatient mental health treatment .....	\$12 per visit

(continues)

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**Disclosure Form***(continued)***Chemical Dependency Services****You Pay**

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Inpatient detoxification.....	\$250 per admission
Individual outpatient chemical dependency evaluation and treatment.....	\$25 per visit
Group outpatient chemical dependency treatment.....	\$5 per visit

**Home Health Services****You Pay**

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Home health care (up to 100 visits per Accumulation Period) .....	No charge
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**Other****You Pay**

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Eyeglasses or contact lenses every 24 months .....	Amount in excess of \$150 Allowance
Skilled nursing facility care (up to 100 days per benefit period).....	No charge
Prosthetic and orthotic devices .....	No charge
All Services related to covered infertility treatment .....	50% Coinsurance
Hospice care .....	No charge

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This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).

## Disclosure Form

SJVIA - County of Tulare  
Customer ID 39189  
Member Services 1-800-464-4000  
Home Region: Northern California

# Principal benefits for Kaiser Permanente Deductible HMO Plan

(1/1/17—12/31/17)

## Accumulation Period

The Accumulation Period for this plan is 1/1/17 through 12/31/17 (calendar year).

## Out-of-Pocket Maximum(s) and Deductible(s)

For Services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

For Services that are subject to the Plan Deductible or the Drug Deductible, you must pay Charges for covered Services you receive during the Accumulation Period until you reach the deductible amounts listed below. All payments you make toward your deductible(s) apply to the Plan Out-of-Pocket Maximum amounts listed below.

Amounts Per Accumulation Period	Self-Only Coverage (a Family of one Member)	Family Coverage Each Member in a Family of two or more Members	Family Coverage Entire Family of two or more Members
Plan Out-of-Pocket Maximum	\$3,000	\$3,000	\$6,000
Plan Deductible	\$1,000	\$1,000	\$2,000
Drug Deductible	None	None	None

## Professional Services (Plan Provider office visits)

	You Pay
Most Primary Care Visits and most Non-Physician Specialist Visits .....	\$20 per visit (Plan Deductible doesn't apply)
Most Physician Specialist Visits .....	\$20 per visit (Plan Deductible doesn't apply)
Routine physical maintenance exams, including well-woman exams .....	No charge (Plan Deductible doesn't apply)
Well-child preventive exams (through age 23 months) .....	No charge (Plan Deductible doesn't apply)
Family planning counseling and consultations .....	No charge (Plan Deductible doesn't apply)
Scheduled prenatal care exams .....	No charge (Plan Deductible doesn't apply)
Routine eye exams with a Plan Optometrist .....	No charge (Plan Deductible doesn't apply)
Urgent care consultations, evaluations, and treatment .....	\$20 per visit (Plan Deductible doesn't apply)
Most physical, occupational, and speech therapy .....	\$20 per visit after Plan Deductible

## Outpatient Services

	You Pay
Outpatient surgery and certain other outpatient procedures .....	20% Coinsurance after Plan Deductible
Allergy injections (including allergy serum) .....	No charge after Plan Deductible
Most immunizations (including the vaccine) .....	No charge (Plan Deductible doesn't apply)
Most X-rays and laboratory tests .....	\$10 per encounter after Plan Deductible
Preventive X-rays, screenings, and laboratory tests as described in the EOC .....	No charge (Plan Deductible doesn't apply)
MRI, most CT, and PET scans .....	\$50 per procedure after Plan Deductible
Covered individual health education counseling .....	No charge (Plan Deductible doesn't apply)
Covered health education programs .....	No charge (Plan Deductible doesn't apply)

## Hospitalization Services

	You Pay
Room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs .....	20% Coinsurance after Plan Deductible

## Emergency Health Coverage

	You Pay
Emergency Department visits .....	20% Coinsurance after Plan Deductible
Note: This Cost Share does not apply if you are admitted directly to the hospital as an inpatient for covered Services (see "Hospitalization Services" for inpatient Cost Share).	

## Ambulance Services

	You Pay
Ambulance Services .....	\$150 per trip after Plan Deductible

## Prescription Drug Coverage

Covered outpatient items in accord with our drug formulary guidelines:

	You Pay
Most generic items at a Plan Pharmacy .....	\$10 for up to a 30-day supply (Plan Deductible doesn't apply)
Most generic refills through our mail-order service .....	\$20 for up to a 100-day supply (Plan Deductible doesn't apply)
Most brand-name items at a Plan Pharmacy .....	\$30 for up to a 30-day supply (Plan Deductible doesn't apply)
Most brand-name refills through our mail-order service .....	\$60 for up to a 100-day supply (Plan Deductible doesn't apply)

(continues)

**Disclosure Form***(continued)*

Most specialty items at a Plan Pharmacy.....	\$30 for up to a 30-day supply (Plan Deductible doesn't apply)
<b>Durable Medical Equipment (DME)</b>	
DME items in accord with our DME formulary guidelines.....	20% Coinsurance (Plan Deductible doesn't apply)
<b>Mental Health Services</b>	
Inpatient psychiatric hospitalization.....	20% Coinsurance after Plan Deductible
Individual outpatient mental health evaluation and treatment.....	\$20 per visit (Plan Deductible doesn't apply)
Group outpatient mental health treatment.....	\$10 per visit (Plan Deductible doesn't apply)
<b>Chemical Dependency Services</b>	
Inpatient detoxification.....	20% Coinsurance after Plan Deductible
Individual outpatient chemical dependency evaluation and treatment.....	\$20 per visit (Plan Deductible doesn't apply)
Group outpatient chemical dependency treatment.....	\$5 per visit (Plan Deductible doesn't apply)
<b>Home Health Services</b>	
Home health care (up to 100 visits per Accumulation Period) .....	No charge (Plan Deductible doesn't apply)
<b>Other</b>	
Skilled nursing facility care (up to 100 days per benefit period).....	20% Coinsurance after Plan Deductible
Prosthetic and orthotic devices .....	No charge (Plan Deductible doesn't apply)
All Services related to covered infertility treatment .....	50% Coinsurance (Plan Deductible doesn't apply)
Hospice care .....	No charge (Plan Deductible doesn't apply)

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).



# Your Kaiser Permanente **CHIROPRACTIC** benefits

When you need chiropractic care, follow these simple steps:

1. Find an ASH Plans Participating Provider near you:
  - Go to [ashlink.com/ash/kp](http://ashlink.com/ash/kp), or
  - Call **1-800-678-9133** (TTY **711**), Monday through Friday, from 5 a.m. to 6 p.m. Pacific time
2. Schedule an appointment.
3. Pay for your office visit when you arrive for your appointment.

(See the reverse for more details.)

# YOUR KAISER PERMANENTE CHIROPRACTIC BENEFIT

Services	Cost Sharing and Office Visit Maximums
<p>Chiropractic Services are covered when provided by a Participating Provider and medically necessary to treat or diagnose Neuromusculoskeletal Disorders. You can obtain services from any ASH Plans Participating Provider without a referral from a Plan Physician.</p>	<p><b>Office visit cost share:</b> \$10 copay per visit  <b>Office visit limit:</b> 30 visits per year  <b>Chiropractic appliance benefit:</b> If the amount of the appliance in the ASH Plans fee schedule exceeds \$50, you will pay the amount in excess of \$50, and that payment will not apply toward any applicable deductible or out-of-pocket maximum.            Covered chiropractic appliances are limited to: elbow supports, back supports, cervical collars, cervical pillows, heel lifts, hot or cold packs, lumbar braces and supports, lumbar cushions, orthotics, wrist supports, rib belts, home traction units, ankle braces, knee braces, rib supports, and wrist braces.</p>

**Office visits:** Covered Services are limited to Medically Necessary Chiropractic Services authorized and provided by ASH Plans Participating Providers except for Emergency Chiropractic Services and Services that are not available from Participating Providers or other licensed providers with which ASH contracts to provide covered care. Each office visit counts toward any visit limit, if applicable, even if an adjustment is not provided during the visit.

**X-rays and laboratory tests:** Medically necessary X-rays and laboratory tests are covered at no charge when prescribed as part of covered chiropractic care and a Participating Provider provides the Services or refers you to another licensed provider with which ASH contracts for the Services.

## Participating Providers

ASH Plans contracts with Participating Providers and other licensed providers to provide covered Chiropractic Services, including laboratory tests, X-rays, and chiropractic appliances. You must receive covered services from a Participating Provider or another licensed provider with which ASH contracts, except for Emergency Chiropractic Services, Urgent Chiropractic Services, and services that are not available from Participating Providers or other licensed providers with which ASH contracts to provide covered Services that are authorized in advance by ASH Plans. The list of Participating Providers is available on the ASH Plans website at [ashlink.com/ash/kp](http://ashlink.com/ash/kp) or from the ASH Plans Customer Service Department toll free at **1-800-678-9133** (TTY users call **711**), weekdays from 5 a.m. to 6 p.m. The list of Participating Providers is subject to change at any time without notice.

## How to obtain services

To obtain covered services, call a Participating Provider to schedule an initial examination. If additional services are required, verification that the Services are Medically Necessary may be required. Your Participating Provider will request any medical necessity determinations. An ASH Plans clinician in the same or similar specialty as the provider of Services under review will decide whether the Services are or were Medically Necessary Services. ASH Plans will disclose to you, upon request, the process that it uses to authorize, modify, delay, or deny a request for authorization. If you have questions or concerns, please contact the ASH Plans Customer Service Department.

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### **Second Opinions**

You may request a second opinion in regard to covered Services by contacting another Participating Provider. A Participating Provider may also request a second opinion in regard to covered Services by referring you to another Participating Provider in the same or similar specialty.

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### **Your Costs**

When you receive covered Services, you must pay your Cost Share amount as described in the *Chiropractic Services Amendment* of your Health Plan *Evidence of Coverage*. The Cost Share does not apply toward the Plan Out-of-Pocket Maximum described in the Health Plan *Evidence of Coverage*.

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### **Emergency and Urgent Chiropractic Services**

We cover Emergency Chiropractic Services and Urgent Chiropractic Services provided by both Participating Providers and Non-Participating Providers. We do not cover follow-up or continuing care from a Non-Participating Provider unless ASH Plans has authorized the services in advance. Also, we do not cover services from a Non-Participating Provider that ASH Plans determines are not Emergency Chiropractic Services or Urgent Chiropractic Services.

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### **Getting Assistance**

If you have a question or concern regarding the services you received from an ASH Plans Participating Provider or another licensed provider with which ASH contracts, you may call ASH Plans Customer Service Department toll free at **1-800-678-9133** (TTY users call **711**), weekdays from 5 a.m. to 6 p.m. Pacific time.

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### **Grievances**

You can file a grievance with Kaiser Permanente regarding any issue. Your grievance must explain your issue, such as the reasons why you believe a decision was in error or why you are dissatisfied with Services you received. You may submit your grievance orally or in writing to Kaiser Permanente as described in your Health Plan *Evidence of Coverage*.

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### **Exclusions and Limitations**

- Services for asthma or addiction, such as nicotine addiction
- Hypnotherapy, behavior training, sleep therapy, and weight programs
- Thermography
- Experimental or investigational services
- CT scans, MRIs, PET scans, bone scans, nuclear medicine, and any other types of diagnostic imaging or radiology other than X-rays covered under the "Covered Services" section of your *Chiropractic Services Amendment*
- Ambulance and other transportation
- Education programs, nonmedical self-care or self-help, any self-help physical exercise training, and any related diagnostic testing
- Services for pre-employment physicals or vocational rehabilitation
- Air conditioners, air purifiers, therapeutic mattresses, chiropractic appliances, durable medical equipment, supplies, devices, appliances, and any other item except those listed as covered in your *Chiropractic Services Amendment*
- Drugs and medicines, including non-legend or proprietary drugs and medicines
- Services you receive outside the state of California except for Emergency Chiropractic Services and Urgent Chiropractic Services
- Hospital services, anesthesia, manipulation under anesthesia, and related services
- For Chiropractic Services, adjunctive therapy not associated with spinal, muscle, or joint manipulations
- Dietary and nutritional supplements, such as vitamins, minerals, herbs, herbal products, injectable supplements, and similar products
- Massage therapy
- Services provided by a chiropractor that are not within the scope of licensure for a chiropractor licensed in California
- Maintenance care (services provided to members whose treatment records indicate that they have reached maximum therapeutic benefit)

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## Definitions

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**ASH Plans:** American Specialty Health Plans of California, Inc., a California corporation.

**Chiropractic Services:** Services provided or prescribed by a chiropractor (including laboratory tests, X-rays, and chiropractic appliances) for the treatment of your Neuromusculoskeletal Disorder.

**Emergency Chiropractic Services:** Covered Chiropractic Services provided for the treatment of a Neuromusculoskeletal Disorder which manifests itself by acute symptoms of sufficient severity (including severe pain) such that a reasonable person could expect the absence of immediate Chiropractic Services to result in serious jeopardy to your health or body functions or organs.

**Neuromusculoskeletal Disorders:** Conditions with associated signs and symptoms related to the nervous, muscular, or skeletal systems. Neuromusculoskeletal Disorders are conditions typically categorized as structural, degenerative, or inflammatory disorders, or biomechanical dysfunction of the joints of the body or related components of the motor unit (muscles, tendons, fascia, nerves, ligaments/capsules, discs, and synovial structures), and related neurological manifestations or conditions.

**Participating Provider:** A chiropractor who is licensed to provide chiropractic services in California and who has a contract with ASH Plans to provide Medically Necessary Chiropractic Services to you.

**Urgent Chiropractic Services:** Chiropractic Services that meet all of the following requirements:

- They are necessary to prevent serious deterioration of your health, resulting from an unforeseen illness, injury, or complication of an existing condition, including pregnancy.
- They cannot be delayed until you return to the Service Area.

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This is only a summary and is intended to highlight only the most frequently asked questions about the benefit, including cost shares. Please refer to the *Chiropractic Services Amendment of the Kaiser Foundation Health Plan, Inc., Evidence of Coverage* for a detailed description of the chiropractic benefits, including exclusions and limitations, Emergency Chiropractic Services, and Urgent Chiropractic Services.

Kaiser Foundation Health Plan, Inc. (Health Plan), contracts with American Specialty Health Plans of California, Inc. (ASH Plans), to make the ASH Plans network of Participating Providers available to you. You can obtain covered Services from any Participating Provider without a referral from a Plan Physician. Your Cost Share is due when you receive covered Services. Please see the definitions section of your *Chiropractic Services Amendment of the Kaiser Foundation Health Plan, Inc., Evidence of Coverage* for terms you should know.

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ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-678-9133 (TTY: 1-877-257-2746).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالجان. اتصل برقم 1-800-678-9133 (رقم هاتف الصم والبكم: 1-877-257-2746).

ՈՒՇԱՂԴՈՒԹՅՈՒՆՆԵՐ Եթե խոսում եք հայերեն, սալսս ձեզ անվճար կարող եմ տրամադրվել լեզվական աջակցության ծառայություններ: Քանզահարեք 1-800-678-9133 (TTY (հեռսսոխսս)՝ 1-877-257-2746):

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-800-678-9133 (TTY: 877-257-2746) تماس بگیرید.

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-678-9133 (TTY: 1-877-257-2746) पर कॉल करें।

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-678-9133 (TTY: 1-877-257-2746).

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-678-9133 (TTY: 1-877-257-2746) まで、お電話にてご連絡ください。

ପ୍ରାୟ: ଗୋଟିଏ କୋଷ୍ଟ ନାହିଁ, ଆପଣଙ୍କୁ କିଛି ସାହାଯ୍ୟ ଦେବା ପାଇଁ ମୁକ୍ତ ସେବା ଉପଲବ୍ଧ। 1-800-678-9133 (TTY: 1-877-257-2746)।

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-678-9133 (TTY: 1-877-257-2746)번으로 전화해 주십시오.

Dii baa akó niizizaa: Dii saad bee yáaniti' go Dii Bizaad, saad bee aká 'áanida' áwá' ááá', r' ááá jiiik'eh, éi ná hólo, kóji' hódilááh 1-800-678-9133 (TTY: 1-877-257-2746).

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-800-678-9133 (TTY: 1-877-257-2746) 'ਤੇ ਕਾਲ ਕਰੋ।

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода.

Звоните 1-800-678-9133 (телефакс: 1-877-257-2746).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-678-9133 (TTY: 1-877-257-2746).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-678-9133 (TTY: 1-877-257-2746).

ထိုစဉ်က မြန်မာစကားပြောသူများက အခမဲ့ ဘာသာစကား အကူအညီ ခံယူနိုင်ပါသည်။ ဖုန်း 1-800-678-9133 (TTY: 1-877-257-2746)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-678-9133 (TTY: 1-877-257-2746)。

CHÚ Y: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-678-9133 (TTY: 1-877-257-2746).

## Choosing your plan



### Your Two Delta Dental Plan Options

**The choice is yours.** When it comes to dental health, you want benefits that provide you with the best balance of value and coverage. **Delta Dental PPO<sup>SM\*</sup>** and **DeltaCare<sup>®</sup> USA** both offer comprehensive dental coverage, quality care and excellent customer service. Each plan has its own advantages.\*\*

The PPO plan gives you the freedom to choose any dentist, and the opportunity for meaningful savings on your treatment costs when you visit a PPO dentist. With a DeltaCare USA plan, when you receive treatment from your assigned dentist you have the convenience of knowing what your copayment is for covered procedures before your visit.

You have the option to select either one of these two outstanding dental benefits plans, both administered by one of the foremost dental benefits organizations in the United States. Select either Delta Dental PPO or DeltaCare USA. Whichever plan you choose, we look forward to providing you with the excellent dentist access, great coverage and friendly service that so many enrollees have come to expect.

\* In Texas, Delta Dental offers a Dental Provider Organization (DPO) Plan.

\*\* See back page for the underwriters of these plans in your state.

We'll do whatever it takes and then some.

This booklet provides highlights about both dental plans to help you select the coverage option that best fits your needs. It is not intended or designed to serve as an Evidence of Coverage or benefit booklet. For complete information about your coverage, processing policies, limitations and exclusions, please refer to your Evidence of Coverage or benefit booklet. If you still have questions about your coverage, please contact your group's benefits administrator.

# Compare Program Features

Plan Features	Delta Dental PPO	DeltaCare USA
<b>Copayments/coinsurance</b>	<ul style="list-style-type: none"> <li>Covered services paid at applicable percentage — for example, fillings are covered at 80% of allowed amount — you pay the remaining 20%</li> </ul>	<ul style="list-style-type: none"> <li>Covered procedures have predetermined dollar copayments for services provided by network dentists (this means out-of-pocket costs are predictable)</li> </ul>
<b>Coverage</b>	<ul style="list-style-type: none"> <li>Wide range of covered services</li> <li>No exclusions for most pre-existing conditions</li> </ul>	<ul style="list-style-type: none"> <li>Plan covers nearly 300 procedures</li> <li>No copayments or low copayments for most diagnostic and preventive services</li> <li>No exclusions for pre-existing conditions or missing teeth</li> </ul>
<b>Dentist network</b>	<ul style="list-style-type: none"> <li>Freedom to choose any licensed dentist</li> <li>No referral required for specialty care</li> </ul>	<ul style="list-style-type: none"> <li>You must select a dentist from a list of network dental facilities and you must visit this dentist to receive benefits</li> <li>Easy referrals to a large specialty care network</li> </ul>
<b>Changing your dentist</b>	<ul style="list-style-type: none"> <li>Change dentists any time without contacting Delta Dental</li> </ul>	<ul style="list-style-type: none"> <li>Ability to change selected or assigned network dentists via telephone or Internet</li> </ul>
<b>Transitions from previous plan</b>	<ul style="list-style-type: none"> <li>Coverage is provided only for treatment started and completed after your effective date of coverage under the Delta Dental plan</li> </ul>	<ul style="list-style-type: none"> <li>Coverage is provided only for treatment started and completed after your effective date of coverage under the plan</li> </ul>
<b>Orthodontic treatment in progress (when covered under prior plan)</b>	<ul style="list-style-type: none"> <li>Plan will pay the remaining amount of the total case fee not paid by your former dental plan (when plan includes orthodontic coverage)</li> </ul>	<ul style="list-style-type: none"> <li>Covers new enrollees who, on the effective date of their coverage, are in active treatment started under their previous employer-sponsored dental plan</li> <li>Enrollees are responsible for all copayments and fees subject to the provisions of their prior dental plan</li> </ul>
<b>Authorization for specialty care treatment</b>	<ul style="list-style-type: none"> <li>Preauthorization is not required</li> </ul>	<ul style="list-style-type: none"> <li>Preauthorization is required for treatment provided by a specialist</li> <li>Your DeltaCare USA dentist will coordinate your specialty care treatment authorization</li> </ul>
<b>Out-of-area coverage</b>	<ul style="list-style-type: none"> <li>Visit any licensed dentist</li> </ul>	<ul style="list-style-type: none"> <li>Limited to emergency care provision</li> </ul>
<b>Deductibles and maximums</b>	<ul style="list-style-type: none"> <li>Deductibles and annual maximums apply to most plan designs</li> </ul>	<ul style="list-style-type: none"> <li>No annual deductible or annual dollar maximums</li> </ul>
<b>Claims</b>	<ul style="list-style-type: none"> <li>Delta Dental dentists file claim forms and accept payment directly from Delta Dental</li> <li>Non-Delta Dental dentists may require payment up front, and require you to file a claim for reimbursement</li> </ul>	<ul style="list-style-type: none"> <li>No claim forms required</li> <li>You only need to pay the specified copayment at the time of your visit</li> </ul>



# Delta Dental PPO<sup>SM</sup> — Benefit highlights

DELTA DENTAL PPO<sup>SM</sup>

Easy  
Friendly  
Accessible



Greatest potential savings  
when you visit a Delta Dental  
PPO dentist

## OUT-OF-POCKET COSTS

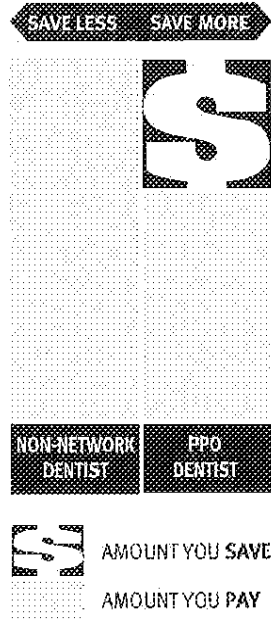


Illustration showing sample enrollee share of cost for information purposes only. Actual dentist fees and contract allowances will vary by region, procedure and by group contract.

We're pleased to be your partner in maintaining great oral health. The Delta Dental PPO\* plan makes it easy for you to find a dentist, and easy to control your costs when you visit a network dentist. Here are some of the great things you'll need to know about enrolling with Delta Dental:

- **Save money with a Delta Dental PPO dentist.** Our PPO network dentists accept reduced fees for covered services they provide you, so you'll usually pay the least when you visit a PPO network dentist. This also ensures Delta Dental dentists won't balance bill you the difference between the contracted amount and their usual fee.
- **Visit the dentist of your choice.** Want to visit a non-Delta Dental dentist? No problem. You can visit any licensed dentist, but your costs are usually lowest when you see a PPO dentist.
- **Many network dentists to choose from.** Since Delta Dental offers access to some of the largest dentist networks in the U.S., chances are there's a wide choice of network dentists near your home or office. Four out of five dentists nationwide are contracted Delta Dental dentists, giving more enrollees convenient access to more dentists. Visit us at [deltadentalins.com](http://deltadentalins.com) to search our dentist directory by location or specialty.
- **Easy to use your benefits.** When you visit a Delta Dental dentist, pay only your portion for services. Delta Dental dentists will file claim forms for you and receive payment directly from us. Many non-Delta Dental dentists ask that you pay the entire cost up front and wait for reimbursement.
- **Delta Dental's Online Services make getting information quick and easy.** Access your benefits and eligibility, print ID cards and get information about your claims. And check out Delta Dental's oral health resources for tips and information that can help keep your smile healthy.

\* In Texas, Delta Dental Insurance Company offers a Dental Provider Organization (DPO) plan.

DELTA DENTAL PPO

**Plan Benefit Highlights for: COUNTY OF TULARE**

**Group No: 16128**

**DELTA DENTAL PPO**

<b>Eligibility</b>	Primary enrollee, spouse and eligible dependent children to the end of the month dependent turns age 26			
<b>Deductibles</b>	Delta Dental PPO dentists: None Non-Delta Dental PPO dentists: \$25 per person / \$75 per family each calendar year			
Deductibles waived for Diagnostic & Preventive (D & P)?	Delta Dental PPO dentists: None Non-Delta Dental PPO dentists: Yes			
<b>Maximums</b>	\$1,000 per person each calendar year			
<b>Waiting Period(s)</b>	Basic Benefits None	Major Benefits None	Prosthodontics None	Orthodontics None

<b>Benefit and Coverage Summary</b>	<b>Delta Dental PPO dentists**</b>	<b>Non-Delta Dental PPO dentists**</b>
<b>Diagnostic &amp; Preventive Services (D &amp; P)</b> Exams, cleaning and x-rays	100 %	100 %
<b>Basic Services</b> Fillings and simple tooth extractions	80 %	80 %
<b>Endodontics</b> (root canals) Covered Under Basic Services	80 %	80 %
<b>Periodontics</b> (gum treatment) Covered Under Basic Services	80 %	80 %
<b>Oral Surgery</b> Covered Under Basic Services	80 %	80 %
<b>Major Services</b> Crowns, inlays, onlays and cast restorations	50 %	50 %
<b>Prosthodontics</b> Bridges, dentures and implants	50 %	50 %
<b>Orthodontic Benefits</b> Adults and dependent children	50 %	50 %
<b>Orthodontic Maximums</b>	\$1,500 Lifetime	\$1,500 Lifetime
<b>Dental Accident Benefits</b>	100 % (separate \$1,000 maximum per person per calendar year)	100 % (separate \$1,000 maximum per person per calendar year)

**BENEFIT HIGHLIGHTS**

\* Limitations or waiting periods may apply for some benefits; some services may be excluded from your plan. Reimbursement is based on Delta Dental maximum contract allowances and not necessarily each dentist's submitted fees.

\*\* Reimbursement is based on PPO contracted fees for PPO dentists, Premier contracted fees for Premier dentists and program allowance for non-Delta Dental dentists.

Delta Dental of California  
100 First St.  
San Francisco, CA 94105

**Customer Service**  
800-765-6003

**Claims Address**  
P.O. Box 997330  
Sacramento, CA 95899-7330

**deltadentalins.com**

This benefit information is not intended or designed to replace or serve as the plan's Evidence of Coverage or Summary Plan Description. If you have specific questions regarding the benefits, limitations or exclusions for your plan, please consult your company's benefits representative

# Getting the most from your plan

DELTA DENTAL PPO<sup>SM</sup>

## Easy Friendly Accessible

With PPO there are no claim forms to submit.



Select a PPO dentist



Schedule an appointment



Receive dental care



Pay only patient's share to dentist

No paperwork.  
No hassle.

### Save money with a Delta Dental PPO<sup>SM</sup> dentist

Although you can visit any dentist, you'll usually pay less when you visit a Delta Dental PPO dentist.

- PPO dentists agree to accept Delta Dental contracted fees as full payment.
- Your share of the bill will likely be lower than when you visit a non-Delta Dental dentist.

### Find a Delta Dental PPO dentist

Delta Dental PPO, our preferred provider organization (PPO) plan,\* provides access to the largest network of its kind nationwide.

Your out-of-pocket costs are usually lowest when you visit a PPO dentist.

To find the most current listing of our network dental offices:

- Visit our website and click on "Find a Dentist" on our home page.
- Select "Delta Dental PPO" as your plan network.

### Is your dentist a Delta Dental PPO dentist?

We recommend that you verify your current dentist's participation in the Delta Dental PPO network. Simply asking if a dentist "accepts Delta Dental" does not guarantee he or she is a PPO dentist.

- Ask specifically if he or she is a contracted Delta Dental PPO dentist.
- You should verify your dentist's participation before each dental appointment.

### Maximum choice

The Delta Dental Premier<sup>®</sup> network — our larger network consisting of nearly 80 percent of dentists nationwide — provides cost-saving features and is the next best option if you can't find a PPO dentist. You can find a Premier dentist using our online dentist directory.

- Premier dentists' contracted fees are usually somewhat higher than PPO dentists' contracted fees.
- Premier dentists will not bill you above their contracted fees, so you still receive cost protections not available with a non-Delta Dental dentist.\*\*

### Easy to use

- No ID card is required to receive services; simply provide the dental office with your name, date of birth and social security or enrollee ID number.
- No claim forms to file — Delta Dental dentists file claim forms for you and accept payment directly from Delta Dental.
- After a claim has been processed, you will receive a dental benefits statement from Delta Dental. This document lists the services provided, the costs of the dental treatment and the amount of any fees you owe your dentist.

\* In Texas, Delta Dental Insurance Company offers a Dental Provider Organization (DPO) plan.

\*\* Please review your Evidence of Coverage, Summary Plan Description or Group Dental Service Contract for specific details about your plan's dentist network.

DELTA DENTAL PPO

### **Dual coverage/Coordination of benefits**

If your spouse has coverage with another dental plan, you or your family members may be covered by both dental plans.\*

- The two plans will likely coordinate benefits to potentially lower your out-of-pocket costs.
- Ask your dentist to submit the other plan's Explanation of Benefits with the Delta Dental claim form and we'll take it from there.

### **Orthodontic treatment in progress**

If your Delta Dental plan includes orthodontic benefits, payment for orthodontic treatment in progress depends on the specific provisions of your plan. Typically, treatment in progress is covered and Delta Dental begins paying during the first eligible month. Under some plans, however, you may not be eligible for work in progress or you may lose eligibility if your coverage has lapsed for more than 30 or 60 days.

### **Transitioning from another plan?**

Delta Dental covers treatment started and completed after your plan's effective date of coverage. If you have any dental treatment in progress when your coverage begins — such as root canals, crowns and bridgework — those expenses are not covered by Delta Dental. Those costs may either be your responsibility or that of your previous dental carrier.

### **Visit our website: deltadentalins.com**

On our website, you can:

- Find a dentist in our online directory
- Review benefits
- Check claim status
- Print an ID card and much more

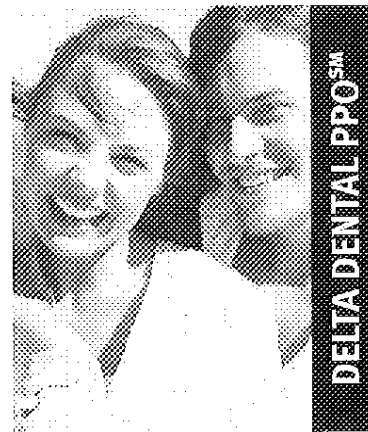
To access some services, you'll need to log in: simply enter your user name and password in the designated boxes and submit. If you are visiting our website for the first time, you'll need to complete a quick one-time registration process by clicking the "Register Today" link.

### **Talk to your dentist about your health and treatment options**

When you visit the dentist, be sure to share your dental and medical history and any prior complications. Dentists can identify signs of more serious health conditions and should be made aware of health information that may be critical to your dental care.

### **Questions about your plan?**

If you have questions, you can check your benefits, eligibility and claims information on our website or on our interactive voice response telephone line. For more information, you may also contact us through our website or call one of our helpful multilingual Customer Service representatives toll-free during business hours.



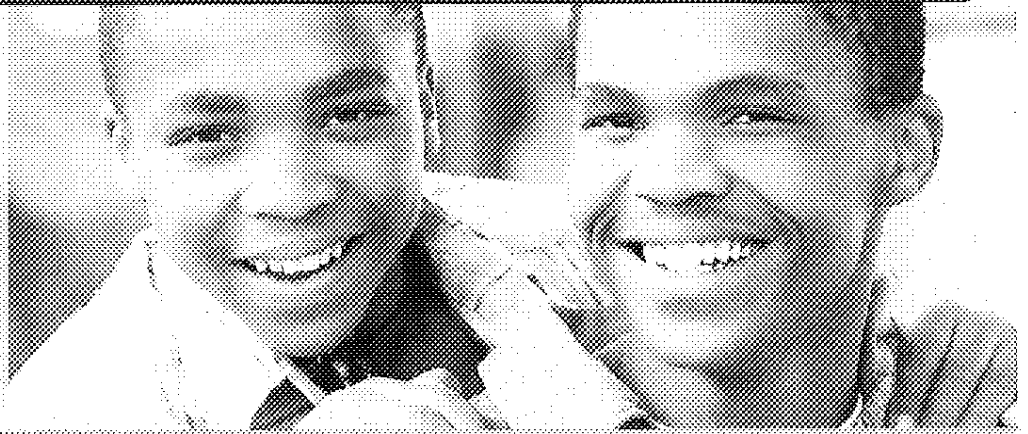
Find all of our dental health resources, including risk assessment quizzes, articles, videos and a free newsletter subscription at: [mysmileway.com](http://mysmileway.com).

\*Group-specific exceptions may apply. Please review your Evidence of Coverage, Summary Plan Description or Group Dental Service Contract for specific details about your plan's coordination of benefits, including rules for determining primary and secondary coverage.

# DeltaCare<sup>®</sup> USA – provided by Delta Dental of California

DELTA CARE<sup>®</sup> USA

Quality  
Convenience  
Predictable  
Costs



We'll do whatever it takes and then some.

## Find a DeltaCare USA dentist

Select from among the many conveniently located DeltaCare USA contracted general dentists. To find the most current listing of DeltaCare USA dental offices:



Visit our website and click on "Find a Dentist" on our home page. Select "DeltaCare USA" as your plan network.

OR

Call Customer Service for help in finding a DeltaCare USA dentist.

## Welcome to DeltaCare USA - quality, convenience, predictable costs

DeltaCare USA (administered by Delta Dental Insurance Company) provides you and your family with quality dental benefits at an affordable cost. The DeltaCare USA program is designed to encourage you and your family to visit the dentist regularly to maintain your dental health.

When you enroll, you select a contract dentist to provide services. The DeltaCare USA network consists of private practice dental facilities that have been carefully screened for quality.

Enroll in DeltaCare USA and you'll enjoy these features:

### Quality

- Extensive benefits for you and your family
- No restrictions on pre-existing conditions, except for work in progress
- Large, stable network of dentists, so you can enjoy a long-term relationship with your dentist

### Convenience

- No claim forms to complete
- Easy access to specialty care
- Expanded business hours for toll-free customer service, from 5 a.m. to 6 p.m., Pacific time

### Predictable costs

- No deductibles
- Out-of-pocket costs are clearly defined
- Out-of-area dental emergency coverage up to \$100 per emergency
- No annual or lifetime dollar maximums

DELTA CARE USA

Administered by Delta Dental Insurance Company

## SCHEDULE A

## Description of Benefits and Copayments

The Benefits shown below are performed as deemed appropriate by the attending Contract Dentist subject to the limitations and exclusions of the Program. Please refer to *Schedule B* for further clarification of Benefits. **Enrollees should discuss all treatment options with their Contract Dentist prior to services being rendered.**

Text that appears in italics below is specifically intended to clarify the delivery of Benefits under the DeltaCare USA Program and is not to be interpreted as CDT-2016 procedure codes, descriptors or nomenclature that are under copyright by the American Dental Association. The American Dental Association may periodically change CDT codes or definitions. Such updated codes, descriptors and nomenclature may be used to describe these covered procedures in compliance with federal legislation.

CODE	DESCRIPTION	ENROLLEE PAYS
<b>D0100-D0999</b>	<b>I. DIAGNOSTIC</b>	
D0120	Periodic oral evaluation - established patient .....	No Cost
D0140	Limited oral evaluation - problem focused .....	No Cost
D0145	Oral evaluation for a patient under three years of age and counseling with primary caregiver .....	No Cost
D0150	Comprehensive oral evaluation - new or established patient .....	No Cost
D0160	Detailed and extensive oral evaluation - problem focused, by report .....	No Cost
D0170	Re-evaluation - limited, problem focused (established patient; not post-operative visit) .....	No Cost
D0171	Re-evaluation - post-operative office visit .....	No Cost
D0180	Comprehensive periodontal evaluation - new or established patient .....	No Cost
D0190	Screening of a patient .....	No Cost
D0191	Assessment of a patient .....	No Cost
D0210	Intraoral - complete series of radiographic images - <i>limited to 1 series every 24 months</i> .....	No Cost
D0220	Intraoral - periapical first radiographic image .....	No Cost
D0230	Intraoral - periapical each additional radiographic image .....	No Cost
D0240	Intraoral - occlusal radiographic image .....	No Cost
D0250	Extraoral - 2D projection radiographic image created using a stationary radiation source, and detector .....	No Cost
D0251	Extraoral posterior dental radiographic image .....	No Cost
D0270	Bitewing - single radiographic image .....	No Cost
D0272	Bitewings - two radiographic images .....	No Cost
D0273	Bitewings three radiographic images .....	No Cost
D0274	Bitewings - four radiographic images - <i>limited to 1 series every 6 months</i> .....	No Cost
D0277	Vertical bitewings - 7 to 8 radiographic images .....	No Cost
D0330	Panoramic radiographic image .....	No Cost
D0415	Collection of microorganisms for culture and sensitivity .....	No Cost
D0425	Caries susceptibility tests .....	No Cost
D0460	Pulp vitality tests .....	No Cost
D0470	Diagnostic casts .....	No Cost
D0472	Accession of tissue, gross examination, preparation and transmission of written report - <i>available only when performed in conjunction with a covered biopsy</i> .....	No Cost
D0473	Accession of tissue, gross and microscopic examination, preparation and transmission of written report - <i>available only when performed in conjunction with a covered biopsy</i> .....	No Cost
D0474	Accession of tissue, gross and microscopic examination, including assessment of surgical margins for presence of disease, preparation and transmission of written report - <i>available only when performed in conjunction with a covered biopsy</i> .....	No Cost
D0601	Caries risk assessment and documentation, with a finding of low risk - <i>limited to children age 3 to 19, 1 every 3 years</i> .....	No Cost
D0602	Caries risk assessment and documentation, with a finding of moderate risk - <i>limited to children age 3 to 19, 1 every 3 years</i> .....	No Cost
D0603	Caries risk assessment and documentation, with a finding of high risk - <i>limited to children age 3 to 19, 1 every 3 years</i> .....	No Cost
D0999	Unspecified diagnostic procedure, by report - <i>includes office visit, per visit (in addition to other services)</i> .....	No Cost
<b>D1000-D1999</b>	<b>II. PREVENTIVE</b>	
D1110	Prophylaxis <i>cleaning</i> - adult - <i>1 per 6 month period</i> .....	No Cost
D1110	<i>Additional prophylaxis cleaning</i> - adult ( <i>within the 6 month period</i> ) .....	\$45.00

D1120	Prophylaxis cleaning - child - 1 per 6 month period .....	No Cost
D1120	Additional prophylaxis cleaning - child (within the 6 month period) .....	\$35.00
D1206	Topical application of fluoride varnish - 1 D1206 or D1208 per 6 month period .....	No Cost
D1208	Topical application of fluoride - excluding varnish - 1 D1206 or D1208 per 6 month period .....	No Cost
D1310	Nutritional counseling for control of dental disease .....	No Cost
D1320	Tobacco counseling for the control and prevention of oral disease .....	No Cost
D1330	Oral hygiene instructions .....	No Cost
D1351	Sealant - per tooth - limited to permanent molars through age 15 .....	No Cost
D1352	Preventive resin restoration in a moderate to high caries risk patient - permanent tooth - limited to permanent molars through age 15 .....	No Cost
D1353	Sealant repair - per tooth - limited to permanent molars through age 15 .....	No Cost
D1354	Interim caries arresting medicament application - 1 per 6 month period .....	No Cost
D1510	Space maintainer - fixed - unilateral .....	No Cost
D1515	Space maintainer - fixed - bilateral .....	No Cost
D1520	Space maintainer - removable - unilateral .....	No Cost
D1525	Space maintainer - removable - bilateral .....	No Cost
D1550	Re-cement or re-bond space maintainer .....	No Cost
D1555	Removal of fixed space maintainer .....	No Cost

**D2000-D2999 III. RESTORATIVE**

- Includes polishing, all adhesives and bonding agents, indirect pulp capping, bases, liners and acid etch procedures.

- When there are more than six crowns in the same treatment plan, an Enrollee may be charged an additional \$125.00 per crown, beyond the 6th unit.

- Replacement of crowns, inlays and onlays requires the existing restoration to be 5+ years old.

\* Name brand, laboratory processed or in-office processed crowns/pontics produced through specialized technique or materials are material upgrades. The Contract Dentist may charge an additional fee not to exceed \$325.00 in addition to the listed Copayment. Refer to Limitation of Benefits #4 for additional information.

D2140	Amalgam - one surface, primary or permanent .....	No Cost
D2150	Amalgam - two surfaces, primary or permanent .....	No Cost
D2160	Amalgam - three surfaces, primary or permanent .....	No Cost
D2161	Amalgam - four or more surfaces, primary or permanent .....	No Cost
D2330	Resin-based composite - one surface, anterior .....	No Cost
D2331	Resin-based composite - two surfaces, anterior .....	No Cost
D2332	Resin-based composite - three surfaces, anterior .....	No Cost
D2335	Resin-based composite - four or more surfaces or involving incisal angle (anterior) .....	No Cost
D2390	Resin-based composite crown, anterior .....	No Cost
D2391	Resin-based composite - one surface, posterior .....	\$25.00
D2392	Resin-based composite - two surfaces, posterior .....	\$30.00
D2393	Resin-based composite - three surfaces, posterior .....	\$35.00
D2394	Resin-based composite - four or more surfaces, posterior .....	\$40.00
D2510	Inlay - metallic - one surface .....	No Cost
D2520	Inlay - metallic - two surfaces .....	No Cost
D2530	Inlay - metallic - three or more surfaces .....	No Cost
D2542	Onlay - metallic - two surfaces .....	No Cost
D2543	Onlay - metallic - three surfaces .....	No Cost
D2544	Onlay - metallic - four or more surfaces .....	No Cost
D2610	Inlay - porcelain/ceramic - one surface* .....	\$50.00
D2620	Inlay - porcelain/ceramic - two surfaces* .....	\$60.00
D2630	Inlay - porcelain/ceramic - three or more surfaces* .....	\$65.00
D2642	Onlay - porcelain/ceramic - two surfaces* .....	\$55.00
D2643	Onlay - porcelain/ceramic - three surfaces* .....	\$65.00
D2644	Onlay - porcelain/ceramic - four or more surfaces* .....	\$70.00
D2650	Inlay - resin-based composite - one surface .....	\$15.00
D2651	Inlay - resin-based composite - two surfaces .....	\$20.00
D2652	Inlay - resin-based composite - three or more surfaces .....	\$30.00
D2662	Onlay - resin-based composite - two surfaces .....	\$25.00
D2663	Onlay - resin-based composite - three surfaces .....	\$35.00
D2664	Onlay - resin-based composite - four or more surfaces .....	\$50.00
D2710	Crown - resin-based composite (indirect) .....	No Cost

D2712	Crown - ¾ resin-based composite (indirect)	No Cost
D2720	Crown - resin with high noble metal	\$30.00
D2721	Crown - resin with predominantly base metal	\$15.00
D2722	Crown - resin with noble metal	\$20.00
D2740	Crown - porcelain/ceramic substrate*	\$85.00
D2750	Crown - porcelain fused to high noble metal*	\$70.00
D2751	Crown - porcelain fused to predominantly base metal	\$55.00
D2752	Crown - porcelain fused to noble metal	\$60.00
D2780	Crown - ¾ cast high noble metal	\$70.00
D2781	Crown - ¾ cast predominantly base metal	\$55.00
D2782	Crown - ¾ cast noble metal	\$60.00
D2783	Crown - ¾ porcelain/ceramic*	\$70.00
D2790	Crown - full cast high noble metal	\$70.00
D2791	Crown - full cast predominantly base metal	\$55.00
D2792	Crown - full cast noble metal	\$60.00
D2794	Crown - titanium	\$70.00
D2910	Re-cement or re-bond inlay, onlay, veneer or partial coverage restoration	No Cost
D2915	Re-cement or re-bond indirectly fabricated or prefabricated post and core	No Cost
D2920	Re-cement or re-bond crown	No Cost
D2921	Reattachment of tooth fragment, incisal edge or cusp ( <i>anterior</i> )	No Cost
D2929	Prefabricated porcelain/ceramic crown - primary tooth - <i>anterior</i>	No Cost
D2930	Prefabricated stainless steel crown - primary tooth	No Cost
D2931	Prefabricated stainless steel crown - permanent tooth	No Cost
D2932	Prefabricated resin crown - <i>anterior primary tooth</i>	No Cost
D2933	Prefabricated stainless steel crown with resin window - <i>anterior primary tooth</i>	No Cost
D2940	Protective restoration	No Cost
D2941	Interim therapeutic restoration - primary dentition	No Cost
D2949	Restorative foundation for an indirect restoration	No Cost
D2950	Core buildup, including any pins when required	No Cost
D2951	Pin retention - per tooth, in addition to restoration	No Cost
D2952	Post and core in addition to crown, indirectly fabricated - <i>includes canal preparation</i>	No Cost
D2953	Each additional indirectly fabricated post - same tooth - <i>includes canal preparation</i>	No Cost
D2954	Prefabricated post and core in addition to crown - <i>base metal post; includes canal preparation</i>	No Cost
D2955	Post removal	No Cost
D2957	Each additional prefabricated post - same tooth - <i>base metal post; includes canal preparation</i>	No Cost
D2960	Labial veneer (resin laminate) - chairside - <i>limited to replacement of significant tooth structure loss due to caries or fracture</i>	\$245.00
D2961	Labial veneer (resin laminate) - laboratory - <i>limited to replacement of significant tooth structure loss due to caries or fracture</i>	\$295.00
D2962	Labial veneer (porcelain laminate) - laboratory - <i>limited to replacement of significant tooth structure loss due to caries or fracture</i>	\$345.00
D2971	Additional procedures to construct new crown under existing partial denture framework	\$14.00
D2980	Crown repair necessitated by restorative material failure	No Cost
D2981	Inlay repair necessitated by restorative material failure	No Cost
D2982	Onlay repair necessitated by restorative material failure	No Cost
D2983	Veneer repair necessitated by restorative material failure	No Cost
D2990	Resin infiltration of incipient smooth surface lesions - <i>limited to permanent molars through age 15</i>	No Cost

**D3000-D3999 IV. ENDODONTICS**

D3110	Pulp cap - direct (excluding final restoration)	No Cost
D3120	Pulp cap - indirect (excluding final restoration)	No Cost
D3220	Therapeutic pulpotomy (excluding final restoration) - removal of pulp coronal to the dentinocemental junction and application of medicament	No Cost
D3221	Pulpal debridement, primary and permanent teeth	No Cost
D3222	Partial pulpotomy for apexogenesis - permanent tooth with incomplete root development	No Cost
D3230	Pulpal therapy (resorbable filling) - anterior, primary tooth (excluding final restoration)	No Cost
D3240	Pulpal therapy (resorbable filling) - posterior, primary tooth (excluding final restoration)	No Cost



D3310	Root canal - endodontic therapy, anterior tooth (excluding final restoration)	\$20.00
D3320	Root canal - endodontic therapy, bicuspid tooth (excluding final restoration)	\$40.00
D3330	Root canal - endodontic therapy, molar (excluding final restoration)	\$60.00
D3331	Treatment of root canal obstruction; non-surgical access	\$40.00
D3332	Incomplete endodontic therapy; inoperable, unrestorable or fractured tooth	\$40.00
D3333	Internal root repair of perforation defects	\$40.00
D3346	Retreatment of previous root canal therapy - anterior	\$35.00
D3347	Retreatment of previous root canal therapy - bicuspid	\$50.00
D3348	Retreatment of previous root canal therapy - molar	\$95.00
D3351	Apexification/recalcification - initial visit (apical closure/calcific repair of perforations, root resorption, etc.)	\$55.00
D3352	Apexification/recalcification - interim medication replacement (apical closure/calcific repair of perforations, root resorption, pulp space disinfection, etc.)	\$45.00
D3353	Apexification/recalcification - final visit (includes completed root canal therapy - apical closure/calcific repair of perforations, root resorption, etc.)	\$45.00
D3410	Apicoectomy - anterior	No Cost
D3421	Apicoectomy - bicuspid (first root)	No Cost
D3425	Apicoectomy - molar (first root)	No Cost
D3426	Apicoectomy (each additional root)	No Cost
D3427	Periradicular surgery without apicoectomy	No Cost
D3430	Retrograde filling - per root	No Cost
D3450	Root amputation - per root	No Cost
D3920	Hemisection (including any root removal), not including root canal therapy	No Cost

**D4000-D4999 V. PERIODONTICS**

- Includes preoperative and postoperative evaluations and treatment under a local anesthetic.

D4210	Gingivectomy or gingivoplasty - four or more contiguous teeth or tooth bounded spaces per quadrant	No Cost
D4211	Gingivectomy or gingivoplasty - one to three contiguous teeth or tooth bounded spaces per quadrant	No Cost
D4212	Gingivectomy or gingivoplasty to allow access for restorative procedure, per tooth	No Cost
D4240	Gingival flap procedure, including root planing - four or more contiguous teeth or tooth bounded spaces per quadrant	No Cost
D4241	Gingival flap procedure, including root planing - one to three contiguous teeth or tooth bounded spaces per quadrant	No Cost
D4245	Apically positioned flap	\$45.00
D4249	Clinical crown lengthening - hard tissue	\$45.00
D4260	Osseous surgery (including elevation of a full thickness flap and closure) - four or more contiguous teeth or tooth bounded spaces per quadrant	\$75.00
D4261	Osseous surgery (including elevation of a full thickness flap and closure) - one to three contiguous teeth or tooth bounded spaces per quadrant	\$60.00
D4263	Bone replacement graft - first site in quadrant	\$125.00
D4264	Bone replacement graft - each additional site in quadrant	\$45.00
D4266	Guided tissue regeneration - resorbable barrier, per site	\$100.00
D4267	Guided tissue regeneration - nonresorbable barrier, per site (includes membrane removal)	\$140.00
D4270	Pedicle soft tissue graft procedure	\$125.00
D4273	Autogenous connective tissue graft procedure (including donor and recipient surgical sites) first tooth, implant, or edentulous tooth position in graft	\$75.00
D4274	Distal or proximal wedge procedure (when not performed in conjunction with surgical procedures in the same anatomical area)	No Cost
D4275	Non-autogenous connective tissue graft (including recipient site and donor material) first tooth, implant, or edentulous tooth position in graft	\$115.00
D4277	Free soft tissue graft procedure (including recipient and donor surgical sites) first tooth, implant, or edentulous tooth position in graft	\$125.00
D4278	Free soft tissue graft procedure (including recipient and donor surgical sites) each additional contiguous tooth, implant, or edentulous tooth position in same graft site	\$125.00
D4283	Autogenous connective tissue graft procedure (including donor and recipient surgical sites) - each additional contiguous tooth, implant or edentulous tooth position in same graft site	\$45.00
D4285	Non-autogenous connective tissue graft procedure (including recipient surgical site and donor material) - each additional contiguous tooth, implant or edentulous tooth position in same graft site	\$69.00
D4341	Periodontal scaling and root planing - four or more teeth per quadrant - limited to 4 quadrants during any 12 consecutive months	No Cost

D4342	Periodontal scaling and root planing - one to three teeth per quadrant - <i>limited to 4 quadrants during any 12 consecutive months</i> .....	No Cost
D4355	Full mouth debridement to enable comprehensive evaluation and diagnosis - <i>limited to 1 treatment in any 12 consecutive months</i> .....	No Cost
D4381	Localized delivery of antimicrobial agents via a controlled release vehicle into diseased crevicular tissue, per tooth - <i>for each of the first two teeth treated within a quadrant following root planing or periodontal maintenance</i> ..	\$60.00
D4381	Localized delivery of antimicrobial agents via a controlled release vehicle into diseased crevicular tissue, per tooth - <i>for an additional tooth treated in the same quadrant following root planing or periodontal maintenance</i> .....	No Cost
D4910	Periodontal maintenance - <i>limited to 1 treatment each 6 month period</i> .....	No Cost
D4910	Additional periodontal maintenance (within the 6 month period) .....	\$55.00
D4921	Gingival irrigation - per quadrant .....	No Cost

**D5000-D5899 VI. PROSTHODONTICS (removable)**

- For all listed dentures and partial dentures, Copayment includes after delivery adjustments and tissue conditioning, if needed, for the first six months after placement. The Enrollee must continue to be eligible, and the service must be provided at the Contract Dentist's facility where the denture was originally delivered.

- Rebases, relines and tissue conditioning are limited to 1 per denture during any 12 consecutive months.

- Replacement of a denture or a partial denture requires the existing denture to be 5+ years old.

D5110	Complete denture - maxillary .....	\$75.00
D5120	Complete denture - mandibular .....	\$75.00
D5130	Immediate denture - maxillary .....	\$85.00
D5140	Immediate denture - mandibular .....	\$85.00
D5211	Maxillary partial denture - resin base (including any conventional clasps, rests and teeth) .....	\$80.00
D5212	Mandibular partial denture - resin base (including any conventional clasps, rests and teeth) .....	\$80.00
D5213	Maxillary partial denture - cast metal framework with resin denture bases (including any conventional clasps, rests and teeth) .....	\$95.00
D5214	Mandibular partial denture - cast metal framework with resin denture bases (including any conventional clasps, rests and teeth) .....	\$95.00
D5221	Immediate maxillary partial denture - resin base (including any conventional clasps, rests and teeth) .....	\$80.00
D5222	Immediate mandibular partial denture - resin base (including any conventional clasps, rests and teeth) .....	\$80.00
D5223	Immediate maxillary partial denture - cast metal framework with resin denture bases (including any conventional clasps, rests and teeth) .....	\$95.00
D5224	Immediate mandibular partial denture - cast metal framework with resin denture bases (including any conventional clasps, rests and teeth) .....	\$95.00
D5225	Maxillary partial denture - flexible base (including any clasps, rests and teeth) .....	\$195.00
D5226	Mandibular partial denture - flexible base (including any clasps, rests and teeth) .....	\$195.00
D5281	Removable unilateral partial denture - one piece cast metal (including clasps and teeth) .....	\$80.00
D5410	Adjust complete denture - maxillary .....	No Cost
D5411	Adjust complete denture - mandibular .....	No Cost
D5421	Adjust partial denture - maxillary .....	No Cost
D5422	Adjust partial denture - mandibular .....	No Cost
D5510	Repair broken complete denture base .....	No Cost
D5520	Replace missing or broken teeth - complete denture (each tooth) .....	No Cost
D5610	Repair resin denture base .....	No Cost
D5620	Repair cast framework .....	No Cost
D5630	Repair or replace broken clasp - per tooth .....	No Cost
D5640	Replace broken teeth - per tooth .....	No Cost
D5650	Add tooth to existing partial denture .....	No Cost
D5660	Add clasp to existing partial denture - per tooth .....	No Cost
D5670	Replace all teeth and acrylic on cast metal framework (maxillary) .....	\$65.00
D5671	Replace all teeth and acrylic on cast metal framework (mandibular) .....	\$65.00
D5710	Rebase complete maxillary denture .....	\$30.00
D5711	Rebase complete mandibular denture .....	\$30.00
D5720	Rebase maxillary partial denture .....	\$30.00
D5721	Rebase mandibular partial denture .....	\$30.00
D5730	Reline complete maxillary denture (chairside) .....	No Cost
D5731	Reline complete mandibular denture (chairside) .....	No Cost
D5740	Reline maxillary partial denture (chairside) .....	No Cost
D5741	Reline mandibular partial denture (chairside) .....	No Cost

D5750	Reline complete maxillary denture (laboratory) .....	\$25.00
D5751	Reline complete mandibular denture (laboratory) .....	\$25.00
D5760	Reline maxillary partial denture (laboratory) .....	\$25.00
D5761	Reline mandibular partial denture (laboratory) .....	\$25.00
D5820	Interim partial denture (maxillary) - limited to 1 in any 12 consecutive months .....	No Cost
D5821	Interim partial denture (mandibular) - limited to 1 in any 12 consecutive months .....	No Cost
D5850	Tissue conditioning, maxillary .....	No Cost
D5851	Tissue conditioning, mandibular .....	No Cost

**D5900-D5999 VII. MAXILLOFACIAL PROSTHETICS - Not Covered****D6000-D6199 VIII. IMPLANT SERVICES - Not Covered****D6200-D6999 IX. PROSTHODONTICS, fixed (each retainer and each pontic constitutes a unit in a fixed partial denture [bridge])**

- When a crown and/or pontic exceeds six units in the same treatment plan, an Enrollee may be charged an additional \$125.00 per unit, beyond the 6th unit.

- Replacement of a crown, pontic, inlay, onlay or stress breaker requires the existing bridge to be 5+ years old.

\* Name brand, laboratory processed or in-office processed crowns/pontics produced through specialized technique or materials are material upgrades. The Contract Dentist may charge an additional fee not to exceed \$325.00 in addition to the listed Copayment. Refer to Limitation of Benefits #4 for additional information.

D6205	Pontic - indirect resin based composite .....	\$30.00
D6210	Pontic - cast high noble metal .....	\$70.00
D6211	Pontic - cast predominantly base metal .....	\$55.00
D6212	Pontic - cast noble metal .....	\$60.00
D6214	Pontic - titanium .....	\$70.00
D6240	Pontic - porcelain fused to high noble metal* .....	\$70.00
D6241	Pontic - porcelain fused to predominantly base metal .....	\$55.00
D6242	Pontic - porcelain fused to noble metal .....	\$60.00
D6245	Pontic - porcelain/ceramic* .....	\$70.00
D6250	Pontic - resin with high noble metal .....	\$30.00
D6251	Pontic - resin with predominantly base metal .....	\$15.00
D6252	Pontic - resin with noble metal .....	\$20.00
D6600	Retainer inlay - porcelain/ceramic, two surfaces .....	\$60.00
D6601	Retainer inlay - porcelain/ceramic, three or more surfaces .....	\$65.00
D6602	Retainer inlay - cast high noble metal, two surfaces .....	\$70.00
D6603	Retainer inlay - cast high noble metal, three or more surfaces .....	\$70.00
D6604	Retainer inlay - cast predominantly base metal, two surfaces .....	No Cost
D6605	Retainer inlay - cast predominantly base metal, three or more surfaces .....	No Cost
D6606	Retainer inlay - cast noble metal, two surfaces .....	\$60.00
D6607	Retainer inlay - cast noble metal, three or more surfaces .....	\$60.00
D6608	Retainer onlay - porcelain/ceramic, two surfaces .....	\$55.00
D6609	Retainer onlay - porcelain/ceramic, three or more surfaces .....	\$65.00
D6610	Retainer onlay - cast high noble metal, two surfaces .....	\$70.00
D6611	Retainer onlay - cast high noble metal, three or more surfaces .....	\$70.00
D6612	Retainer onlay - cast predominantly base metal, two surfaces .....	No Cost
D6613	Retainer onlay - cast predominantly base metal, three or more surfaces .....	No Cost
D6614	Retainer onlay - cast noble metal, two surfaces .....	\$60.00
D6615	Retainer onlay - cast noble metal, three or more surfaces .....	\$60.00
D6710	Retainer crown - indirect resin based composite .....	\$30.00
D6720	Retainer crown - resin with high noble metal .....	\$30.00
D6721	Retainer crown - resin with predominantly base metal .....	\$15.00
D6722	Retainer crown - resin with noble metal .....	\$20.00
D6740	Retainer crown - porcelain/ceramic* .....	\$70.00
D6750	Retainer crown - porcelain fused to high noble metal* .....	\$70.00
D6751	Retainer crown - porcelain fused to predominantly base metal .....	\$55.00
D6752	Retainer crown - porcelain fused to noble metal .....	\$60.00
D6780	Retainer crown - ¾ cast high noble metal .....	\$70.00
D6781	Retainer crown - ¾ cast predominantly base metal .....	\$55.00

Plan CA42N	DeltaCare USA	Description of Benefits and Copayments
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D6782	Retainer crown - ¾ cast noble metal	\$60.00
D8783	Retainer crown - ¾ porcelain/ceramic*	\$70.00
D6790	Retainer crown - full cast high noble metal	\$70.00
D6791	Retainer crown - full cast predominantly base metal	\$50.00
D6792	Retainer crown - full cast noble metal	\$60.00
D6794	Retainer crown - titanium	\$70.00
D6930	Re-cement or re-bond fixed partial denture	No Cost
D6940	Stress breaker	No Cost
D6980	Fixed partial denture repair necessitated by restorative material failure	No Cost

**D7000-D7999 X. ORAL AND MAXILLOFACIAL SURGERY**

- Includes preoperative and postoperative evaluations and treatment under a local anesthetic.

D7111	Extraction, coronal remnants - deciduous tooth	No Cost
D7140	Extraction, erupted tooth or exposed root (elevation and/or forceps removal)	No Cost
D7210	Surgical removal of erupted tooth requiring removal of bone and/or sectioning of tooth, and including elevation of mucoperiosteal flap if indicated	\$10.00
D7220	Removal of impacted tooth - soft tissue	\$15.00
D7230	Removal of impacted tooth - partially bony	\$25.00
D7240	Removal of impacted tooth - completely bony	\$35.00
D7241	Removal of impacted tooth - completely bony, with unusual surgical complications	\$50.00
D7250	Surgical removal of residual tooth roots (cutting procedure)	No Cost
D7251	Coronectomy - intentional partial tooth removal	\$50.00
D7270	Tooth reimplantation and/or stabilization of accidentally evulsed or displaced tooth	\$35.00
D7280	Surgical access of an unerupted tooth	\$25.00
D7282	Mobilization of erupted or malpositioned tooth to aid eruption	\$25.00
D7283	Placement of device to facilitate eruption of impacted tooth	No Cost
D7286	Incisional biopsy of oral tissue - soft - does not include pathology laboratory procedures	No Cost
D7310	Alveoplasty in conjunction with extractions - four or more teeth or tooth spaces, per quadrant	No Cost
D7311	Alveoplasty in conjunction with extractions - one to three teeth or tooth spaces, per quadrant	No Cost
D7320	Alveoplasty not in conjunction with extractions - four or more teeth or tooth spaces, per quadrant	No Cost
D7321	Alveoplasty not in conjunction with extractions - one to three teeth or tooth spaces, per quadrant	No Cost
D7450	Removal of benign odontogenic cyst or tumor - lesion diameter up to 1.25 cm	No Cost
D7451	Removal of benign odontogenic cyst or tumor - lesion diameter greater than 1.25 cm	No Cost
D7471	Removal of lateral exostosis (maxilla or mandible)	No Cost
D7472	Removal of torus palatinus	No Cost
D7473	Removal of torus mandibularis	No Cost
D7510	Incision and drainage of abscess - intraoral soft tissue	No Cost
D7960	Frenulectomy - also known as frenectomy or frenotomy - separate procedure not incidental to another procedure	No Cost
D7970	Excision of hyperplastic tissue - per arch	No Cost
D7971	Excision of pericoronal gingiva	No Cost

**D8000-D8999 XI. ORTHODONTICS**

- The listed Copayment for each phase of orthodontic treatment (limited, interceptive or comprehensive) covers up to 24 months of active treatment. Beyond 24 months, an additional monthly fee, not to exceed \$125.00, may apply.  
 - The Retention Copayment includes adjustments and/or office visits up to 24 months.

**Pre and post orthodontic records include:**

The benefit for pre-treatment records and diagnostic services includes: ..... \$200.00

D0210	Intraoral - complete series of radiographic images
D0322	Tomographic survey
D0330	Panoramic radiographic image
D0340	2D cephalometric radiographic image - acquisition, measurement and analysis
D0350	2D oral/facial photographic images obtained intraorally or extraorally
D0351	3D photographic image
D0470	Diagnostic casts

The benefit for post-treatment records includes: ..... \$70.00

D0210	Intraoral - complete series of radiographic images
D0470	Diagnostic casts

D8010	Limited orthodontic treatment of the primary dentition .....	\$725.00
D8020	Limited orthodontic treatment of the transitional dentition - <i>child or adolescent to age 19</i> .....	\$725.00
D8030	Limited orthodontic treatment of the adolescent dentition - <i>adolescent to age 19</i> .....	\$725.00
D8040	Limited orthodontic treatment of the adult dentition - <i>adults, including covered dependent adult children</i> .....	\$925.00
D8050	Interceptive orthodontic treatment of the primary dentition .....	\$725.00
D8060	Interceptive orthodontic treatment of the transitional dentition .....	\$725.00
D8070	Comprehensive orthodontic treatment of the transitional dentition - <i>child or adolescent to age 19</i> .....	\$1,700.00
D8080	Comprehensive orthodontic treatment of the adolescent dentition - <i>adolescent to age 19</i> .....	\$1,700.00
D8090	Comprehensive orthodontic treatment of the adult dentition - <i>adults, including covered dependent adult children</i> .....	\$1,900.00
D8660	Pre-orthodontic treatment examination to monitor growth and development .....	\$25.00
D8670	Periodic orthodontic treatment visit - <i>included in comprehensive case fee</i> .....	No Cost
D8680	Orthodontic retention (removal of appliances, construction and placement of <i>removable retainers</i> ) .....	\$275.00
D8681	Removable orthodontic retainer adjustment .....	No Cost
D8693	Re-bond or re-cement fixed retainer - <i>limited to 2 per 6 month period</i> .....	No Cost
D8694	Repair of fixed retainers, includes reattachment - <i>limited to 2 per 6 month period</i> .....	No Cost
D8999	Unspecified orthodontic procedure, by report - <i>includes treatment planning session</i> .....	\$100.00

**D9000-D9999 XII. ADJUNCTIVE GENERAL SERVICES**

D9110	Palliative (emergency) treatment of dental pain - minor procedure .....	No Cost
D9211	Regional block anesthesia .....	No Cost
D9212	Trigeminal division block anesthesia .....	No Cost
D9215	Local anesthesia in conjunction with operative or surgical procedures .....	No Cost
D9219	Evaluation for deep sedation or general anesthesia .....	No Cost
D9223	Deep sedation/general anesthesia - each 15 minute increment .....	\$80.00
D9243	Intravenous moderate (conscious) sedation/analgesia - each 15 minute increment .....	\$80.00
D9310	Consultation - diagnostic service provided by dentist or physician other than requesting dentist or physician .....	No Cost
D9430	Office visit for observation (during regularly scheduled hours) - no other services performed .....	No Cost
D9440	Office visit - after regularly scheduled hours .....	\$20.00
D9450	Case presentation, detailed and extensive treatment planning .....	No Cost
D9932	Cleaning and inspection of removable complete denture, maxillary .....	No Cost
D9933	Cleaning and inspection of removable complete denture, mandibular .....	No Cost
D9934	Cleaning and inspection of removable partial denture, maxillary .....	No Cost
D9935	Cleaning and inspection of removable partial denture, mandibular .....	No Cost
D9940	Occlusal guard, by report - <i>limited to 1 in 3 years</i> .....	\$75.00
D9943	Occlusal guard adjustment .....	\$10.00
D9951	Occlusal adjustment, limited .....	No Cost
D9952	Occlusal adjustment, complete .....	No Cost
D9975	External bleaching for home application, per arch; includes materials and fabrication of custom trays - <i>limited to one bleaching tray and gel for two weeks of self-treatment</i> .....	\$125.00
D9986	Missed appointment - <i>without 24 hour notice - per 15 minutes of appointment time - up to an overall maximum of \$40.00</i> .....	\$10.00
D9987	Canceled appointment - <i>without 24 hour notice - per 15 minutes of appointment time - up to an overall maximum of \$40.00</i> .....	\$10.00

If services for a listed procedure are performed by the assigned Contract Dentist, the Enrollee pays the specified Copayment. Listed procedures which require a Dentist to provide Specialist Services, and are referred by the assigned Contract Dentist, must be authorized by Delta Dental. The Enrollee pays the Copayment specified for such services.

Procedures not listed above are not covered, however, may be available at the Contract Dentist's "filed fees." "Filed fees" mean the Contract Dentist's fees on file with Delta Dental. Questions regarding these fees should be directed to the Customer Service department at 800-422-4234.

**SCHEDULE B**

**Limitations of Benefits**

1. The frequency of certain Benefits is limited. All frequency limitations are listed in *Schedule A, Description of Benefits and Copayments*.
2. If the Enrollee accepts a treatment plan from the Contract Dentist that includes any combination of more than six crowns, bridge pontics and/or bridge retainers, the Enrollee may be charged an additional \$100.00 above the listed Copayment for each of these services after the sixth unit has been provided.
3. General anesthesia and/or intravenous sedation/analgesia is limited to treatment by a contracted oral surgeon and in conjunction with an approved referral for the removal of one or more partial or full bony impactions, (Procedures D7230, D7240, and D7241).
4. Benefits provided by a pediatric Dentist are limited to children through age seven following an attempt by the assigned Contract Dentist to treat the child and upon prior authorization by Delta Dental, less applicable Copayments. Exceptions for medical conditions, regardless of age limitation, will be considered on an individual basis.
5. The cost to an Enrollee receiving orthodontic treatment whose coverage is cancelled or terminated for any reason will be based on the Contract Orthodontist's usual fee for the treatment plan. The Contract Orthodontist will prorate the amount for the number of months remaining to complete treatment. The Enrollee makes payment directly to the Contract Orthodontist as arranged.
6. Orthodontic treatment in progress is limited to new DeltaCare USA Enrollees who, at the time of their original effective date, are in active treatment started under their previous employer sponsored dental plan, as long as they continue to be eligible under the DeltaCare USA Program. Active treatment means tooth movement has begun. Enrollees are responsible for all Copayments and fees subject to the provisions of their prior dental plan. Delta Dental is financially responsible only for amounts unpaid by the prior dental plan for qualifying orthodontic cases.

**Exclusions of Benefits**

1. Any procedure that is not specifically listed under *Schedule A, Description of Benefits and Copayments*.
2. Any procedure that in the professional opinion of the Contract Dentist:
  - a. has poor prognosis for a successful result and reasonable longevity based on the condition of the tooth or teeth and/or surrounding structures, or
  - b. is inconsistent with generally accepted standards for dentistry.
3. Services solely for cosmetic purposes, with the exception of procedure D9975 (External bleaching for home application, per arch), or for conditions that are a result of hereditary or developmental defects, such as cleft palate, upper and lower jaw malformations, congenitally missing teeth and teeth that are discolored or lacking enamel, except for the treatment of newborn children with congenital defects or birth abnormalities.
4. Porcelain crowns, porcelain fused to metal, cast metal or resin with metal type crowns and fixed partial dentures (bridges) for children under 16 years of age.
5. Lost or stolen appliances including, but not limited to, full or partial dentures, space maintainers, crowns and fixed partial dentures (bridges).
6. Procedures, appliances or restoration if the purpose is to change vertical dimension, or to diagnose or treat abnormal conditions of the temporomandibular joint (TMJ).
7. Precious metal for removable appliances, metallic or permanent soft bases for complete dentures, porcelain denture teeth, precision abutments for removable partials or fixed partial dentures (overlays, implants, and appliances associated therewith) and personalization and characterization of complete and partial dentures.
8. Implant-supported dental appliances and attachments, implant placement, maintenance, removal and all other services associated with a dental implant.
9. Consultations for non-covered benefits.
10. Dental services received from any dental facility other than the assigned Contract Dentist, a preauthorized dental specialist, or a Contract Orthodontist except for *Emergency Services* as described in the Contract and/or Evidence of Coverage.
11. All related fees for admission, use, or stays in a hospital, out-patient surgery center, extended care facility, or other similar care facility.
12. Prescription drugs.

## Limitations and Exclusions of Benefits

13. Dental expenses incurred in connection with any dental or orthodontic procedure started before the Enrollee's eligibility with the DeltaCare USA Program. Examples include: teeth prepared for crowns, root canals in progress, full or partial dentures for which an impression has been taken and orthodontics unless qualified for the orthodontic treatment in progress provision.
14. Lost, stolen or broken orthodontic appliances.
15. Changes in orthodontic treatment necessitated by accident of any kind.
16. Myofunctional and parafunctional appliances and/or therapies, with the exception of procedure D9940 (occlusal guard, per report).
17. Composite or ceramic brackets, lingual adaptation of orthodontic bands and other specialized or cosmetic alternatives to standard fixed and removable orthodontic appliances.
18. Treatment or appliances that are provided by a Dentist whose practice specializes in prosthodontic services.

# Getting the most from your plan

DELTA CARE USA

Quality  
Convenience  
Predictable  
Costs

With DeltaCare USA, there are no claim forms to submit.



Select a DeltaCare USA dentist.



Receive your welcome kit



Schedule an appointment



Receive dental care



Pay only your copayment directly to dentist

No paperwork.  
No hassle.

## Save money with a DeltaCare® USA dentist

DeltaCare USA plans feature:

- Set copayments.
- No annual deductibles and no maximums for covered benefits.
- Low out-of-pocket costs for many diagnostic and preventive services (such as professional cleanings and regular dental exams).

## Choosing your DeltaCare USA dentist

When you enroll, you choose from many conveniently located DeltaCare USA contracted general dentists to receive benefits under your plan. To find the most current listing of DeltaCare USA network dental offices:

- Visit our website and click on "Find a Dentist" on our home page.
- Select "DeltaCare USA" as your plan network.

You can also call Customer Service for help in finding a dentist.

## Visit your DeltaCare USA dentist

You must visit your selected DeltaCare USA dentist to receive benefits under your plan.

- If you do not select a dentist, we will select a dentist for you.
- Family members may select a different dentist for treatment within the covered service area. Refer to your plan booklet for details.
- You can change your selected network dentist by telephone or through our website.
- Changes received by the 21st of the month will be effective the first day of the following month.

## Easy to use

- We will notify your DeltaCare USA dentist about your enrollment in the plan and other important details about your coverage such as dependent information, group number and enrollee ID number.
- No ID card is required to receive services; simply provide the dental office with your name, date of birth and social security or enrollee ID number.
- With DeltaCare USA, there are no claim forms to submit. And, since you are responsible only for the copayment at the time of treatment, you will not receive a claims statement.
- Predictable costs: you'll find a complete list of covered procedures, copayments, plan limitations and exclusions in your plan booklet.

## Specialty care and authorizations

If you require treatment from a specialist, your DeltaCare USA general dentist will coordinate any referrals for you.

In some states, Delta Dental must pre-authorize any dental services, with the exception of emergency treatment, that are not performed by your DeltaCare USA general dentist. Please refer to your plan booklet for specific details about your plan.

DELTA CARE USA



### Dual coverage/Coordination of benefits

If your spouse has coverage with another dental plan, you or your family members may be covered by both dental plans.\*

- We do not coordinate benefits with the other plan when you receive treatment from your DeltaCare USA general dentist. However, if you receive authorized treatment from a specialist (such as an oral surgeon), we will coordinate benefits with the other carrier.
- Ask your specialist to submit the other plan's explanation of benefits with the DeltaCare USA claim form and we'll take it from there.

### Orthodontic treatment in progress

DeltaCare USA has an orthodontic treatment-in-progress provision that allows new enrollees to continue treatment with their current orthodontist, as long as the enrollee is in active treatment started under his or her previous employer-sponsored dental plan. Enrollees are responsible for all copayments and fees subject to the provisions of their prior dental plan.\*\*

### Transitioning from another plan?

Your DeltaCare USA plan covers treatment started and completed only after your plan's effective date of coverage. If you have any dental treatment in progress when your coverage begins — root canals in progress, teeth prepared for crowns and dentures for which an impression has been taken — those expenses are not covered by your DeltaCare USA plan. However, DeltaCare USA plans have no exclusion for pre-existing dental conditions or missing teeth.

\* Group-specific exceptions may apply. Please review your plan booklet for specific details about your plan's coordination of benefits, including rules for determining primary and secondary coverage.

\*\* This provision may not apply to all plans. Please refer to your plan booklet for specific coverage details.

### Visit our website: [deltadentalins.com](http://deltadentalins.com)

On our website, you can:

- Find a dentist in our online directory
- Review benefits
- Verify eligibility
- Print an ID card and much more

To access some services, you'll need to log in: simply enter your username and password in the designated boxes and submit. If you are visiting our website for the first time, you'll need to complete a quick one-time registration process by clicking the "Register Today" link.

### Questions about your plan?

If you have questions, you can check your benefits and eligibility information on our website or on our interactive voice response telephone line. For more information, you may also contact us through our website or call one of our helpful multilingual Customer Service representatives toll-free during business hours.



With DeltaCare USA, you and your family will enjoy many new features including:



Expanded business hours/  
toll-free customer service



Out-of-area  
emergency coverage



Orthodontic treatment  
in progress provision

## Additional Information

Find all of our dental health resources, including risk assessment quizzes, articles, videos and a free newsletter subscription, at: [mysmileway.com](http://mysmileway.com).

## Connect with us

[facebook.com/deltadentalins](https://facebook.com/deltadentalins)  
[twitter.com/deltadentalins](https://twitter.com/deltadentalins)  
[youtube.com/deltadentalins](https://youtube.com/deltadentalins)

Delta Dental PPO<sup>SM</sup> is underwritten by Delta Dental Insurance Company in AL, DC, FL, GA, IA, MS, MT, NY and UT and by not-for-profit dental service companies in these states: CA -- Delta Dental of California, PA, MD -- Delta Dental of Pennsylvania, NY -- Delta Dental of New York, Inc., DE -- Delta Dental of Delaware, Inc., WV -- Delta Dental of West Virginia. In Texas, Delta Dental Insurance Company provides a Dental Provider Organization (DPO) plan.

DeltaCare<sup>®</sup> USA is underwritten in these states by these entities: AL -- Alpha Dental of Alabama, Inc.; CA -- Delta Dental of California, AR, CO, IA, MI, OR, RI, SC, WA, WI, WY -- Dentegra Insurance Company; DE, FL, GA, KS, TN, WY and Washington, D.C. -- Delta Dental Insurance Company; HI, ID, IN, KY, MD, MO, NJ, TX -- Alpha Dental Programs, Inc.; UT -- Alpha Dental of Utah, Inc.; NY -- Delta Dental of New York, Inc.; PA -- Delta Dental of Pennsylvania; VA -- Delta Dental of Virginia. Delta Dental Insurance Company acts as the DeltaCare USA administrator in all these states. These companies are financially responsible for their own products.

### We Keep You Smiling

Advancing dental health and access through exceptional dental benefits service, technology and professional support.

### Delta Dental Customer Service

Delta Dental PPO  
Call 800-765-6003  
100 First Street  
San Francisco, CA 94105

DeltaCare USA  
Call 800-422-4234  
P.O. Box 1803  
Alpharetta, GA 30023



[deltadentalins.com](http://deltadentalins.com)



# Your Vision Benefits Summary



Get the best in eye care and eyewear with COUNTY OF TULARE and VSP® Vision Care.

## Using your VSP benefit is easy.

- **Create an account at [vsp.com](http://vsp.com).** Once your plan is effective, review your benefit information.
- **Find an eye care provider who's right for you.** The decision is yours to make—choose a VSP doctor, a participating retail chain, or any out-of-network provider. To find a VSP provider, visit [vsp.com](http://vsp.com) or call **800.877.7195**.
- **At your appointment, tell them you have VSP.** There's no ID card necessary. If you'd like a card as a reference, you can print one on [vsp.com](http://vsp.com).

**That's it! We'll handle the rest**—there are no claim forms to complete when you see a VSP provider.

## Primary Eye Care

As a VSP member, you can visit your VSP doctor for medical and urgent eye care. Your VSP doctor can diagnose, treat, and monitor common eye conditions like pink eye, and more serious conditions like sudden vision loss, glaucoma, diabetic eye disease, and cataracts. Ask your VSP doctor for details.

## Choice in Eyewear

From classic styles to the latest designer frames, you'll find hundreds of options. Choose from featured frame brands like bebe®, Calvin Klein, Cole Haan, Flexon®, Lacoste, Nike, Nine West, and more<sup>1</sup>. Visit [vsp.com](http://vsp.com) to find a Premier Program location that carries these brands. Prefer to shop online? Check out all of the brands at [Eyeconic.com](http://Eyeconic.com), VSP's online eyewear store.

## Plan Information

**VSP Coverage Effective Date:** 01/01/2017

**VSP Provider Network:** VSP Choice

SAN JOAQUIN VALLEY INSURANCE AUTHORITY and VSP provide you with an affordable eyecare plan.

Visit [vsp.com](http://vsp.com) or call **800.877.7195** for more details on your vision coverage and exclusive savings and promotions for VSP members.

<sup>1</sup>Brands/Promotion subject to change.

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Your Coverage with a VSP Provider			
<b>WellVision Exam</b>	<ul style="list-style-type: none"> <li>• Focuses on your eyes and overall wellness</li> <li>• Every 12 months</li> </ul>	\$10	
<b>Prescription Glasses</b> \$25			
<b>Frame</b>	<ul style="list-style-type: none"> <li>• \$130 allowance for a wide selection of frames</li> <li>• \$150 allowance for featured frame brands (see 'Extra Savings' below)</li> <li>• 20% savings on the amount over your allowance</li> <li>• \$70 Costco® frame allowance</li> <li>• Every 24 months</li> </ul>	Included in Prescription Glasses	
<b>Lenses</b>	<ul style="list-style-type: none"> <li>• Single vision, lined bifocal, and lined trifocal lenses</li> <li>• Polycarbonate lenses for dependent children</li> <li>• Every 12 months</li> </ul>	Included in Prescription Glasses	
<b>Lens Enhancements</b>	<ul style="list-style-type: none"> <li>• Standard progressive lenses</li> <li>• Premium progressive lenses</li> <li>• Custom progressive lenses</li> <li>• Average savings of 20-25% on other lens enhancements</li> <li>• Every 12 months</li> </ul>	\$55 \$95 - \$105 \$150 - \$175	
<b>Contacts (instead of glasses)</b>	<ul style="list-style-type: none"> <li>• \$120 allowance for contacts and contact lens exam (fitting and evaluation)</li> <li>• 15% savings on a contact lens exam (fitting and evaluation)</li> <li>• Every 12 months</li> </ul>	\$0	
<b>Primary Eyecare</b>	<ul style="list-style-type: none"> <li>• Treatment and diagnosis of eye conditions like pink eye, vision loss and monitoring of cataracts, glaucoma and diabetic retinopathy. Limitations and coordination with medical coverage may apply. Ask your VSP doctor for details.</li> <li>• As needed</li> </ul>	\$20	
<b>Glasses and Sunglasses</b>			
<b>Extra Savings</b>	<ul style="list-style-type: none"> <li>• Extra \$20 to spend on featured frame brands. Go to <a href="http://vsp.com/specialoffers">vsp.com/specialoffers</a> for details.</li> <li>• 20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last WellVision Exam.</li> </ul>		
	<b>Retinal Screening</b>	<ul style="list-style-type: none"> <li>• No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam</li> </ul>	
	<b>Laser Vision Correction</b>	<ul style="list-style-type: none"> <li>• Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities</li> </ul>	

Your Coverage with Out-of-Network Providers	
Visit <a href="http://vsp.com">vsp.com</a> for details, if you plan to see a provider other than a VSP network provider.	
Exam .....	up to \$45
Frame .....	up to \$70
Single Vision Lenses .....	up to \$30
Lined Bifocal Lenses .....	up to \$50
Lined Trifocal Lenses .....	up to \$65
Progressive Lenses .....	up to \$50
Contacts .....	up to \$105

**Exhibit B - April 1, 2017 - December 31, 2017**

**San Joaquin Valley Insurance Authority**  
**County of Tulare**  
**Plan Rates**  
**Effective January 1, 2017 through December 31, 2017**

**Anthem Blue Cross**

Anthem \$0	\$878.65	\$1,756.37	\$1,603.29	\$2,662.81
Anthem \$500	\$661.64	\$1,323.94	\$1,212.57	\$2,088.17
Anthem \$1000	\$581.20	\$1,161.58	\$1,065.82	\$1,770.73
Anthem \$2500	\$550.83	\$1,100.79	\$1,010.06	\$1,678.12

**Kaiser**

Kaiser HMO	\$805.20	\$1,586.43	\$1,437.98	\$2,367.67
Kaiser DHMO	\$625.56	\$1,227.16	\$1,112.86	\$1,828.77

**Kaiser Senior Advantage Rates**

Subscriber with Medicare				\$303.25
Subscriber with Medicare + Spouse Non-Medicare				\$1,084.48
Subscriber with Non-Medicare + Spouse with Medicare				\$1,084.49
Subscriber with Medicare + Spouse with Medicare				\$582.54
Subscriber with Medicare + Child Non-Medicare				\$936.03
Subscriber with Medicare + Children Non-Medicare				\$936.03
Subscriber with Medicare + Spouse with Medicare + Child Non-Medicare				\$1,363.79
Subscriber with Medicare + Spouse with Non-Medicare + Child Non-Medicare				\$1,865.73
Subscriber with Non-Medicare + Spouse with Medicare + Child Non-Medicare				\$1,865.74
Subscriber with Medicare + Spouse with Medicare + Children Non-Medicare				\$1,363.79
Subscriber with Medicare + Spouse Non-Medicare + Children Non-Medicare				\$1,865.73
Subscriber with Non-Medicare + Spouse with Medicare + Children Non-Medicare				\$1,865.74

**SJVIA Dental & Vision Rates**

Delta Dental DPPO	\$35.43	\$61.42	\$69.60	\$103.32
Delta Dental DHMO	\$25.04	\$42.96	\$43.26	\$62.35
VSP Vision	\$4.76	\$8.04	\$8.51	\$12.68



**SJVIA County of Tulare  
Custom Classic PPO 0/500/20/90/70**

PPO Benefits

Anthem believes this plan is a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.hhs.gov](http://www.hhs.gov).

In addition to dollar and percentage copays, members are responsible for deductibles, as described below. Please review the deductible information to know if a deductible applies to a specific covered service. Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met. Members are also responsible for all costs over the plan maximums. Plan maximums and other important information appear in *italics*. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

**Explanation of Maximum Allowed Amount**

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

**Participating Providers** - The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount.

**Non-Participating Providers & Other Health Care Providers** (includes those not represented in the PPO provider network) - Reimbursement amount is based on an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges. For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary.

**When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.**

**Calendar year deductible**

For PPO Providers & Other Health Providers None  
 For non-PPO Providers \$500/member; \$1,000/family

**Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center** None

**Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center if utilization review not obtained** \$250/admission (waived for emergency admission)

**Deductible for emergency room services** \$100/visit (waived if admitted directly from ER)

**Annual Out-of-Pocket Maximums (no cross application)**

PPO Providers & Other Health Care Providers \$7,000/member/year; \$4,000/family/year  
 Non-PPO Providers \$5,000/member/year; \$10,000/family/year

The following do not apply to out-of-pocket maximums: non-covered expense. After a member reaches the out-of-pocket maximum, the member remains responsible for non-PPO providers & other health care providers, costs in excess of the covered expense.

**Lifetime Maximum** Unlimited

**Covered Services**

	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Hospital Medical Services</b> (subject to utilization review for inpatient services, waived for emergency admissions)		
➤ Semi-private room, meals & special diets, & ancillary services	10%	30% (benefit limited to \$600/day)
➤ Outpatient medical care, surgical services & supplies (hospital care other than emergency room care)	10%	30% (benefit limited to \$600/day)
<b>Ambulatory Surgical Centers</b>		
➤ Outpatient surgery, services & supplies	10%	30% (benefit limited to \$350/day)
<b>Skilled Nursing Facility</b> (subject to utilization review)		
➤ Semi-private room, services & supplies (limited to 100 days/calendar year)	10%	10%
<b>Hospice Care</b> (subject to utilization review)		
➤ Inpatient or outpatient services for member with up to one-year life expectancy, family bereavement services	No copay <sup>2</sup>	

**Hospital Medical Services** (subject to utilization review for inpatient services, waived for emergency admissions)

➤ Semi-private room, meals & special diets, & ancillary services 10% 30%  
(benefit limited to \$600/day)

➤ Outpatient medical care, surgical services & supplies (hospital care other than emergency room care) 10% 30%  
(benefit limited to \$600/day)

**Ambulatory Surgical Centers**

➤ Outpatient surgery, services & supplies 10% 30%  
(benefit limited to \$350/day)

**Skilled Nursing Facility** (subject to utilization review)

➤ Semi-private room, services & supplies (limited to 100 days/calendar year) 10% 10%

**Hospice Care** (subject to utilization review)

➤ Inpatient or outpatient services for member with up to one-year life expectancy, family bereavement services No copay<sup>2</sup>

<sup>1</sup>The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup>These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Home Health Care (subject to utilization review)</b>		
> Services & supplies from a home health agency (limited to combined 100 prior authorized visits/calendar year, one visit by a home health aide equals four hours or less; not covered while member receives hospice care)	10%	10% with authorization
<b>Home Infusion Therapy (subject to utilization review)</b>		
> Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	10%	10%
<b>Physician Medical Services</b>		
> Office & home visits	\$20/visit <sup>2</sup>	30%
> Hospital & skilled nursing facility visits	10%	30%
> Surgeon & surgical assistant; anesthesiologist or anesthesiologist	10%	30%
> Drugs administered by a medical provider (certain drugs are subject to utilization review)	10%	30%
<b>Diagnostic X-ray &amp; Lab</b>		
> MRI, CT scan, PET scan & nuclear cardiac scan (subject to utilization review)	10%	30%
> Other diagnostic x-ray & lab	No copay	30%
<b>Preventive Care Services</b>		
Preventive Care Services including <sup>3</sup> : physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay	30%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy</b>	\$25/visit	30%
<b>Chiropractic Services (up to 12 visits/calendar year; additional visits may be approved, if medically necessary)</b>	\$25/visit	30%
<b>Speech Therapy</b>		
> Outpatient speech therapy following injury or organic disease	\$20/visit	30%
<b>Acupuncture</b>		
> Services for the treatment of disease, illness or injury (limited to 20 visits/calendar year)	\$25/visit <sup>3</sup>	\$25/visit <sup>3</sup>
<b>Temporomandibular Joint Disorders</b>		
> Splint therapy & surgical treatment	10%	30%
<b>Pregnancy &amp; Maternity Care</b>		
> Physician office visits	\$20/visit <sup>2</sup>	30%
> Prescription drug for elective abortion (mifepristone)	10%	Not covered
Normal delivery, cesarean section, complications of pregnancy & abortion		
> Inpatient physician services	10%	30%
> Hospital & ancillary services	10%	30% (benefit limited to \$500/day)
> Family planning counseling	\$20/visit	Not covered

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The dollar copay applies only to the visit itself. An additional 10% copay applies for any services performed in office (i.e., x-ray, lab, surgery) after any applicable deductions.

<sup>3</sup> Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a naturopath (N.D.S.).

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Organ &amp; Tissue Transplants</b> (subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise (COE))		
<ul style="list-style-type: none"> <li>➤ Inpatient services provided in connection with non-investigative organ or tissue transplants</li> <li>➤ Transplant travel expense for an authorized, specified transplant at a COE (recipient &amp; companion transportation limited to 6 trips/episode &amp; \$250/person/trip for round-trip coach airfare, hotel limited to 1 room double occupancy &amp; \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip, donor transportation limited to 1 trip/episode &amp; \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)</li> </ul>	10%	No copay
<b>Bariatric Surgery</b> (subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise (COE))		
<ul style="list-style-type: none"> <li>➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity</li> <li>➤ Bariatric travel expense when member's home is 50 miles or more from the nearest Bariatric CME (member's transportation to &amp; from CME limited to \$130/person/trip for 3 trips (pre-surgical visit, initial surgery &amp; one follow-up visit); one companion's transportation to &amp; from CME limited to \$130/person/trip for 2 trips (initial surgery &amp; one follow-up visit); hotel for member &amp; one companion limited to one room double occupancy &amp; \$100/day for 2 days/trip, or as medically necessary, for pre-surgical &amp; follow-up visit; hotel for one companion limited to one room double occupancy &amp; \$100/day for duration of member's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)</li> </ul>	10%	No copay
<b>Diabetes Education Programs</b> (requires physician supervision)		
<ul style="list-style-type: none"> <li>➤ Teach members &amp; their families about the disease process, the daily management of diabetic therapy &amp; self-management training</li> </ul>	\$20/visit	30%
<b>Prosthetic Devices</b>		
<ul style="list-style-type: none"> <li>➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; &amp; therapeutic shoes &amp; inserts</li> </ul>	10%	30%
<b>Durable Medical Equipment</b>		
<ul style="list-style-type: none"> <li>➤ Rental or purchase of DME including, dialysis equipment &amp; supplies, home medical equipment, prosthetic/orthotics (hearing aids benefit available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</li> </ul>	10%	30%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
<ul style="list-style-type: none"> <li>➤ Ground or air ambulance transportation, services &amp; disposable supplies</li> <li>➤ Blood transfusions, blood processing &amp; the cost of unreplaced blood &amp; blood products</li> <li>➤ Autologous blood (self-donated blood collection, testing, processing &amp; storage for planned surgery)</li> </ul>	10% <sup>2</sup>	10% <sup>2</sup>

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross (PPO) providers is based on the scheduled amount.

<sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Emergency Care</b>		
> Emergency room services & supplies <i>(\$100 deductible waived if admitted)</i>	10%	10%
> Inpatient hospital services & supplies	10%	10%
> Physician services	10%	10%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
<b>Inpatient Care</b>		
> Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	30% <i>(benefit limited to \$600/day)</i>
> Inpatient physician visits	10%	30%
<b>Outpatient Care</b>		
> Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	30% <i>(benefit limited to \$600/day)</i>
> Outpatient physician visits <i>(Behavioral Health treatment for Autism &amp; Pervasive disorder will be subject to pre-service review)</i>	\$20/visit <sup>2</sup>	30%

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The dollar copay applies only to the visit itself. An additional 10% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

This Summary of Benefits is a brief review of benefits. Once enrolled, members will receive a Combined Evidence of Coverage and Disclosure Form, which explains the exclusions and limitations, as well as the full range of covered services of the plan, in detail.



## Classic PPO Exclusions and Limitations

**Not Medically Necessary.** Services or supplies that are not medically necessary, as defined Experimentally or Investigative. Any experimental or investigative procedure or medication, but if member is deemed eligible because it is determined that the requested treatment is appropriate or beneficial, the member may request an independent medical review, as described in the Evidence of Coverage (EOC).

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with urgent care or an emergency.

**Crime or Nuclear Energy.** Conditions that result from (1) the member's commission of or attempt to commit a felony, as long as any injuries are not a result of a medical condition or an act of domestic violence; or (2) any release of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services rendered before the member's effective date. Services rendered after the member's coverage ends, except as specified as covered in the EOC.

**Excess Amounts.** Any amounts in excess of covered expense or the lifetime maximum.

**Work Related.** Work related conditions if benefits are recovered or can be recovered, either by adjustment, settlement or otherwise, under any workers' compensation, employer's liability law or occupational disease law, whether or not the member claims a third-party benefit. If there is a dispute of substantial uncertainty as to whether benefits may be recovered for these conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4603, as specified as covered in the EOC.

**Government Treatment.** Any services the member actually received that were provided by a local, state or federal government agency, even when payment under this plan is expressly required by federal or state law. We will not cover payment for these services if the member is not required to pay for them as they are given to the member for free.

**Services of Relatives.** Professional services received from a person living in the member's home or who is related to the member by blood or marriage, except as specified as covered in the EOC.

**Voluntary Payment.** Services for which the member has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. It must be intentionally chosen as being selected solely to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. It must accept patients who are unable to pay and
5. two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Benefits not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the member and a provider, for which reimbursement under Medicare program is prohibited, as specified in Section 1862 (42 U.S.C. 1395ba) of Title XVIII of the Social Security Act.

**Inpatient Diagnostic Tests.** Inpatient open and closed charges in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Mental or Nervous Disorders.** Academic or educational testing, counseling, and remediation, mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, except as specified as covered in the EOC.

**Orthodontia.** Braces, other orthodontic appliances or orthodontic services.

**Dental Services or Supplies.** Dental prostheses, bridges, crowns, caps or other dental prostheses, dental implants, dental cavities, extraction of teeth, treatment of the teeth or gums, or treatment to or for any disorder for the temporomandibular (jaw) joint, except as specified as covered in the EOC. Cosmetic dental surgery or other dental services for beautification.

**Hearing Aids or Tests.**

**Ophthalmic Services or Supplies.** Ophthalmic services, eye exercises including orthoptics.

Routine eye exams and routine eye refractions, as specified as covered in the EOC.

**Eyeglasses or contact lenses,** except as specified as covered in the EOC.

**Outpatient Occupational Therapy.** Outpatient occupational therapy, except by a home health agency, hospital, or home infusion therapy provider, as specified as covered in the EOC.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the EOC.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including apart structure or design of the body to improve appearance). This exclusion does not apply to reconstructive surgery (that is, surgery performed to correct deformities caused by congenital or developmental abnormalities, illness, or injury for the purpose of improving bodily function or symmetrization) or to create a normal appearance, including surgery performed to restore symmetry following mastectomy. Cosmetic surgery does not become reconstructive surgery because of psychological or psychiatric reasons.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are pursued under medical or physician supervision, unless specifically listed as covered in this plan.

This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and fasting programs.

This exclusion does not apply to medically necessary treatments for morbid obesity or diabetes, prediabetes and counseling, and behavioral modification programs for the treatment of alcohol use disorder or tobacco use. Surgical treatment for morbid obesity is covered as described in the Evidence of Coverage (EOC).

**Stimulation Therapy**

**Fertility Treatment.** Any services or supplies furnished in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, stimulation, reversal and gamete intracytoplasmic transfer.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (gestating, but not birthing), the bearing of a child by another woman for an infertile couple.

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom molded to the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Classical Care or Rest Cures.** Inpatient care and board charges in connection with a hospital stay primarily for environmental changes or physical therapy. Services provided by a rest home, a home for the aged, a nursing home or any similar facility, benefits provided by a skilled nursing facility or convalescent care or rest cures, except as specified as covered in the EOC.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges or including, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a physician. This exclusion also applies to health spas.

**Preventive Items.** Any supplies for contact, hygiene or beautification.

**Education or Counseling.** Educational services or nutritional counseling, except as specified as covered in the EOC. This exclusion does not apply to counseling for the treatment of anorexia nervosa or bulimic nervous.

**Food or Dietary Supplement.** Nutritional and/or dietary supplements, except as provided in this plan or as required by law. This exclusion includes, but is not limited to, those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by licensed pharmacist.

**Telephone and Facsimile Machine Consultations.** Consultations provided by telephone or facsimile machine.

**Housing Exams or Tests.** Routine physical exams or tests which do not directly lead to an actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the EOC.

**Acupuncture, Acupuncture Treatment,** except as specified as covered in the EOC. Acupressure or massage to control pain, and those to promote health or applying pressure to one or more specific areas of the body based on determinations or acupuncture points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia) or farsightedness (hyperopia). Contact lenses and eyeglasses required as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physician for physical therapy or physical medicine, except when provided during a covered hospital confinement or as specified as covered in the EOC.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and biotech, except as specified as covered in the EOC. Any non-prescription, over-the-counter product or proprietary drug or medicine, Cosmetic, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy, are not covered by this plan. Member still have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.

**Contraceptive Devices.** Contraceptive devices prescribed for birth control except as specified as covered in the EOC.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the EOC.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, therapy or nutrition. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Wigs.**

**Third Party Liability** — Anthem Blue Cross is entitled to reimbursement of benefits paid if the member receives coverage from a legally liable third party.

**Coordination of Benefits** — The benefits of this plan may be reduced if the member has any other group health or dental coverage as if all the services received from all group coverages do not exceed 100% of the covered expense.

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# SJVIA County of Tulare Custom Classic PPO 500/35/80/60

SJVIA County of Tulare

Anthem believes this plan is a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

In addition to dollar and percentage copays, members are responsible for deductibles, as described below. Please review the deductible information to know if a deductible applies to a specific covered service. Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for these services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met. Members are also responsible for all costs over the plan maximums.

Plan maximums and other important information appear in *italics*. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

### Explanation of Maximum Allowed Amount

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance. Participating Providers- The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount. Non-Participating Providers & Other Health Care Providers- (includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges. For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary.

When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.

Calendar year deductible for all providers	\$500/member; \$1,000/family
Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center	\$250/admission ( <i>waived for emergency admission</i> )
Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center if utilization review not obtained	\$250/admission ( <i>waived for emergency admission</i> )
Deductible for emergency room services	\$100/visit ( <i>waived if admitted directly from ER</i> )
Annual Out-of-Pocket Maximums ( <i>no cross application</i> )	
PPO Providers & Other Health Care Providers	\$3,000/member/year; \$6,000/family/year
Non-PPO Providers	\$10,000/member/year; \$20,000/family/year

The following do not apply to out-of-pocket maximums: non-covered expense. After a member reaches the out-of-pocket maximum, the member remains responsible for non-PPO providers & other health care providers, costs in excess of the covered expense

Lifetime Maximum	Unlimited	
Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Hospital Medical Services (subject to utilization review for inpatient services, waived for emergency admissions)</b>		
➤ Semi-private room, meals & special diets, & ancillary services	\$250/admission + 20%	40% <i>(benefit limited to \$600/day)</i>
➤ Outpatient medical care, surgical services & supplies ( <i>hospital care other than emergency room care</i> )	20%	40% <i>(benefit limited to \$600/day)</i>
<b>Ambulatory Surgical Centers</b>		
➤ Outpatient surgery, services & supplies	\$125/surgery + 20%	40% <i>(benefit limited to \$350/day)</i>
<b>Skilled Nursing Facility (subject to utilization review)</b>		
➤ Semi-private room, services & supplies ( <i>limited to 100 days/calendar year</i> )	20%	20%
<b>Hospice Care (subject to utilization review)</b>		
➤ Inpatient or outpatient services for members with up to one year life expectancy; family bereavement services	No copay <sup>2</sup>	

<sup>1</sup>The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount. <sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Home Health Care</b> (subject to utilization review)		
➤ Services & supplies from a home health agency (limited to a maximum of 100 prior authorized visits/calendar year, one visit by a home health aide equals 60 minutes or less, not covered while member receives hospice care)	20%	20% with authorization
<b>Home Infusion Therapy</b> (subject to utilization review)		
➤ Includes medication, ancillary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	20%	20%
<b>Physician Medical Services</b>		
➤ Office & home visits	\$35/visit <sup>2</sup> (deductible waived)	40%
➤ Hospital & skilled nursing facility visits	20%	40%
➤ Surgeon & surgical assistant, anesthesiologist or anesthesiologist	20%	40%
➤ Drugs administered by a medical provider (certain drugs are subject to utilization review)	20%	40%
<b>Diagnostic X-ray &amp; Lab</b>		
➤ MRI, CT scan, PET scan & nuclear cardiac scan (subject to utilization review)	20%	40%
➤ Other diagnostic x-ray & lab	No copay	40%
<b>Preventive Care Services</b>		
Preventive Care Services including <sup>3</sup> physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HPV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay (deductible waived)	40%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy</b>	\$25/visit (deductible waived)	40%
<b>Chiropractic Services</b> (up to 12 visits/calendar year; additional visits may be approved, if medically necessary)	\$25/visit (deductible waived)	40%
<b>Speech Therapy</b>		
➤ Outpatient speech therapy following injury or organic disease	\$35/visit (deductible waived)	40%
<b>Acupuncture</b>		
➤ Services for the treatment of disease, illness or injury (limited to 20 visits/calendar year)	20% <sup>3</sup>	40% <sup>3</sup>
<b>Temporomandibular Joint Disorders</b>		
➤ Splint therapy & surgical treatment	20%	40%
<b>Pregnancy &amp; Maternity Care</b>		
➤ Physician office visits	\$35/visit <sup>2</sup> (deductible waived)	40%
➤ Prescription drug for elective abortion (mifepristone)	20%	Not covered
Normal delivery, cesarean section, complications of pregnancy & abortion		
➤ Inpatient physician services	20%	40%
➤ Hospital & ancillary services	\$250/admission + 20%	40% (benefit limited to \$500/day)
➤ Female Sterilization (including tubal ligation and counseling/consultation)	No copay	Not covered
➤ Male Sterilization	20%	Not covered
➤ Family Planning counseling	\$35/visit (deductible waived)	Not covered

<sup>1</sup>The percentage copay for non-pregnancy services from non-Aetna Blue Cross PPO members is based on the scheduled amount.

<sup>2</sup>The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery) after any applicable deductible.

<sup>3</sup>Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a naturopath (D.P.M.), or a dentist (D.D.).

Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Organ &amp; Tissue Transplants</b> (subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise (COE))		
<ul style="list-style-type: none"> <li>➤ Inpatient services provided in connection with non-investigative organ or tissue transplants</li> <li>➤ Transplant travel expense for an authorized, specified transplant at a COE (recipient &amp; companion transportation limited to 8 trips/episode &amp; \$250/person/trip for round-trip coach airfare, hotel limited to 1 room double occupancy &amp; \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip, donor transportation limited to 1 trip/episode &amp; \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)</li> </ul>	\$250/admission + 20%	No copay (deductible waived)
<b>Bariatric Surgery</b> (subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise (COE))		
<ul style="list-style-type: none"> <li>➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity</li> <li>➤ Bariatric travel expense when member's home is 50 miles or more from the nearest Bariatric CME (member's transportation to &amp; from CME limited to \$100/person/trip for 3 trips (pre-surgical visit, initial surgery &amp; one follow-up visit); one companion's transportation to &amp; from CME limited to \$100/person/trip for 2 trips (initial surgery &amp; one follow-up visit); hotel for member &amp; one companion limited to one room double occupancy &amp; \$100/day for 2 days/trip, or as medically necessary, for pre-surgical &amp; follow-up visit; hotel for one companion limited to one room double occupancy &amp; \$100/day for duration of member's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)</li> </ul>	\$250/admission + 20%	No copay (deductible waived)
<b>Diabetes Education Programs</b> (requires physician supervision)		
<ul style="list-style-type: none"> <li>➤ Teach members &amp; their families about the disease process, the daily management of diabetic therapy &amp; self-management training</li> </ul>	\$35/visit (deductible waived)	40%
<b>Prosthetic Devices</b>		
<ul style="list-style-type: none"> <li>➤ Coverage for breast prostheses, prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes, the first pair of contact lenses or eyeglasses when required as a result of eye surgery; &amp; therapeutic shoes &amp; inserts</li> </ul>	20%	40%
<b>Durable Medical Equipment</b>		
<ul style="list-style-type: none"> <li>➤ Rental or purchase of DME including, dialysis equipment &amp; supplies, home medical equipment, prosthetic/orthotics (hearing aids benefit available for one hearing aid per ear every three years; insulin pump and supplies are covered under preventive care at no charge for in-network)</li> </ul>	20%	20%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
<ul style="list-style-type: none"> <li>➤ Ground or air ambulance transportation, services &amp; disposable supplies</li> <li>➤ Blood transfusions, blood processing &amp; the cost of unreplaced blood &amp; blood products</li> <li>➤ Autologous blood (self-donated blood collection, testing, processing &amp; storage for planned surgery)</li> </ul>	20% <sup>2</sup>	20% <sup>2</sup>

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

Covered Services	PPD: Per Member Copay	Non-PPD: Per Member Copay <sup>1</sup>
<b>Emergency Care</b>		
> Emergency room services & supplies ( <i>\$100 deductible waived if admitted</i> )	20%	20%
> Inpatient hospital services & supplies	\$250/admission + 20%	\$250/admission + 20%
> Physician services	20%	20%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
<b>Inpatient Care</b>		
> Facility-based care ( <i>subject to utilization review; waived for emergency admissions</i> )	\$250/admission + 20%	40% ( <i>benefit limited to \$500/day</i> )
> Inpatient physician visits	20%	40%
<b>Outpatient Care</b>		
> Facility-based care ( <i>subject to utilization review; waived for emergency admissions</i> )	20%	40% ( <i>benefit limited to \$500/day</i> )
> Outpatient physician visits ( <i>Behavioral Health treatment for Autism &amp; Pervasive Disorder will be subject to pre-service review</i> )	\$35/visit <sup>2</sup> ( <i>deductible waived</i> )	40%

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

This Summary of Benefits is a brief review of benefits. Once enrolled, members will receive a Combined Evidence of Coverage and Disclosure Form, which explains the exclusions and limitations, as well as the full range of covered services of the plan, in detail.

## Classic PPO Plan Exclusions and Limitations

**Not Medically Necessary.** Services or supplies that are not medically necessary, as defined (Experimental or Investigative. Any experimental or investigatory procedure or medication; but, a member is denied benefits because it is determined that the requested treatment is experimental or investigatory, the member may request an independent medical review, as described in the Evidence of Coverage (EOC).

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with urgent care or an emergency.

**Cases of Nuclear Energy.** Conditions that result from (1) the member's occupation or or attempt to commit a felony, as long as any injuries are not a result of a nuclear condition or an act of terrorism, sabotage, or (2) any release of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services received before the member's effective date. Services received after the member's coverage ends, except as specified as covered in the EOC.

**Excess Amounts.** Any amounts in excess of allowed expense or the lifetime maximum.

**Work-Related, Work-Related Conditions if Benefits are Recovered or Can be Recovered.** Other by adjudication, settlement or otherwise, under any workers' compensation, employer's liability law or occupational disease law, whether or not the member claims those benefits. If there is a dispute of substantial uncertainty as to whether benefits may be recovered for those conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4603, as specified as covered in the EOC.

**Government Treatment.** Any services the member actually received that was provided by a local, state or federal government agency, except when payment under this plan is expressly required by federal or state law. We will not cover payment for these services if the member is not required to pay for them or they are given to the member for free.

**Services of Relatives.** Professional services rendered from a person living in the member's home or who is related to the member by blood or marriage, except as specified as covered in the EOC.

**Voluntary Payment.** Services for which the member has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. It must be internationally known as being devoted mainly to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. It must accept patients who are unable to pay; and
5. Two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Services not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the member and a provider, for which reimbursement under Medicare program is prohibited, as specified in Section 1802 (42 U.S.C. 1395a) or Title XVIII of the Social Security Act.

**Important Diagnostic Tests.** Important chest and head changes in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Resist or Nervous Disorders.** Resistance or functional testing, counseling, and remediation. Mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, except as specified as covered in the EOC.

**Orthodontia.** Braces, other orthodontic appliances or orthodontic services.

**Dental Services or Supplies.** Dental plates, bridges, crowns, caps or other dental prostheses, dental implants, dental x-rays, extraction of teeth, treatment to the teeth or gums, or treatment to or for any disorders for the temporomandibular (jaw) joint, except as specified as covered in the EOC. Cosmetic dental surgery or other dental services for beautification.

**Hearing Aids or Tests**

**Ophthalmic Services or Supplies.** Ophthalmic services, eye exercises including orthoptics, routine eye exams and routine eye refractions, as specified as covered in the EOC. Eyeglasses or contact lenses, except as specified as covered in the EOC.

**Outpatient Occupational Therapy.** Outpatient non-patient therapy, except by a home health agency, hospital, or home infusion therapy provider, as specified as covered in the EOC.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the EOC.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including aged) structures or tissues of the body to improve appearance. This exclusion does not apply to reconstructive surgery (that is, surgery performed to correct deformities caused by congenital or developmental anomalies, illness, or injury for the purpose of improving bodily function or symmetrizing or to make a normal appearance), including surgery performed to reduce asymmetry following mastectomy. Cosmetic surgery does not but one reconstructive surgery because of psychological or psychiatric reasons.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are conducted under medical or physician supervision, unless specifically listed as covered in this plan.

This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and fitness programs.

This exclusion does not apply to medically necessary treatments to control obesity or obesity symptoms and counseling and behavioral modification programs for the treatment of obesity or related serious. Surgical treatment for morbid obesity is covered as described in the Evidence of Coverage (EOC).  
Sterilization Reversal.

**Inferility Treatment.** Any services or supplies furnished in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, fertilization reversal and gamete interdigitation studies.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (including, but not limited to, the bearing of a child by another woman for an infertile couple).

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom made to the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Custodial Care or Rest Cares.** Inpatient room and board charges in connection with a hospital stay primarily for environmental change or physical therapy. Services provided by a rest home, a home for the aged, a nursing home or any similar facility. Services provided by a skilled nursing facility or custodial care or rest care, except as specified as covered in the EOC.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a physician. This exclusion also applies to health spas.

**Personal Items.** Any supplies for comfort, hygiene or beautification.

**Education or Counseling.** Educational services or nutritional counseling, except as specified as covered in the EOC. This exclusion does not apply to counseling for the treatment of alcoholism or heroin addiction.

**Food or Dietary Supplements.** Nutritional or diet dietary supplements, except as provided in this plan or as required by law. This exclusion includes, but is not limited to, liquid nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require a prescription or dispensing by a licensed pharmacist.

**Telephone and Facsimile Machine Consultations.** Consultations provided by telephone or facsimile machine.

**Routine Exams or Tests.** Routine physical exams or tests which do not directly treat an actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the EOC.

**Acupuncture.** Acupuncture treatment, except as specified as covered in the EOC. Acupuncture or massage to control pain, treat illness or promote health by applying pressure to one or more specific areas of the body based on acupuncture or acupoint points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia), astigmatism, contact lenses and eyeglasses required as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physician for physical therapy or physical medicine, except when provided during a covered inpatient confinement or as specified as covered in the EOC.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and insulin, except as specified as covered in the EOC. Any non-prescription, over-the-counter product or proprietary drug or medicine, Cosmetic, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but which are obtained from a retail pharmacy, are not covered by this plan. Member will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.

**Contraceptive Devices.** Contraceptive devices provided in birth control receptacle as specified as covered in the EOC.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the EOC.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, imagery or meditation. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Wigs.**

**Third Party Liability -- Anthem Blue Cross is entitled to reimbursement of benefits paid if the member receives damages from a legally liable third party.**

**Coordination of Benefits --** The benefits of this plan may be reduced if the member has any other group health or dental coverage so that the services received from all group coverages do not exceed 100% of the covered expense.

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# SJVIA County of Tulare Custom Classic PPO (1000/45/80/50)

PPO Benefits

Anthem believes this plan is a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

In addition to dollar and percentage copays, members are responsible for deductibles, as described below. Please review the deductible information to know if a deductible applies to a specific covered service. Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for those services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met. Members are also responsible for all costs over the plan maximums.

Plan maximums and other important information appear in italics. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

### Explanation of Maximum Allowed Amount

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

**Participating Providers-** The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount.

**Non-Participating Providers & Other Health Care Providers** (includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges. For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary value.

**When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.**

Calendar year deductible for all providers	\$1,000/member; \$2,000/family	
Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center	None	
Deductible for non-Anthem Blue Cross PPO hospital or residential treatment center if utilization review not obtained	\$250/admission (waived for emergency admission)	
Deductible for emergency room services	\$100/visit (waived if admitted directly from ER)	
Annual Out-of-Pocket Maximums (no cross application)		
PPO Providers & Other Health Care Providers	\$4,000/member/year; \$8,000/family/year	
Non-PPO Providers	\$10,000/member/year; \$20,000/family/year	
The following do not apply to out-of-pocket maximums: non-covered expense. After a member reaches the out-of-pocket maximum, the member remains responsible for non-PPO providers & other health care providers, costs in excess of the covered expense.		
Lifetime Maximum	Unlimited	
Covered Services	PPO: Per Member Copay	Non-PPO: Per Member Copay <sup>1</sup>
<b>Hospital Medical Services (subject to utilization review for inpatient services; waived for emergency admissions)</b>		
➤ Semi-private room, meals & special diets, & ancillary services	\$1,000/year <sup>2</sup> + 20%	50% (benefit limited to \$600/day)
➤ Outpatient medical care, surgical services & supplies (hospital care other than emergency room care)	20%	50% (benefit limited to \$600/day)
<b>Ambulatory Surgical Centers</b>		
➤ Outpatient surgery, services & supplies	\$250/surgery + 20%	50% (benefit limited to \$350/visit)
<b>Skilled Nursing Facility (subject to utilization review)</b>		
➤ Semi-private room, services & supplies (limited to 100 days/calendar year)	20%	20%
<b>Hospice Care (subject to utilization review)</b>		
➤ Inpatient or outpatient services, for members with up to one year life expectancy, family Bereavement services	No copay	

<sup>1</sup>The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup>Applicable to the Annual Out-of-Pocket maximums.

Covered Services	PPO, Per Member Copay	Non-PPO, Per Member Copay <sup>1</sup>
<b>Home Health Care (subject to utilization review)</b>		
> Services & supplies from a home health agency (limited to 100 prior authorized visits/calendar year, one visit by a home health aide equals four hours or less; not covered while member receives hospice care)	20%	20% with authorization
<b>Home Infusion Therapy (subject to utilization review)</b>		
> Includes medication, auxiliary services & supplies; caregiver training & visits by provider to monitor therapy; durable medical equipment; lab services	20%	20%
<b>Physician Medical Services</b>		
> Office & home visits	\$45/visit <sup>2</sup> (deductible waived)	50%
> Hospital & skilled nursing facility visits	20%	50%
> Surgeon & surgical assistant, anesthesiologist or anesthesiologist	20%	50%
> Drugs administered by a medical provider (certain drugs are subject to utilization review)	20%	50%
<b>Diagnostic X-ray &amp; Lab</b>		
> MRI, CT scan, PET scan & nuclear cardiac scan (subject to utilization review)	20%	50%
> Other diagnostic x-ray & lab	No copay	50%
<b>Preventive Care Services</b>		
Preventive Care Services including <sup>3</sup> , physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration. <sup>4</sup> This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law	No copay (deductible waived)	50%
<b>Physical Therapy, Physical Medicine &amp; Occupational Therapy</b>		
	\$25/visit (deductible waived)	50%
<b>Chiropractic Services (up to 12 visits/calendar year; additional visits may be approved, if medically necessary)</b>		
	\$25/visit (deductible waived)	50%
<b>Speech Therapy</b>		
> Outpatient speech therapy following injury or organic disease	\$45/visit (deductible waived)	50%
<b>Acupuncture</b>		
> Services for the treatment of disease, illness or injury (limited to 20 visits/calendar year)	20% <sup>5</sup>	50% <sup>5</sup>
<b>Temporomandibular Joint Disorders</b>		
> Splint therapy & surgical treatment	20%	50%
<b>Pregnancy &amp; Maternity Care</b>		
> Physician office visits	\$45/visit <sup>2</sup> (deductible waived)	50%
> Prescription drug for elective abortion (mifepristone)	20%	Not covered
Normal delivery, cesarean section, complications of pregnancy & abortion		
> Inpatient physician services	20%	50%
> Hospital & ancillary services	\$1,000/year <sup>4</sup> + 20%	50% (benefit limited to \$600/day)
> Female Sterilization (including tubal ligation and counseling/consultation)	No copay	Not covered
> Male Sterilization	20%	Not Covered
> Family planning counseling	\$45/visit (deductible waived)	Not covered

<sup>1</sup> The percentage copay for non-emergency services from non-Aetna Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The only copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any deductible/deductible.

<sup>3</sup> An in-office service can be performed by a certified acupuncture (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.) or a dentist (D.D.S.).

<sup>4</sup> Applicable to the Annual Out-of-Pocket Limitation.

Covered Services	PPG: Per Member Copay	Non-PPG: Per Member Copay <sup>1</sup>
<b>Organ &amp; Tissue Transplants</b> (subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise (COE))		
<ul style="list-style-type: none"> <li>➤ Inpatient services provided in connection with non-investigative organ or tissue transplants</li> <li>➤ Transplant travel expense for an authorized, specified transplant at a COE (recipient &amp; companion transportation limited to 6 trips/episode &amp; \$250/person/trip for round-trip coach airfare, hotel limited to 1 room double occupancy &amp; \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip, donor transportation limited to 1 trip/episode &amp; \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)</li> </ul>	\$1,000/year <sup>2</sup> + 20%	No copay (deductible waived)
<b>Bariatric Surgery</b> (subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise (COE))		
<ul style="list-style-type: none"> <li>➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity</li> <li>➤ Bariatric travel expense when member's home is 50 miles or more from the nearest Bariatric COE (member's transportation to &amp; from COE limited to \$130/person/trip for 3 trips (pre-surgical visit, initial surgery &amp; one follow-up visit); one companion's transportation to &amp; from COE limited to \$130/person/trip for 2 trips (initial surgery &amp; one follow-up visit); hotel for member &amp; one companion limited to one room double occupancy &amp; \$100/day for 2 days/trip, or as medically necessary, for pre-surgical &amp; follow-up visit; hotel for one companion limited to one room double occupancy &amp; \$100/day for duration of member's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)</li> </ul>	\$1,000/year <sup>2</sup> + 20%	No copay (deductible waived)
<b>Diabetes Education Programs</b> (requires physician supervision)		
<ul style="list-style-type: none"> <li>➤ Teach members &amp; their families about the disease process, the daily management of diabetic therapy &amp; self-management training</li> </ul>	\$45/visit (deductible waived)	50%
<b>Prosthetic Devices</b>		
<ul style="list-style-type: none"> <li>➤ Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; &amp; therapeutic shoes &amp; inserts</li> </ul>	50%	50%
<b>Durable Medical Equipment</b>		
<ul style="list-style-type: none"> <li>➤ Rental or purchase of DME including dialysis equipment &amp; supplies, home medical equipment, prosthetic/orthotics (hearing aids benefit available for one hearing aid per ear every three years; breast pump; and supplies are covered under preventive care at no charge for in-network)</li> </ul>	50%	50%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
<ul style="list-style-type: none"> <li>➤ Ground or air ambulance transportation, services &amp; disposable supplies</li> <li>➤ Blood transfusions, blood processing &amp; the cost of unreplaced blood &amp; blood products</li> <li>➤ Autologous blood (self-donated blood collection, testing, processing &amp; storage for planned surgery)</li> </ul>	20% <sup>3</sup>	20% <sup>3</sup>

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> These providers are not represented in the Anthem Blue Cross PPO network.

<sup>3</sup> Applicable to the Annual Out-of-Pocket maximums.

Covered Services	PPG: Per Member Copay	Non-PPG: Per Member Copay <sup>1</sup>
<b>Emergency Care</b>		
➤ Emergency room services & supplies ( <i>\$100 deductible waived if admitted</i> )	20%	20%
➤ Inpatient hospital services & supplies	\$1,000/year <sup>2</sup> + 20%	20%
➤ Physician services	20%	20%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
<b>Inpatient Care</b>		
➤ Facility-based care ( <i>subject to utilization review; waived for emergency admissions</i> )	\$1,000/year <sup>2</sup> + 20%	50% ( <i>benefit limited to \$800/day</i> )
➤ Inpatient physician visits	20%	50%
<b>Outpatient Care</b>		
➤ Facility-based care ( <i>subject to utilization review; waived for emergency admissions</i> )	20%	50% ( <i>benefit limited to \$800/day</i> )
➤ Outpatient physician visits ( <i>Behavioral Health treatment for Autism &amp; Pervasive Disorder will be subject to pre-service review</i> )	\$45/visit <sup>2</sup> ( <i>deductible waived</i> )	50%

<sup>1</sup> The percentage copay for non-emergency services from non-Anthem Blue Cross PPO providers is based on the scheduled amount.

<sup>2</sup> The dollar copay applies only to the visit itself. An additional 20% copay applies for any services performed in office (i.e., X-ray, lab, surgery), after any applicable deductible.

<sup>3</sup> Applicable to the Annual Out-of-Pocket maximums.

This Summary of Benefits is a brief review of benefits. Once enrolled, members will receive a Combined Evidence of Coverage and Disclosure Form, which explains the exclusions and limitations, as well as the full range of covered services of the plan, in detail.

# Classic PPO Plan Exclusions and Limitations

**Not Medically Necessary.** Services or supplies that are not medically necessary, as defined, Experimental or Investigative. Any experimental or investigative procedure or medication, but, if a member is denied benefits because it is determined that the requested treatment is experimental or investigational, the member may request an independent medical review, as described in the Endorse of Coverage (EOC).

**Outside the United States.** Services or supplies furnished and billed by a provider outside the United States, unless such services or supplies are furnished in connection with organ care or an emergency.

**Grains or Nuclear Energy.** Conditions that result from (1) the member's commission of or attempt to commit a crime, as long as any injuries are not a result of a medical condition or an act of domestic violence; or (2) any receipt of nuclear energy, whether or not the result of war, when government funds are available for the treatment of illness or injury arising from the release of nuclear energy.

**Not Covered.** Services rendered before the member's effective date. Services rendered after the member's coverage ends, except as specified as covered in the EOC.

**Excess Amounts.** Any amounts in excess of covered expense or any Medical Benefit Maximum.

**Work-Related.** Work-related conditions if benefits are recovered or can be recovered, either by arbitration, settlement or otherwise, under any workers' compensation, employer's liability law or compensation disease law, whether or not the member claims those benefits. If there is a dispute of eligibility, availability or to whether benefits may be recovered for those conditions pursuant to workers' compensation, we will provide the benefits of this plan for such conditions, subject to a right of recovery and reimbursement under California Labor Code Section 4603, as specified as covered in the EOC.

**Government Treatment.** Any services the member actually received that were provided by a local, state or federal government agency, except when payment under this plan is expressly required by federal or state law. We will not cover payment for those services if the member is not required to pay for them or they are given to the member for free.

**Services of Relatives.** Professional services received from a person living in the member's home or who is related to the member by blood or marriage, except as specified as covered in the EOC.

**Voluntary Payment.** Services for which the member has no legal obligation to pay, or for which no charge would be made in the absence of insurance coverage or other health plan coverage, except services received at a non-governmental charitable research hospital. Such a hospital must meet the following guidelines:

1. it must be internationally known as being devoted mainly to medical research;
2. at least 10% of its yearly budget must be spent on research not directly related to patient care;
3. at least one-third of its gross income must come from donations or grants other than gifts or payments for patient care;
4. it must accept patients who are unable to pay; and
5. two-thirds of its patients must have conditions directly related to the hospital's research.

**Not Specifically Listed.** Services not specifically listed in the plan as covered services.

**Private Contracts.** Services or supplies provided pursuant to a private contract between the member and a provider, to which reimbursement under Medicare program is prohibited, as specified in Section 1802 (41 U.S.C. 1395a) of Title XVII of the Social Security Act.

**Inpatient Diagnostic Tests.** Inpatient room and board charges in connection with a hospital stay primarily for diagnostic tests which could have been performed safely on an outpatient basis.

**Mental or Nervous Disorders.** Academic or educational testing, counseling, and remedial/mental or nervous disorders or substance abuse, including rehabilitative care in relation to these conditions, inpatient as specified as covered in the EOC.

**Orthodontia.** Braces, other orthodontic appliances or orthodontia services.

**Dental Services or Supplies.** Dental plates, bridges, crowns, caps or other dental prostheses, dental implants, dental services, extraction of teeth, treatment to the teeth or gums, or treatment to or for any disorder in the temporomandibular (jaw) joint, except as specified as covered in the EOC. Cosmetic dental surgery or other dental services or procedures.

**Hearing Aids or Tests.**

**Ophthalmic Services or Supplies.** Ophthalmic services, eye appliances including contact lenses, routine eye exams and routine eye refractions, as specified as covered in the EOC.

**Eyeglasses or Contact Lenses.** Except as specified as covered in the EOC.

**Outpatient Occupational Therapy.** Outpatient occupational therapy, except by a home health agency, hospital, or home infusion therapy provider, as specified as covered in the EOC.

**Outpatient Speech Therapy.** Outpatient speech therapy, except as specified as covered in the EOC.

**Cosmetic Surgery.** Cosmetic surgery or other services performed solely for beautification or to alter or reshape normal (including aged) structures or tissues of the body to improve appearance. This exclusion does not apply to reconstructive surgery that is, surgery performed to correct deformities caused by congenital or developmental abnormalities, illness, or injury for the purpose of improving bodily function or symmetrization or to create a normal appearance, including surgery performed to restore symmetry following mastectomy. Cosmetic surgery does not include reconstructive surgery because of psychological or nutritional reasons.

**Commercial Weight Loss Programs.** Weight loss programs, whether or not they are pursued under medical or physician supervision, unless specifically listed as covered in this plan.

This exclusion includes, but is not limited to, commercial weight loss programs (Weight Watchers, Jenny Craig, LA Weight Loss) and testing programs.

This exclusion does not apply to medically necessary treatments for morbid obesity or dietary adjustments and counseling and behavioral modification programs for the treatment of nervous nervous or bulimia nervosa. Surgical treatment for morbid obesity is covered as described in the Endorse of Coverage (EOC).

**Fertilization Reversal.**

**Infertility Treatment.** Any services or supplies not used in connection with the diagnosis and treatment of infertility, including, but not limited to diagnostic tests, medication, surgery, artificial insemination, in vitro fertilization, fertilization reversal and gamete intralutal transfer.

**Surrogate Mother Services.** For any services or supplies provided to a person not covered under the plan in connection with a surrogate pregnancy (including, but not limited to, the bearing of a child by another woman for an infertile couple).

**Orthopedic shoes and shoe inserts.** This exclusion does not apply to orthopedic footwear used as an integral part of a brace, shoe inserts that are custom made for the patient, or therapeutic shoes and inserts designed to treat foot complications due to diabetes, as specifically stated in the EOC.

**Air Conditioners.** Air purifiers, air conditioners or humidifiers.

**Custodial Care or Rest Cures.** Inpatient room and board charges in connection with a hospital stay primarily for environmental change or physical therapy. Services provided by a rest home, a home for the aged, a nursing home or any similar facility. Services provided by a skilled nursing facility or custodial care or rest cures, except as specified as covered in the EOC.

**Health Club Memberships.** Health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for facilities, equipment or facilities used for developing or maintaining physical fitness, even if ordered by a physician. This exclusion also applies to health spas.

**Personal Items.** Any supplies for contact, hygiene or bio-identification.

**Education or Counseling.** Educational services or additional counseling, except as specified as covered in the EOC. This exclusion does not apply to counseling for the treatment of mental nervous or bulimia nervosa.

**Food or Dietary Supplements.** Nutritional and/or dietary supplements, except as provided in the plan or as required by law. This exclusion includes, but is not limited to, those nutritional formulas and dietary supplements that can be purchased over the counter, which by law do not require either a written prescription or dispensing by a licensed pharmacist.

**Telephones and Facsimile Machine Consultations.** Consultations provided by telephone or facsimile machine.

**Routine Exams or Tests.** Routine physician exams or tests which are not directly tied to actual illness, injury or condition, including those required by employment or government authority, except as specified as covered in the EOC.

**Acupuncture.** Acupuncture treatment, except as specified as covered in the EOC. Acupressure or massage to control pain, limit illness or promote health by applying pressure to one or more specific areas of the body based on dermal zones or acupuncture points.

**Eye Surgery for Refractive Defects.** Any eye surgery solely or primarily for the purpose of correcting refractive defects of the eye such as nearsightedness (myopia) under correction, contact lenses and eyeglasses ordered as a result of this surgery.

**Physical Therapy or Physical Medicine.** Services of a physical therapist or physical medicine, except when provided during a covered inpatient confinement or as specified as covered in the EOC.

**Outpatient Prescription Drugs and Medications.** Outpatient prescription drugs or medications and insulin, except as specified as covered in the EOC. Any non-prescription, over-the-counter, patent or proprietary drug or medicine. Cosmetics, health or beauty aids.

**Specialty Pharmacy Drugs.** Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but, which are obtained from a retail pharmacy, are not covered by this plan. Member will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that should have been obtained from the specialty pharmacy program.

**Contraceptive Devices.** Contraceptive devices prescribed for birth control except as specified as covered in the EOC.

**Diabetic Supplies.** Prescription and non-prescription diabetic supplies except as specified as covered in the EOC.

**Private Duty Nursing.** Inpatient or outpatient services of a private duty nurse.

**Lifestyle Programs.** Programs to alter one's lifestyle which may include but are not limited to diet, exercise, longevity or nutrition. This exclusion will not apply to cardiac rehabilitation programs approved by us.

**Wigs.**

**Third Party Liability.** Anthem Blue Cross is entitled to reimbursement of benefits paid if the member receives damages from a legally liable third party.

**Coordination of Benefits.** The benefits of this plan may be reduced if the member has any other group health or dental coverage so that the amount received from all group coverages do not exceed 100% of the covered expense.

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**SJVIA County of Tulare  
Lumenos® Health Savings Account (HSA)  
Custom LHSA 289 (2500/90/50)  
Rx Copay after Deductible**

Anthem believes this plan is a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that this plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections of the Affordable Care Act apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to Anthem at the telephone number printed on the back of your member identification card, or contact your group benefits administrator if you do not have an identification card. For ERISA plans, you may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This Web site has a table summarizing which protections do and do not apply to grandfathered health plans. For nonfederal governmental plans, you may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).

This Lumenos plan is an innovative type of coverage that allows an insured person to use a Health Savings Account to pay for routine medical care. The program also includes traditional health coverage, similar to a typical health plan, that protects the insured person against large medical expenses.

The insured person can spend the money in the HSA account the way the insured person wants on routine medical care, prescription drugs and other qualified medical expenses. There are no copays or deductibles to satisfy first. Unused dollars can be saved from year to year to reduce the amount the insured person may have to pay in the future. If covered expenses exceed the insured person's available HSA dollars, the traditional health coverage is available after a limited out-of-pocket amount is paid by the insured person.

Certain Covered Services have maximum visit and/or day limits per year. The number of visits and/or days allowed for those services will begin accumulating on the first visit and/or day, regardless of whether your Deductible has been met.

The insured person is responsible for all costs over the plan maximums. Plan maximums and other important information appear in *italics*. Benefits are subject to all terms, conditions, limitations, and exclusions of the Policy.

**Explanation of Maximum Allowed Amount**

Maximum Allowed Amount is the total reimbursement payable under the plan for covered services received from Participating and Non-Participating Providers. It is the payment towards the services billed by a provider combined with any applicable deductible, copayment or coinsurance.

**Participating Providers**- The rate the provider has agreed to accept as reimbursement for covered services. Members are not responsible for the difference between the provider's usual charges & the maximum allowed amount.

**Non-Participating Providers & Other Health Care Providers**-(includes those not represented in the PPO provider network)-Reimbursement amount is based on: an Anthem Blue Cross rate or fee schedule, a rate negotiated with the provider, information from a third party vendor, or billed charges. For Medical Emergency care rendered by a Non-Participating Provider or Non-Contracting Hospital, reimbursement may be based on the reasonable and customary value. Members may be responsible for any amount in excess of the reasonable and customary value.

**Participating Pharmacies & Mail Service Program**-members are not responsible for any amount in excess of the prescription drug maximum allowed amount.

**Non-Participating Pharmacies**-members are responsible for any expense not covered under this plan & any amount in excess of the prescription drug maximum allowed amount. When using non-participating providers, the insured person is responsible for any difference between the covered expense & actual charges, as well as any deductible & percentage copay.

When using the outpatient prescription drug benefits, the insured person is always responsible for drug expenses which are not covered under this plan, as well as any deductible, percentage or dollar copay.

**Calendar year deductible for all providers**

*(applicable to medical care & prescription drug benefits)*

- Individual insured person \$2,500/individual insured person
- Insured family *(includes insured employee & one or more members of the employee's family; no coverage may be paid for any member of a family unless this \$5,000 deductible is met)* \$5,000/insured family

**Deductible for hospital if utilization review not obtained** \$250/admission *( waived for emergency admission)*

**Annual Out-of-Pocket Maximums** *(in-network/out-of-network out-of-pocket maximums are exclusive of each other; includes calendar year deductible & prescription drug covered expense)*

- For all Providers & Other Health Care Providers & all Participating Pharmacies \$5,000/individual insured person, \$10,000/insured family/year

The following do not apply to out-of-pocket maximums: costs in excess of the covered expense & non-covered expense. After an individual insured person or insured family *(includes insured employee & one or more members of the employee's family)* reaches the out-of-pocket maximum for all medical and prescription drug covered expense the individual insured person or insured family incurs during that calendar year, the individual insured person or insured family will no longer be required to pay a copay for the remainder of that year. The individual insured person or insured family remains responsible for costs in excess of the covered expense when provided by non-participating providers and other health care providers; non-covered expense.

**Lifetime Maximum** Unlimited

Covered Services	Traditional Health Coverage Insured Person Copay	
	In-Network	Out-of-Network (insured is also responsible for charges in excess of covered expense.)
<b>Hospital Medical Services</b> (subject to utilization review for inpatient services; waived for emergency admissions)		
> Semi-private room, meals & special diets, & ancillary services	10%	60% up to \$580 plan payment per day
> Outpatient medical care, surgical services & supplies (hospital care other than emergency room care)	10%	60% (benefit limited to \$350/day)
<b>Ambulatory Surgical Centers</b>		
> Outpatient surgery, services & supplies	10%	50% (benefit limited to \$350/day)
<b>Skilled Nursing Facility</b> (subject to utilization review)		
> Semi-private room, services & supplies (limited to 100 days/calendar year)	10%	10%
<b>Hospice Care</b> (subject to utilization review) (\$10,000 combined maximum per member per lifetime)		
> Inpatient or outpatient services for insured persons with up to one year life expectancy; family bereavement services	10%	10%
<b>Home Health Care</b> (subject to utilization review)		
> Services & supplies from a home health agency (limited to 100 visits/calendar year, one visit by a home health aide equals four hours or less; not covered while insured person receives hospice care)	10%	10%
<b>Home Infusion Therapy</b>		
> Includes medication, ancillary services & supplies, caregiver training & visits by provider to monitor therapy; durable medical equipment, lab services	10%	10%
<b>Physician Medical Services</b>		
> Office & home visits	10%	50%
> Hospital & skilled nursing facility visits	10%	50%
> Surgeon & surgical assistant; anesthesiologist or anesthesiologist	10%	50%
> Drugs administered by a medical provider (certain drugs are subject to utilization review)	10%	50%
<b>Diagnostic X-ray &amp; Lab</b>		
> MRI, CT scan, PET scan & nuclear cardiac scan (subject to utilization review)	10%	50%
> Other diagnostic x-ray & lab	10%	50%
<b>Preventive Care Services</b>		
Preventive Care Services including*, physical exams, preventive screenings (including screenings for cancer, HPV, diabetes, cholesterol, blood pressure, hearing and vision immunizations, health education, intervention services, HIV testing), and additional preventive care for women provided for in the guidelines supported by the Health Resources and Services Administration *This list is not exhaustive. This benefit includes all Preventive Care Services required by federal and state law.	No copay (deductible waived)	50%
Physical Therapy, Physical Medicine & Occupational Therapy, including Chiropractic Services (limited to 12 visits/calendar year; additional visits may be approved, if medically necessary)	10%	50%
<b>Speech Therapy</b>		
> Outpatient speech therapy following injury or organic disease	10%	50%



Covered Services	Traditional Health Coverage	
	In-Network	Out-of-Network (insured is also responsible for charges in excess of covered expense.)
<b>Acupuncture</b>		
➤ Services for the treatment of disease, illness or injury (limited to 20 visits/standard year)	10% <sup>1</sup>	50% <sup>1</sup>
<b>Temporomandibular Joint Disorders</b>		
➤ Splint therapy & surgical treatment	10%	50%
<b>Pregnancy &amp; Maternity Care</b>		
➤ Physician office visits	10%	50%
➤ Prescription drug for elective abortion (mifepristone)	10%	50%
Normal delivery, cesarean section, complications of pregnancy & abortion		
➤ Inpatient physician services	10%	50%
➤ Hospital & ancillary services	10%	50% (benefit limited to \$550/day)
<b>Organ &amp; Tissue Transplants (subject to utilization review; specified organ transplants covered only when performed at a Center of Expertise (COE) )</b>		
➤ Inpatient services provided in connection with non-investigative organ or tissue transplants		10%
➤ Transplant travel expense for an authorized, specified transplant at a COE (recipient & companion transportation limited to 6 trips/episode & \$250/person/trip for round-trip coach airfare hotel limited to 1 room double occupancy & \$100/day for 21 days/trip, other expenses limited to \$25/day/person for 21 days/trip; donor transportation limited to 1 trip/episode & \$250 for round-trip coach airfare, hotel limited to \$100/day for 7 days, other expenses limited to \$25/day for 7 days)		No copay
<b>Bariatric Surgery (subject to utilization review; medically necessary surgery for weight loss, only for morbid obesity, covered only when performed at a Center of Expertise (COE) )</b>		
➤ Inpatient services provided in connection with medically necessary surgery for weight loss, only for morbid obesity		10%
➤ Bariatric travel expense when insured person's home is 50 miles or more from the nearest bariatric COE (insured person's transportation to & from COE limited to \$130/person/trip for 3 trips (pre-surgical visit, initial surgery & one follow-up visit); one companion's transportation to & from COE limited to \$130/person/trip for 2 trips (initial surgery & one follow-up visit); hotel for insured person & one companion limited to one room double occupancy & \$100/day for 2 days/trip, or as medically necessary, for pre-surgical & follow-up visit; hotel for one companion limited to one room double occupancy & \$100/day for duration of insured person's initial surgery stay for 4 days; other reasonable expenses limited to \$25/day/person for 4 days/trip)		No copay
<b>Diabetes Education Programs (requires physician supervision)</b>		
➤ Teach insured persons & their families about the disease process, the daily management of diabetic therapy & self-management training	10%	50%

<sup>1</sup> Acupuncture services can be performed by a certified acupuncturist (C.A.), a doctor of medicine (M.D.), a doctor of osteopathy (D.O.), a podiatrist (D.P.M.), or a dentist (D.D.S.)

Covered Services	Traditional Health Coverage Insured Person Copay	
	In-Network	Out-of-Network <i>(insured is also responsible for charges in excess of covered expense.)</i>
<b>Prosthetic Devices</b>		
> Coverage for breast prostheses; prosthetic devices to restore a method of speaking; surgical implants; artificial limbs or eyes; the first pair of contact lenses or eyeglasses when required as a result of eye surgery; wigs for alopecia resulting from chemotherapy or radiation therapy; & therapeutic shoes & inserts for insured persons with diabetes	10%	10%
<b>Durable Medical Equipment</b>		
Rental or purchase of DME including dialysis equipment & supplies, home medical equipment, prosthetics/orthotics <i>(hearing aids benefit available for one hearing aid per ear every three years; breast pump and supplies are covered under preventive care at no charge for in-network)</i>	10%	10%
<b>Related Outpatient Medical Services &amp; Supplies</b>		
> Ground or air ambulance transportation, services & disposable supplies		10% <sup>1</sup>
> Blood transfusions, blood processing & the cost of unreplaced blood & blood products		10% <sup>1</sup>
> Autologous blood <i>(self-donated blood collection, testing, processing &amp; storage for planned surgery)</i>		10% <sup>1</sup>
<b>Emergency Care</b>		
> Emergency room services & supplies	10%	10%
> Inpatient hospital services & supplies	10%	10%
> Physician services	10%	10%
<b>Mental or Nervous Disorders and Substance Abuse</b>		
<b>Inpatient Care</b>		
> Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	50% <i>(benefit limited to \$50/day)</i>
> Inpatient physician visits	10%	50%
<b>Outpatient Care</b>		
> Facility-based care <i>(subject to utilization review; waived for emergency admissions)</i>	10%	50% <i>(benefit limited to \$50/day)</i>
> Outpatient physician visits <i>(Behavioral Health treatment for Autism &amp; Pervasive Disorder will be subject to pre-service review)</i>	10%	50%

<sup>1</sup> These benefits are not represented in the Anthem Blue Cross PPO Network

Covered Services (For Outpatient Prescription Drugs)	Traditional Health Coverage Per insured Person Copay for Each Prescription or Refill
<b>Outpatient Prescription Drug Benefits</b> <i>(Until the calendar year deductible is satisfied, the insured person pays the prescription drug, maximum allowed amount and not the copays listed below.)</i>	
<b>➤ Retail Pharmacy</b>	
➤ Preventive immunizations administered by a retail pharmacy -	No copay ( <i>deductible waived</i> )
➤ Female oral contraceptives generic and single source brand	No copay ( <i>deductible waived</i> )
➤ Generic drugs	\$7
➤ Brand name formulary drugs <sup>1,2</sup>	\$25
➤ Self-administered injectable drugs, except insulin	\$25
<b>Home Delivery</b>	
➤ Female oral contraceptives generic and single source brand	No copay
➤ Generic drugs	\$14
➤ Brand name formulary drugs <sup>1,2</sup>	\$50
➤ Self-administered injectable drugs, except insulin	\$25
<b>Specialty pharmacy drugs</b> <i>(may only be obtained through the specialty pharmacy program)</i>	
➤ Generic drugs	\$7
➤ Brand name formulary drugs <sup>1</sup>	\$25
➤ Self-administered injectable drugs, except insulin	\$25
<b>Non-participating Pharmacies</b> <i>(compound drugs &amp; specialty pharmacy drugs not covered at retail participating pharmacies)</i>	<i>insured person pays the above retail pharmacy copay plus: 30% of the remaining prescription drug maximum allowed amount &amp; costs in excess of the maximum amount allowed</i>
<b>Supply Limits<sup>3</sup></b>	
➤ Retail Pharmacy <i>(participating and non-participating)</i>	30-day supply; 60-day supply for federally classified Schedule II attention deficit disorder drugs that require a triplicate prescription form, but require a double copy; 6 tablets or units/30-day period for impotence and/or sexual dysfunction drugs (available only at retail pharmacies)
➤ Home Delivery	90-day supply
➤ Specialty Pharmacy	30-day supply

<sup>1</sup> **Mandatory Generic Substitution:** If an insured person requests a brand name drug when a generic drug substitution exists, the insured person pays the generic drug copay plus the difference in cost between the negotiated rate for the generic drug and the brand name drug, but not more than 60% of our cost of the prescription drug. Mandatory generic substitution does not apply when it has been determined that the brand name drug is medically necessary for the insured person.

<sup>2</sup> When the member's physician has specified "dispense as written" (DAW) for formulary brand drugs, the copay for brand name formulary drugs will apply. When the member's physician has not specified DAW for formulary brand drugs, the member pays the generic drug copay plus the difference in cost between the drug negotiated rate for the generic drug and the brand name formulary drug, but not more than 60% of the drug negotiated rate. Some drugs may also be subject to a review for Medical Necessity by Anthem Blue Cross Life and Health Insurance Company.

<sup>3</sup> Supply limits for certain drugs may be different. Please refer to the Certificate of Insurance for complete information.

**The Outpatient Prescription Drug Benefit covers the following:**

- Outpatient prescription drugs and medications which the law restricts to sale by prescription. Formulas prescribed by a physician for the treatment of phenylketonuria.
- Insulin
- Syringes when dispensed for use with insulin and other self-injectable drugs or medications
- Prescription oral contraceptives; contraceptive diaphragms. Contraceptive diaphragms are limited to one per year.
- Injectable drugs which are self-administered by the subcutaneous route (under the skin) by the patient or insured person. Drugs that have Food and Drug Administration (FDA) labeling for self-administration
- All compound prescription drugs that contain at least one covered prescription ingredient
- Diabetic supplies (i.e., test strips and lancets)
- Prescription drugs for treatment of impotence and/or sexual dysfunction are limited to organic (non-psychological) causes.
- Inhaler spacers and peak flow meters for the treatment of pediatric asthma.
- Smoking cessation products requiring a physician's prescription.
- Certain over-the-counter drugs approved by the Pharmacy and Therapeutics Committee to be included in the prescription drug formulary.

This Summary of Benefits is a brief review of benefits. Once enrolled, insured persons will receive a Certificate of Insurance, which explains the exclusions and limitations, as well as the full range of covered services of the plan in detail.



## Lumenos HSA Rx Copay after Deductible Plan — Exclusions and Limitations (Continued)

Outpatient prescription drug services and supplies are not provided for or in connection with the following:

Immunizing agents, biological sera, blood, blood products or blood plasma

Hypodermic syringes like needles, except when dispensed for use with insulin & other self-injectable drugs or medications

Drugs & medications used to induce spontaneous & non-spontaneous abortions

Drugs & medications dispensed or administered in an outpatient setting, including outpatient hospital facilities and physicians' offices

Professional charges in connection with administering, injecting or dispensing drugs

Drugs & medications that may be obtained without a physician's written prescription, except insulin or insulin for cholesterol lowering and certain over-the-counter drugs approved by the Pharmacy and Therapeutics Committee to be included in the prescription drug formulary.

Drugs & medications dispensed by or while confined in a hospital, skilled nursing facility, rest home, sanatorium, convalescent hospital or similar facility

Durable medical equipment, devices, appliances & supplies, even if prescribed by a physician, except contraception diaphragms, as specified as covered in the Certificate

Services or supplies for which the insured person is not charged

Oxygen

Cosmetics & health or beauty aids

Drugs labeled "Caution, Limited by Federal Law to Investigational Use" or Non FDA approved investigational drugs. Any drugs or medications prescribed for experimental indications

Any expense for a drug or medication incurred in excess of the prescription drug maximum allowed amount

Drugs which have not been approved for general use by the State of California Department of Health Services or the Food and Drug Administration. This does not apply to drugs that are medically necessary for a covered condition.

Drugs to eliminate or reduce dependency on, or addiction to, tobacco and tobacco products. This does not apply to medically necessary drugs that the insured person can only get with a prescription under state and federal law.

Drugs used primarily for cosmetic purposes (e.g., Biotin A for wrinkles). However, this will not apply to the use of this type of drug for medically necessary treatment of a medical condition other than one that is cosmetic.

Drugs used primarily to treat infertility (including, but not limited to, Clomid, Pergonal and Metrodin), unless medically necessary for further medical condition.

Anorectics and drugs used for weight loss, except when used to treat morbid obesity (e.g., diet pills & appetite suppressants)

Drugs obtained outside the U.S. unless they are furnished in connection with urgent care or an emergency

Allergy desensitization protocols or allergy serum

Injection drugs, except drugs that are self-administered subcutaneously

Herbal supplements, nutritional and dietary supplements except for hormones for the treatment of phenylketonuria.

Prescription drugs with a non-prescription (over-the-counter) phenolic and dose equivalent except insulin. This does not apply if an over-the-counter equivalent was used and was in effective.

Compound medications unless:

- There is at least one component in it that is a prescription drug; and
- It is obtained from other than a participating pharmacy. Insured person will have to pay the full cost of the compound medications if insured person obtains drug at a non-participating pharmacy.

Specialty pharmacy drugs that must be obtained from the specialty pharmacy program, but which are obtained from a retail pharmacy are not covered by this plan. Insured person will have to pay the full cost of the specialty pharmacy drugs obtained from a retail pharmacy that insured person should have obtained from the specialty pharmacy program

**Third Party Liability** - Anthem Blue Cross Life and Health Insurance Company is entitled to reimbursement of benefits paid if the insured person recovers damages from a legally liable third party.

**Coordination of Benefits** - The benefits of this plan may be reduced if the insured person has any other group health or dental coverage so that the services received from all group coverages do not exceed 100% of the covered expense.

*Lumenos plans provided by Anthem Blue Cross Life and Health Insurance Company, independent licensees of the Blue Cross Association, and ANTHEM and LUMENOS are registered trademarks of Anthem Insurance Companies, Inc. The Blue Cross name and symbol are registered marks of the Blue Cross Association.*



## Frequently Asked Questions

### *How do I find a participating network pharmacy?*

You can use your EmpiRx Health ID card at over 68,000 pharmacies nationwide including all pharmacy chains. You can find a network pharmacy by logging onto [www.empirxhealth.com](http://www.empirxhealth.com) or calling 877-262-7435.

### *What is a prior authorization and why is it necessary?*

Certain medications require prior authorization (PA) because of their potential side effects, potentially harmful interactions with other prescription medications, or to confirm they are being prescribed in accordance with Food & Drug Administration (FDA) approved indications. This process is designed to help ensure your health and safety if a PA is needed. EmpiRx Health will work directly with your physician to obtain the necessary information prior to fulfillment.

### *How do I find out if a particular prescription is covered by my benefits?*

Call 877-262-7435 to speak to a representative who can assist you with drug coverage questions or log onto [www.empirxhealth.com](http://www.empirxhealth.com) for details.

### *How can I find out if generic or lower cost alternatives may be available to me?*

Log into the member portal at [www.empirxhealth.com](http://www.empirxhealth.com) and select "Drug Pricing." Search your medication and if there is a generic available, you will see the cost for both the brand as well as the generic. You can also call 877-262-7435 to speak to a representative who can assist you, or consult your physician or pharmacist to determine if generic equivalents are available for your prescription.

### *Why does my copay change from month to month?*

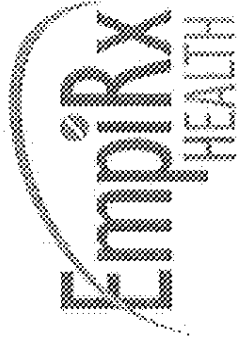
The cost of medications changes regularly and prices are not all the same at each pharmacy. If your copay is based on a percentage rather than a fixed dollar amount then depending on the pharmacy you use and the cost of the medication at the time your prescription is filled, you may see a variation in your copay amount.

This brochure is only a general description of your prescription benefit program and it is not a contract. All benefits described herein are subject to the terms, conditions and limitations of the group master contract and applicable law. All personal health information is kept strictly confidential, as required by the privacy rules of the Health Insurance Portability and Accountability Act.

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San Joaquin Valley  
Insurance Authority

# SJVIA County of Tulare Prescription Benefit Plan

EmpiRx Health Member Services  
877-262-7435; TDD: 1-888-907-0020  
24 hours a day, 7 days a week

### Your Prescription Benefit Program

#### Annual Maximum Out of Pocket Amount

Your plan includes a \$2,000 individual / \$4,000 family annual maximum out-of-pocket amount.

#### Retail Pharmacy Copayment

You are responsible to pay the retail pharmacist the copayment for prescriptions which is listed below:

30-Day Supply	30-Day Supply
\$10.00 for a Generic Medication	\$20.00 for a Generic Medication
\$20.00 for a Preferred Brand Medication	\$40.00 for a Preferred Brand Medication
\$35.00 for a Non-Preferred Brand Medication	\$60.00 for a Non-Preferred Brand Medication

This is a Dispense As Written Plan (DAW), meaning your pharmacist must dispense the generic equivalent drug when one is available unless your physician specifically requests the brand be dispensed. If you request the brand name medication from your pharmacist, you are responsible for the difference in cost between the brand and the generic plus the copayment.

Retail quantities will be dispensed according to your physician's instructions written on the prescription up to a maximum of a 30-day supply.

Please note: if the cost of your medication is less than your calculated copayment, you will only pay the cost of the medication.

#### Mail Order Pharmacy Copayment

Mail order medications can be submitted to RenewCare Central Fill, the Empire Health mail order facility. Your plan allows for up to a 90-day supply with three (3) refills, according to your physician's instructions. Your co-pay amount will be:

\$20.00 for a Generic Medication
\$40.00 for a Preferred Brand Medication
\$60.00 for a Non-Preferred Brand Medication

#### Specialty Medication Copayment

Specialty medications are highest biotechnology drugs involving special distribution, handling and administration. These medications are typically designed to treat chronic diseases.

30% (5100 max) for a Generic Specialty Medication
30% (5100 max) for a Preferred Brand Specialty Medication
30% (5100 max) for a Non-Preferred Brand Specialty Medication

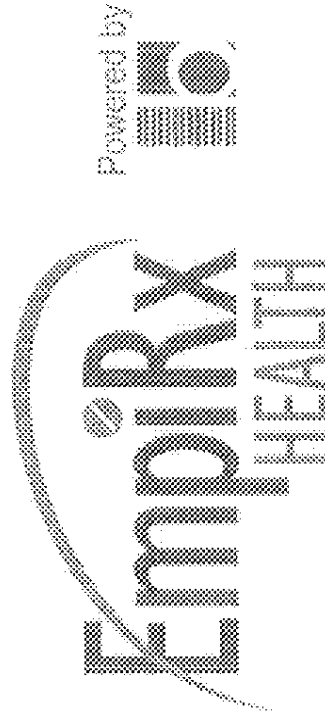
Specialty medications can be filled one (1) time at a retail pharmacy. All future prescriptions must be obtained at RenewCare Central Fill's Specialty Pharmacy. Please note that specialty medications are limited to a 30-day supply.

### Online Member Tools

Maximize your benefit and find out how you can save on your out-of-pocket costs with our valuable member resource tools online at [www.empirxhealth.com](http://www.empirxhealth.com) including:

- Plan coverage details and copay information
- Network pharmacy finder
- Mail service access to request refills and check order status
- Updated preferred medication list
- Drug comparison pricing tool to identify lower cost alternatives
- Drug information
- Recent personal drug utilization history including the amount you have paid and what the plan has paid on your behalf. This is helpful for year-end tax purposes.

Registration is easy! Along with your Empirx Health ID card, you will need basic member information, a phone number and an email address. Refer to our website periodically for the most recent pharmacy network finder and preferred medication list.





### Preferred Medication List

The Preferred Medication List is a guide for selecting clinically and therapeutically appropriate medications. It should not take the place of a physician's or pharmacist's judgment with regard to a patient's pharmaceutical care. Refer to [www.empirxhealth.com](http://www.empirxhealth.com) for the most recent version of the Preferred Medication List.

### Exclusions

Your prescription program covers most Medically Necessary, Federal Legend, State Restricted and Compounded Medications which, by law, may not be dispensed without a prescription.

Be sure to present your EmpiRx Health ID card at a participating network pharmacy to receive a discount off the retail price of medications that may not be covered.

### Retail Pharmacy Network

Your EmpiRx Health prescription benefit program provides you with access to an extensive national pharmacy network, including all chain pharmacies and most independents. This plan allows for a 90-day supply of maintenance medications. Your ID card provides all the information your pharmacist will need to process your prescription through EmpiRx Health. To locate a participating network pharmacy, log onto [www.empirxhealth.com](http://www.empirxhealth.com) or call EmpiRx Health Member Services toll-free at 877-262-7435 (TDD: 1-888-907-0120).

### Mail Order Pharmacy

The EmpiRx Health mail service pharmacy, Benecard Central Fill, is an option for you to obtain maintenance medications. Typically, prescriptions filled through mail service include medications used to treat chronic conditions and are written for up to a 90-day supply, plus refills. Prescriptions that you need to use right away should always be taken to your local pharmacy. You do have the option to obtain 90-day supplies through the retail network.

For your first order, complete the enclosed Mail Service Order Form and mail it along with your original prescription using the pre-addressed envelope provided to Benecard Central Fill. You can also have your physician submit your prescription electronically to Benecard Central Fill or fax your prescription to 1-888-907-4040. Be sure that your physician includes the cardholder name, ID number, shipping address, and patient's date of birth. Only prescriptions faxed from a doctor's office will be accepted via fax.

To order refills you have three options:

- **Internet:** Visit [www.empirxhealth.com](http://www.empirxhealth.com). If you have not yet registered, click on Register. If you are a registered user, log in and select Mail Order.
- **Phone:** Call Member Services toll-free, 877-262-7435, 24 hours a day, 7 days a week and use the prompts to order your refills. Have your identification number and credit card information ready.
- **Mail:** Send the Refill Request Order Form provided with your last shipment back to Benecard Central Fill mail service in the pre-addressed envelope

*EmpiRx Health does NOT automatically refill your prescriptions.*

To avoid delays, always include the appropriate copayment (if applicable) when your order is placed. Visa, MasterCard, Discover, or American Express and debit cards are accepted. You may also pay by check or money order made payable to Benecard Central Fill. Please do not send cash. Please allow up to two (2) weeks for delivery. Emergency prescriptions can be expedited at an additional charge.

### Specialty Pharmacy

Specialty pharmaceuticals are typically produced through biotechnology, administered by injection, and/or require special handling and patient monitoring.

Through the Specialty Pharmacy, you receive personalized attention to help you manage your medical condition including one-on-one consulting with our team of pharmacists and trained medical professionals.

Our clinical team partners with you and your prescribing doctor to ensure you understand:

- How to manage your condition
- What medications you have been prescribed
- How to take your medication
- What lower cost options may be available
- How to coordinate delivery of your medication
- How to safely handle and store your medication

Shipments will arrive in secure, temperature-controlled packaging (if necessary) and will include everything you will need to take your medication. Due to the sensitive nature of specialty medications, some packages may require a signature.

### Where Can I Ship My Medications?

We offer the convenience you need. Your medication can be shipped directly to:

- Your home
- Your work
- Your doctor's office
- Or a convenient location of your choice

### Save with Generic Medications

Generic equivalent drugs must meet the same Food & Drug Administration (FDA) standards for purity, strength, and safety as brand name drugs. They also must have the same active ingredients and identical absorption rate within the body as the brand name version. If you wish to take advantage of this savings opportunity, speak with your physician about the use of generics. You may also consult with your pharmacist regarding generic drug options that may be available to you.

### ID Cards

If your ID card is lost, you may print a temporary card online at [www.empirehealth.com](http://www.empirehealth.com). If there is an emergency and you need a prescription filled, call Empire Health Member Services toll-free at 877-252-7625 (TDD: 1-888-907-8020) and we will provide your pharmacist with the required information to facilitate processing the claim.

### Direct Member Reimbursement

If you must pay out-of-pocket for your medication which is covered by your plan, submit a Direct Member Reimbursement Form, which is available online at [www.empirehealth.com](http://www.empirehealth.com). You will need to provide an itemized receipt showing: the amount charged, prescription number, medication dispensed, manufacturer, dosage form, strength, quantity, and date dispensed. Your pharmacist can assist you if you do not have a detailed receipt. Direct reimbursement is based upon your plan benefits and the amount reimbursed may be significantly lower than the retail price you paid; therefore, always try to use a participating network pharmacy and present your ID card to reduce any unnecessary out-of-pocket expenses.

**Disclosure Form**

229275 SIVIA-COUNTY OF TULARE

**Principal Benefits for  
Kaiser Permanente Traditional Plan (1/1/18—12/31/18)**

Health Plan believes this coverage is a "grandfathered health plan" under the Patient Protection and Affordable Care Act. If you have questions about grandfathered health plans, please call our Member Service Contact Center.

**Accumulation Period**

The Accumulation Period for this plan is 1/1/18 through 12/31/18 (calendar year).

**Out-of-Pocket Maximum(s) and Deductible(s)**

For Services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

Amounts Per Accumulation Period	Self-Only Coverage (a Family of one Member)	Family Coverage Each Member in a Family of two or more Members	Family Coverage Entire Family of two or more Members
Plan Out-of-Pocket Maximum	\$1,500	\$1,500	\$3,000
Plan Deductible	None	None	None
Drug Deductible	None	None	None

**Professional Services (Plan Provider office visits)**

**You Pay**

Most Primary Care Visits and most Non-Physician Specialist Visits	\$25 per visit
Most Physician Specialist Visits	\$25 per visit
Routine physical maintenance exams, including well-woman exams	No charge
Well-child preventive exams (through age 23 months)	No charge
Family planning counseling and consultations	No charge
Scheduled prenatal care exams	No charge
Routine eye exams with a Plan Optometrist	No charge
Urgent care consultations, evaluations, and treatment	\$25 per visit
Most physical, occupational, and speech therapy	\$25 per visit

**Outpatient Services**

**You Pay**

Outpatient surgery and certain other outpatient procedures	\$25 per procedure
Allergy injections (including allergy serum)	\$8 per visit
Most immunizations (including the vaccine)	No charge
Most X-rays and laboratory tests	No charge
Covered individual health education counseling	No charge
Covered health education programs	No charge

**Hospitalization Services**

**You Pay**

Room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs	\$250 per admission
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**Emergency Health Coverage**

**You Pay**

Emergency Department visits	\$100 per visit
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Note: This Cost Share does not apply if you are admitted directly to the hospital as an inpatient for covered Services (see "Hospitalization Services" for inpatient Cost Share).

**Ambulance Services**

**You Pay**

Ambulance Services	\$50 per trip
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**Prescription Drug Coverage**

**You Pay**

Covered outpatient items in accord with our drug formulary guidelines:

Most generic items at a Plan Pharmacy or through our mail-order service	\$10 for up to a 100-day supply
Most brand-name items at a Plan Pharmacy or through our mail-order service	\$20 for up to a 100-day supply
Most specialty items at a Plan Pharmacy	\$70 for up to a 30-day supply

**Durable Medical Equipment (DME)**

**You Pay**

DME items in accord with our DME formulary guidelines	20% Coinsurance
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**Mental Health Services**

**You Pay**

Inpatient psychiatric hospitalization	\$250 per admission
Individual outpatient mental health evaluation and treatment	\$25 per visit
Group outpatient mental health treatment	\$12 per visit

Disclosure Form (continued)

Substance Use Disorder Treatment	You Pay
Inpatient detoxification .....	\$250 per admission
Individual outpatient substance use disorder evaluation and treatment .....	\$25 per visit
Group outpatient substance use disorder treatment .....	\$5 per visit
Home Health Services	You Pay
Home health care (up to 100 visits per Accumulation Period) .....	No charge
Other:	You Pay
Eyeglasses or contact lenses every 24 months .....	Amount in excess of \$150 Allowance
Skilled nursing facility care (up to 100 days per benefit period) .....	No charge
Prosthetic and orthotic devices .....	No charge
Covered fertility Services .....	50% Coinsurance
Hospice care .....	No charge

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For a complete explanation, please refer to the EOC. Please note that we provide all benefits required by law (for example, diabetes testing supplies).

**Disclosure Form**

229275 SVIA-COUNTY OF TULARE

**Principal Benefits for  
Kaiser Permanente Deductible HMO Plan (1/1/18—12/31/18)**

**Accumulation Period**

The Accumulation Period for this plan is 1/1/18 through 12/31/18 (calendar year).

**Out-of-Pocket Maximum(s) and Deductibles**

For Services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

For Services that are subject to the Plan Deductible or the Drug Deductible, you must pay Charges for covered Services you receive during the Accumulation Period until you reach the deductible amounts listed below. All payments you make toward your deductible(s) apply to the Plan Out-of-Pocket Maximum amounts listed below.

Amounts Per Accumulation Period	Self-Only Coverage (a Family of one Member)	Family Coverage: Each Member in a Family of two or more Members	Family Coverage: Entire Family of two or more Members
Plan Out-of-Pocket Maximum	\$3,000	\$9,000	\$6,000
Plan Deductible	\$1,000	\$1,000	\$2,000
Drug Deductible	None	None	None

**Professional Services (Plan Provider office visits)**

**You Pay**

Most Primary Care Visits and most Non-Physician Specialist Visits	\$20 per visit (Plan Deductible doesn't apply)
Most Physician Specialist Visits	\$20 per visit (Plan Deductible doesn't apply)
Routine physical maintenance exams, including well-woman exams	No charge (Plan Deductible doesn't apply)
Well-child preventive exams (through age 23 months)	No charge (Plan Deductible doesn't apply)
Family planning counseling and consultations	No charge (Plan Deductible doesn't apply)
Scheduled prenatal care exams	No charge (Plan Deductible doesn't apply)
Routine eye exams with a Plan Optometrist	No charge (Plan Deductible doesn't apply)
Urgent care consultations, evaluations, and treatment	\$20 per visit (Plan Deductible doesn't apply)
Most physical, occupational, and speech therapy	\$20 per visit after Plan Deductible

**Outpatient Services**

**You Pay**

Outpatient surgery and certain other outpatient procedures	20% Coinsurance after Plan Deductible
Allergy injections (including allergy serum)	No charge after Plan Deductible
Most immunizations (including the vaccine)	No charge (Plan Deductible doesn't apply)
Most X-rays and laboratory tests	\$10 per encounter after Plan Deductible
Preventive X-rays, screenings, and laboratory tests as described in the EOC	No charge (Plan Deductible doesn't apply)
MRI, most CT, and PET scans	\$50 per procedure after Plan Deductible
Covered individual health education counseling	No charge (Plan Deductible doesn't apply)
Covered health education programs	No charge (Plan Deductible doesn't apply)

**Hospitalization Services**

**You Pay**

Room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs	20% Coinsurance after Plan Deductible
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**Emergency Health Coverage**

**You Pay**

Emergency Department visits	20% Coinsurance after Plan Deductible
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Note: This Cost Share does not apply if you are admitted directly to the hospital as an inpatient for covered Services (see "Hospitalization Services" for Inpatient Cost Share).

**Ambulance Services**

**You Pay**

Ambulance Services	\$100 per trip after Plan Deductible
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**Prescription Drug Coverage**

**You Pay**

Covered outpatient items in accord with our drug formulary guidelines:

Most generic items at a Plan Pharmacy	\$10 for up to a 30-day supply (Plan Deductible doesn't apply)
Most generic refills through our mail-order service	\$20 for up to a 100-day supply (Plan Deductible doesn't apply)
Most brand-name items at a Plan Pharmacy	\$30 for up to a 30-day supply (Plan Deductible doesn't apply)
Most brand-name refills through our mail-order service	\$60 for up to a 100-day supply (Plan Deductible doesn't apply)

**Disclosure Form**

(continued)

Most specialty items at a Plan Pharmacy .....	\$30 for up to a 30-day supply (Plan Deductible doesn't apply)
<b>Durable Medical Equipment (DME)</b>	
DME items in accord with our DME formulary guidelines .....	You Pay
DME items in accord with our DME formulary guidelines .....	20% Coinsurance (Plan Deductible doesn't apply)
<b>Mental Health Services</b>	
Inpatient psychiatric hospitalization .....	20% Coinsurance after Plan Deductible
Individual outpatient mental health evaluation and treatment .....	\$10 per visit (Plan Deductible doesn't apply)
Group outpatient mental health treatment .....	\$10 per visit (Plan Deductible doesn't apply)
<b>Substance Use Disorder Treatment</b>	
Inpatient detoxification .....	20% Coinsurance after Plan Deductible
Individual outpatient substance use disorder evaluation and treatment .....	\$20 per visit (Plan Deductible doesn't apply)
Group outpatient substance use disorder treatment .....	\$5 per visit (Plan Deductible doesn't apply)
<b>Home Health Services</b>	
Home health care (up to 100 visits per Accumulation Period) .....	No charge (Plan Deductible doesn't apply)
<b>Other</b>	
Skilled nursing facility care (up to 100 days per benefit period) .....	20% Coinsurance after Plan Deductible
Prosthetic and orthotic devices .....	No charge (Plan Deductible doesn't apply)
Covered fertility Services .....	50% Coinsurance (Plan Deductible doesn't apply)
Hospice care .....	No charge (Plan Deductible doesn't apply)

This is a summary of the most frequently asked about benefits. This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For a complete explanation, please refer to the BDC. Please note that we provide all benefits required by law (for example, diabetes testing supplies).

Disclosure Form

39189 SJVIA-COUNTY OF TULARE

Principal Benefits for  
Kaiser Permanente Senior Advantage (HMO) with Part D (1/1/18—12/31/18)

**Plan Out-of-Pocket Maximum**

For Services subject to the maximum, you will not pay any more Cost Share for the rest of the calendar year if the Copayments and Coinsurance you pay for those Services add up to one of the following amounts:

For any one Member ..... \$1,500 per calendar year

**Plan Deductible** ..... None

**Professional Services (Plan Provider office visits)** ..... You Pay

Most Primary Care Visits and most Non-Physician Specialist Visits

..... \$15 per visit

Most Physician Specialist Visits ..... \$15 per visit

Annual Wellness visit and the "Welcome to Medicare" preventive visit ..... No charge

Routine physical exams ..... No charge

Routine eye exams with a Plan Optometrist ..... \$15 per visit

Urgent care consultations, evaluations, and treatment ..... \$15 per visit

Physical, occupational, and speech therapy ..... \$15 per visit

**Outpatient Services** ..... You Pay

Outpatient surgery and certain other outpatient procedures ..... \$15 per procedure

Allergy injections (including allergy serum) ..... \$3 per visit

Most immunizations (including the vaccine) ..... No charge

Most X-rays and laboratory tests ..... No charge

Manual manipulation of the spine ..... \$15 per visit

**Hospitalization Services** ..... You Pay

Room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs ..... \$200 per admission

**Emergency Health Coverage** ..... You Pay

Emergency Department visits ..... \$50 per visit

**Ambulance Services** ..... You Pay

Ambulance Services ..... \$50 per trip

**Prescription Drug Coverage** ..... You Pay

Covered outpatient items in accord with our drug formulary guidelines:

Most generic items ..... \$10 for up to a 100-day supply

Most brand-name items ..... \$25 for up to a 100-day supply

**Durable Medical Equipment (DME)** ..... You Pay

Covered durable medical equipment for home use ..... 20 percent Coinsurance

**Mental Health Services** ..... You Pay

Inpatient psychiatric hospitalization ..... \$200 per admission

Individual outpatient mental health evaluation and treatment ..... \$15 per visit

Group outpatient mental health treatment ..... \$7 per visit

<b>Substance Use Disorder Treatment</b>		<b>You Pay</b>
Inpatient detoxification .....		\$200 per admission
Individual outpatient substance use disorder evaluation and treatment .....		\$15 per visit
Group outpatient substance use disorder treatment .....		\$5 per visit
<b>Home Health Services</b>		<b>You Pay</b>
Home health care (part-time, intermittent) .....		No charge
<b>Other</b>		<b>You Pay</b>
Eyeglasses or contact lenses every 24 months .....		Amount in excess of \$150 Allowance
Skilled nursing facility care (up to 100 days per benefit period).....		No charge
External prosthetic and orthotic devices .....		20 percent Coinsurance
Ostomy and urological supplies .....		20 percent Coinsurance

This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For more information, please refer to the *Summary of Benefits* booklet enclosed.



Plan Benefit Highlights for: COUNTY OF TULARE

Group No: 16128

DELTA DENTAL PPO

<b>Eligibility</b>	Primary enrollee, spouse and eligible dependent children to the end of the month dependent turns age 26			
<b>Deductibles</b>	Delta Dental PPO dentists: None Non-Delta Dental PPO dentists: \$25 per person / \$75 per family each calendar year			
Deductibles waived for Diagnostic & Preventive (D & P)?	Delta Dental PPO dentists: None Non-Delta Dental PPO dentists: Yes			
<b>Maximums</b>	\$1,000 per person each calendar year			
<b>Waiting Period(s)</b>	Basic Benefits None	Major Benefits None	Prosthodontics None	Orthodontics None

<b>Benefits and Covered Services</b>	<b>Delta Dental PPO dentists**</b>	<b>Non-Delta Dental PPO dentists**</b>
<b>Diagnostic &amp; Preventive Services (D &amp; P)</b> Exams, cleaning and x-rays	100 %	100 %
<b>Basic Services</b> Fillings and simple tooth extractions	80 %	80 %
<b>Endodontics</b> (root canals) Covered Under Basic Services	80 %	80 %
<b>Periodontics</b> (gum treatment) Covered Under Basic Services	80 %	80 %
<b>Oral Surgery</b> Covered Under Basic Services	80 %	80 %
<b>Major Services</b> Crowns, inlays, onlays and cast restorations	50 %	50 %
<b>Prosthodontics</b> Bridges, dentures and implants	50 %	50 %
<b>Orthodontic Benefits</b> Adults and dependent children	50 %	50 %
<b>Orthodontic Maximums</b>	\$1,500 Lifetime	\$1,500 Lifetime
<b>Dental Accident Benefits</b>	100 % (separate \$1,000 maximum per person per calendar year)	100 % (separate \$1,000 maximum per person per calendar year)

\* Limitations or waiting periods may apply for some benefits; some services may be excluded from your plan. Reimbursement is based on Delta Dental maximum contract allowances and not necessarily each dentist's submitted fees.

\*\* Reimbursement is based on PPO contracted fees for PPO dentists, Premier contracted fees for Premier dentists and program allowance for non-Delta Dental dentists.

Delta Dental of California  
100 First St.  
San Francisco, CA 94105

Customer Service  
800-785-8003

Claims Address  
P.O. Box 997330  
Sacramento, CA 95899-7330

[deltadentalins.com](http://deltadentalins.com)

This benefit information is not intended or designed to replace or serve as the plan's Evidence of Coverage or Summary Plan Description. If you have specific questions regarding the benefits, limitations or exclusions for your plan, please consult your company's benefits representative.

BENEFIT HIGHLIGHTS



## SCHEDULE A

## Description of Benefits and Copayments

The Benefits shown below are performed as deemed appropriate by the attending Contract Dentist subject to the limitations and exclusions of the Program. Please refer to *Schedule B* for further clarification of Benefits. Enrollees should discuss all treatment options with their Contract Dentist prior to services being rendered.

Text that appears in *italics* below is specifically intended to clarify the delivery of Benefits under the DeltaCare USA Program and is not to be interpreted as CDT-2016 procedure codes, descriptors or nomenclature that are under copyright by the American Dental Association. The American Dental Association may periodically change CDT codes or definitions. Such updated codes, descriptors and nomenclature may be used to describe these covered procedures in compliance with federal legislation.

CODE	DESCRIPTION	ENROLLEE PAYS
<b>D0100-D0999</b>	<b>I. DIAGNOSTIC</b>	
D0120	Periodic oral evaluation - established patient	No Cost
D0140	Limited oral evaluation - problem focused	No Cost
D0145	Oral evaluation for a patient under three years of age and counseling with primary caregiver	No Cost
D0150	Comprehensive oral evaluation - new or established patient	No Cost
D0160	Detailed and extensive oral evaluation - problem focused, by report	No Cost
D0170	Re-evaluation - limited, problem focused (established patient; not post-operative visit)	No Cost
D0171	Re-evaluation - post-operative office visit	No Cost
D0180	Comprehensive periodontal evaluation - new or established patient	No Cost
D0190	Screening of a patient	No Cost
D0191	Assessment of a patient	No Cost
D0210	Intraoral - complete series of radiographic images - <i>limited to 1 series every 24 months</i>	No Cost
D0220	Intraoral - periapical first radiographic image	No Cost
D0230	Intraoral - periapical each additional radiographic image	No Cost
D0240	Intraoral - occlusal radiographic image	No Cost
D0250	Extraoral - 2D projection radiographic image created using a stationary radiation source, and detector	No Cost
D0261	Extraoral posterior dental radiographic image	No Cost
D0270	Bitewing - single radiographic image	No Cost
D0272	Bitewings - two radiographic images	No Cost
D0273	Bitewings three radiographic images	No Cost
D0274	Bitewings - four radiographic images - <i>limited to 1 series every 6 months</i>	No Cost
D0277	Vertical bitewings - 7 to 8 radiographic images	No Cost
D0330	Panoramic radiographic image	No Cost
D0415	Collection of microorganisms for culture and sensitivity	No Cost
D0425	Caries susceptibility tests	No Cost
D0460	Pulp vitality tests	No Cost
D0470	Diagnostic casts	No Cost
D0472	Accession of tissue, gross examination, preparation and transmission of written report - <i>available only when performed in conjunction with a covered biopsy</i>	No Cost
D0473	Accession of tissue, gross and microscopic examination, preparation and transmission of written report - <i>available only when performed in conjunction with a covered biopsy</i>	No Cost
D0474	Accession of tissue, gross and microscopic examination, including assessment of surgical margins for presence of disease, preparation and transmission of written report - <i>available only when performed in conjunction with a covered biopsy</i>	No Cost
D0601	Caries risk assessment and documentation, with a finding of low risk - <i>limited to children age 3 to 19, 1 every 3 years</i>	No Cost
D0602	Caries risk assessment and documentation, with a finding of moderate risk - <i>limited to children age 3 to 19, 1 every 3 years</i>	No Cost
D0603	Caries risk assessment and documentation, with a finding of high risk - <i>limited to children age 3 to 19, 1 every 3 years</i>	No Cost
D0999	Unspecified diagnostic procedure, by report - <i>includes office visit, per visit (in addition to other services)</i>	No Cost
<b>D1000-D1999</b>	<b>II. PREVENTIVE</b>	
D1110	Prophylaxis cleaning - adult - 1 per 6 month period	No Cost
D1110	Additional prophylaxis cleaning - adult (within the 6 month period)	\$45.00

D1120	Prophylaxis cleaning - child - 1 per 6 month period	No Cost
D1120	Additional prophylaxis cleaning - child (within the 6 month period)	\$35.00
D1205	Topical application of fluoride varnish - 1 D1205 or D1206 per 6 month period	No Cost
D1205	Topical application of fluoride - excluding varnish - 1 D1205 or D1206 per 6 months period	No Cost
D1310	Nutritional counseling for control of dental disease	No Cost
D1320	Tobacco counseling for the control and prevention of oral disease	No Cost
D1330	Oral hygiene instructions	No Cost
D1351	Sealant - per tooth - limited to permanent molars through age 15	No Cost
D1352	Preventive resin restoration in a moderate to high caries risk patient - permanent tooth - limited to permanent molars through age 15	No Cost
D1353	Sealant repair - per tooth - limited to permanent molars through age 15	No Cost
D1354	Interim caries arresting medicament application - 1 per 6 month period	No Cost
D1510	Space maintainer - fixed - unilateral	No Cost
D1515	Space maintainer - fixed - bilateral	No Cost
D1520	Space maintainer - removable - unilateral	No Cost
D1525	Space maintainer - removable - bilateral	No Cost
D1550	Re-cement or re-bond space maintainer	No Cost
D1555	Removal of fixed space maintainer	No Cost

### D2900-D2999 III. RESTORATIVE

- includes polishing, all adhesives and bonding agents, indirect pulp capping, bases, liners and acid etch procedures.

- When there are more than six crowns in the same treatment plan, an Enrollee may be charged an additional \$125.00 per crown, beyond the 6th unit.

\* Replacement of crowns, inlays and onlays requires the existing restoration to be 5+ years old.

\* Name brand, laboratory processed or in-office processed crowns/onlays produced through specialized techniques or materials are material upgrades. The Contract Dentist may charge an additional fee not to exceed \$325.00 in addition to the listed Copayment. Refer to Limitation of Benefits #4 for additional information.

D2140	Amalgam - one surface, primary or permanent	No Cost
D2150	Amalgam - two surfaces, primary or permanent	No Cost
D2160	Amalgam - three surfaces, primary or permanent	No Cost
D2161	Amalgam - four or more surfaces, primary or permanent	No Cost
D2330	Resin-based composite - one surface, anterior	No Cost
D2331	Resin-based composite - two surfaces, anterior	No Cost
D2332	Resin-based composite - three surfaces, anterior	No Cost
D2335	Resin-based composite - four or more surfaces or involving incisal angle (anterior)	No Cost
D2390	Resin-based composite crown, anterior	No Cost
D2391	Resin-based composite - one surface, posterior	\$25.00
D2392	Resin-based composite - two surfaces, posterior	\$30.00
D2393	Resin-based composite - three surfaces, posterior	\$35.00
D2394	Resin-based composite - four or more surfaces, posterior	\$40.00
D2510	Inlay - metallic - one surface	No Cost
D2520	Inlay - metallic - two surfaces	No Cost
D2530	Inlay - metallic - three or more surfaces	No Cost
D2542	Onlay - metallic - two surfaces	No Cost
D2543	Onlay - metallic - three surfaces	No Cost
D2544	Onlay - metallic - four or more surfaces	No Cost
D2610	Inlay - porcelain/ceramic - one surface*	\$50.00
D2620	Inlay - porcelain/ceramic - two surfaces*	\$60.00
D2630	Inlay - porcelain/ceramic - three or more surfaces*	\$65.00
D2642	Onlay - porcelain/ceramic - two surfaces*	\$55.00
D2643	Onlay - porcelain/ceramic - three surfaces*	\$65.00
D2644	Onlay - porcelain/ceramic - four or more surfaces*	\$70.00
D2650	Inlay - resin-based composite - one surface	\$15.00
D2651	Inlay - resin-based composite - two surfaces	\$20.00
D2652	Inlay - resin-based composite - three or more surfaces	\$30.00
D2662	Onlay - resin-based composite - two surfaces	\$25.00
D2663	Onlay - resin-based composite - three surfaces	\$35.00
D2664	Onlay - resin-based composite - four or more surfaces	\$50.00
D2710	Crown - resin-based composite (indirect)	No Cost

Plan Code	DeltaCare USA	Description of Benefits and Payments
D2712	Crown - ¾ resin-based composite (indirect)	No Cost
D2720	Crown - resin with high noble metal	\$90.00
D2721	Crown - resin with predominantly base metal	\$15.00
D2722	Crown - resin with noble metal	\$20.00
D2740	Crown - porcelain/ceramic substrate*	\$85.00
D2750	Crown - porcelain fused to high noble metal*	\$70.00
D2751	Crown - porcelain fused to predominantly base metal	\$55.00
D2752	Crown - porcelain fused to noble metal	\$60.00
D2780	Crown - ¾ cast high noble metal	\$70.00
D2781	Crown - ¾ cast predominantly base metal	\$55.00
D2782	Crown - ¾ cast noble metal	\$60.00
D2783	Crown - ¾ porcelain/ceramic*	\$70.00
D2790	Crown - full cast high noble metal	\$70.00
D2791	Crown - full cast predominantly base metal	\$55.00
D2792	Crown - full cast noble metal	\$60.00
D2794	Crown - titanium	\$70.00
D2910	Re-cement or re-bond inlay, onlay, veneer or partial coverage restoration	No Cost
D2915	Re-cement or re-bond indirectly fabricated or prefabricated post and core	No Cost
D2920	Re-cement or re-bond crown	No Cost
D2921	Reattachment of tooth fragment, incisal edge or cusp (anterior)	No Cost
D2929	Prefabricated porcelain/ceramic crown - primary tooth - anterior	No Cost
D2930	Prefabricated stainless steel crown - primary tooth	No Cost
D2931	Prefabricated stainless steel crown - permanent tooth	No Cost
D2932	Prefabricated resin crown - anterior primary tooth	No Cost
D2933	Prefabricated stainless steel crown with resin window - anterior primary tooth	No Cost
D2940	Protective restoration	No Cost
D2941	Interim therapeutic restoration - primary dentition	No Cost
D2949	Restorative foundation for an indirect restoration	No Cost
D2950	Core buildup, including any pins when required	No Cost
D2951	Pin retention - per tooth, in addition to restoration	No Cost
D2952	Post and core in addition to crown, indirectly fabricated - includes canal preparation	No Cost
D2953	Each additional indirectly fabricated post - same tooth - includes canal preparation	No Cost
D2954	Prefabricated post and core in addition to crown - base metal post; includes canal preparation	No Cost
D2955	Post removal	No Cost
D2957	Each additional prefabricated post - same tooth - base metal post; includes canal preparation	No Cost
D2960	Labial veneer (resin laminate) - chairside - limited to replacement of significant tooth structure loss due to caries or fracture	\$245.00
D2961	Labial veneer (resin laminate) - laboratory - limited to replacement of significant tooth structure loss due to caries or fracture	\$295.00
D2962	Labial veneer (porcelain laminate) - laboratory - limited to replacement of significant tooth structure loss due to caries or fracture	\$345.00
D2971	Additional procedures to construct new crown under existing partial denture framework	\$14.00
D2980	Crown repair necessitated by restorative material failure	No Cost
D2981	Inlay repair necessitated by restorative material failure	No Cost
D2982	Onlay repair necessitated by restorative material failure	No Cost
D2983	Veneer repair necessitated by restorative material failure	No Cost
D2990	Resin infiltration of incipient smooth surface lesions - limited to permanent molars through age 15	No Cost
D3000-D3999	IV. ENDODONTICS	
D3110	Pulp cap - direct (excluding final restoration)	No Cost
D3120	Pulp cap - indirect (excluding final restoration)	No Cost
D3220	Therapeutic pulpotomy (excluding final restoration) - removal of pulp coronal to the dentinocemental junction and application of medicament	No Cost
D3221	Pulpal debridement, primary and permanent teeth	No Cost
D3222	Partial pulpotomy for apexogenesis - permanent tooth with incomplete root development	No Cost
D3230	Pulpal therapy (resorbable filling) - anterior, primary tooth (excluding final restoration)	No Cost
D3240	Pulpal therapy (resorbable filling) - posterior, primary tooth (excluding final restoration)	No Cost

**PHYSICIAN DENTAL SERVICES - UNITED STATES - Description of Benefit and Restrictions**

D3310	Root canal - endodontic therapy, anterior tooth (excluding final restoration)	\$20.00
D3320	Root canal - endodontic therapy, bicuspid tooth (excluding final restoration)	\$40.00
D3330	Root canal - endodontic therapy, molar (excluding final restoration)	\$60.00
D3331	Treatment of root canal obstruction; non-surgical access	\$40.00
D3332	Incomplete endodontic therapy, inoperable, unrestorable or fractured tooth	\$40.00
D3333	Internal root repair of perforation defects	\$40.00
D3346	Retreatment of previous root canal therapy - anterior	\$35.00
D3347	Retreatment of previous root canal therapy - bicuspid	\$50.00
D3348	Retreatment of previous root canal therapy - molar	\$65.00
D3351	Apexification/recalcification - initial visit (apical closure/calcefic repair of perforations, root resorption, etc.)	\$55.00
D3352	Apexification/recalcification - interim medication replacement (apical closure/calcefic repair of perforations, root resorption, pulp space disinfection, etc.)	\$45.00
D3353	Apexification/recalcification - final visit (includes completed root canal therapy - apical closure/calcefic repair of perforations, root resorption, etc.)	\$45.00
D3410	Apicoectomy - anterior	No Cost
D3421	Apicoectomy - bicuspid (first root)	No Cost
D3425	Apicoectomy - molar (first root)	No Cost
D3426	Apicoectomy (each additional root)	No Cost
D3427	Periapical surgery without apicoectomy	No Cost
D3430	Retrograde filling - per root	No Cost
D3450	Root amputation - per root	No Cost
D3920	Hemisection (including any root removal), not including root canal therapy	No Cost
<b>D4000-D4999 V. PERIODONTICS</b>		
<i>- includes preoperative and postoperative evaluations and treatment under a local anesthetic.</i>		
D4210	Gingivectomy or gingivoplasty - four or more contiguous teeth or tooth bounded spaces per quadrant	No Cost
D4211	Gingivectomy or gingivoplasty - one to three contiguous teeth or tooth bounded spaces per quadrant	No Cost
D4212	Gingivectomy or gingivoplasty to allow access for restorative procedure, per tooth	No Cost
D4240	Gingival flap procedure, including root planing - four or more contiguous teeth or tooth bounded spaces per quadrant	No Cost
D4341	Gingival flap procedure, including root planing - one to three contiguous teeth or tooth bounded spaces per quadrant	No Cost
D4245	Apically positioned flap	\$45.00
D4249	Clinical crown lengthening - hard tissue	\$45.00
D4260	Osseous surgery (including elevation of a full thickness flap and closure) - four or more contiguous teeth or tooth bounded spaces per quadrant	\$75.00
D4261	Osseous surgery (including elevation of a full thickness flap and closure) - one to three contiguous teeth or tooth bounded spaces per quadrant	\$60.00
D4263	Bone replacement graft - first site in quadrant	\$125.00
D4264	Bone replacement graft - each additional site in quadrant	\$45.00
D4265	Guided tissue regeneration - resorbable barrier, per site	\$100.00
D4267	Guided tissue regeneration - nonresorbable barrier, per site (includes membrane removal)	\$140.00
D4270	Pedicle soft tissue graft procedure	\$125.00
D4273	Autogenous connective tissue graft procedure (including donor and recipient surgical sites) first tooth, implant, or edentulous tooth position in graft	\$75.00
D4274	Distal or proximal wedge procedure (when not performed in conjunction with surgical procedures in the same anatomical area)	No Cost
D4275	Non-autogenous connective tissue graft (including recipient site and donor material) first tooth, implant, or edentulous tooth position in graft	\$115.00
D4277	Free soft tissue graft procedure (including recipient and donor surgical sites) first tooth, implant, or edentulous tooth position in graft	\$125.00
D4278	Free soft tissue graft procedure (including recipient and donor surgical sites) each additional contiguous tooth, implant, or edentulous tooth position in same graft site	\$125.00
D4283	Autogenous connective tissue graft procedure (including donor and recipient surgical sites) - each additional contiguous tooth, implant or edentulous tooth position in same graft site	\$45.00
D4285	Non-autogenous connective tissue graft procedure (including recipient surgical site and donor material) - each additional contiguous tooth, implant or edentulous tooth position in same graft site	\$60.00
D4341	Periodontal scaling and root planing - four or more teeth per quadrant - limited to 4 quadrants during any 12 consecutive months	No Cost

Plan Code	DeltaCare USA	Description of Benefits and Copayments
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D4342	Periodontal scaling and root planing - one to three teeth per quadrant - limited to 4 quadrants during any 12 consecutive months	No Cost
D4355	Full mouth debridement to enable comprehensive evaluation and diagnosis - limited to 1 treatment in any 12 consecutive months	No Cost
D4381	Localized delivery of antimicrobial agents via a controlled release vehicle into diseased crevicular tissue, per tooth - for each of the first two teeth treated within a quadrant following root planing or periodontal maintenance	\$60.00
D4381	Localized delivery of antimicrobial agents via a controlled release vehicle into diseased crevicular tissue, per tooth - for an additional tooth treated in the same quadrant following root planing or periodontal maintenance	No Cost
D4910	Periodontal maintenance - limited to 1 treatment each 6 month period	No Cost
D4910	Additional periodontal maintenance (within the 6 month period)	\$55.00
D4921	Gingival irrigation - per quadrant	No Cost

**D5000-D5699 VI. PROSTHODONTICS (removable)**

- For all listed dentures and partial dentures, Copayment includes after delivery adjustments and tissue conditioning, if needed, for the first six months after placement. The Enrollee must continue to be eligible, and the service must be provided at the Contract Dentist's facility where the denture was originally delivered.

- Rebases, relines and tissue conditioning are limited to 1 per denture during any 12 consecutive months.

- Replacement of a denture or a partial denture requires the existing denture to be 5+ years old.

D5110	Complete denture - maxillary	\$75.00
D5120	Complete denture - mandibular	\$75.00
D5130	Immediate denture - maxillary	\$85.00
D5140	Immediate denture - mandibular	\$85.00
D5211	Maxillary partial denture - resin base (including any conventional clasps, rests and teeth)	\$80.00
D5212	Mandibular partial denture - resin base (including any conventional clasps, rests and teeth)	\$80.00
D5213	Maxillary partial denture - cast metal framework with resin denture bases (including any conventional clasps, rests and teeth)	\$95.00
D5214	Mandibular partial denture - cast metal framework with resin denture bases (including any conventional clasps, rests and teeth)	\$95.00
D5221	Immediate maxillary partial denture - resin base (including any conventional clasps, rests and teeth)	\$80.00
D5222	Immediate mandibular partial denture - resin base (including any conventional clasps, rests and teeth)	\$80.00
D5223	Immediate maxillary partial denture - cast metal framework with resin denture bases (including any conventional clasps, rests and teeth)	\$95.00
D5224	Immediate mandibular partial denture - cast metal framework with resin denture bases (including any conventional clasps, rests and teeth)	\$95.00
D5225	Maxillary partial denture - flexible base (including any clasps, rests and teeth)	\$195.00
D5226	Mandibular partial denture - flexible base (including any clasps, rests and teeth)	\$195.00
D5281	Removable unilateral partial denture - one piece cast metal (including clasps and teeth)	\$80.00
D5410	Adjust complete denture - maxillary	No Cost
D5411	Adjust complete denture - mandibular	No Cost
D5421	Adjust partial denture - maxillary	No Cost
D5422	Adjust partial denture - mandibular	No Cost
D5610	Repair broken complete denture base	No Cost
D5620	Replace missing or broken teeth - complete denture (each tooth)	No Cost
D5610	Repair resin denture base	No Cost
D5620	Repair cast framework	No Cost
D5630	Repair or replace broken clasp - per tooth	No Cost
D5640	Replace broken teeth - per tooth	No Cost
D5650	Add tooth to existing partial denture	No Cost
D5660	Add clasp to existing partial denture - per tooth	No Cost
D5670	Replace all teeth and acrylic on cast metal framework (maxillary)	\$65.00
D5671	Replace all teeth and acrylic on cast metal framework (mandibular)	\$65.00
D5710	Rebase complete maxillary denture	\$30.00
D5711	Rebase complete mandibular denture	\$30.00
D5720	Rebase maxillary partial denture	\$30.00
D5721	Rebase mandibular partial denture	\$30.00
D5730	Reline complete maxillary denture (chairside)	No Cost
D5731	Reline complete mandibular denture (chairside)	No Cost
D5740	Reline maxillary partial denture (chairside)	No Cost
D5741	Reline mandibular partial denture (chairside)	No Cost

D5750	Reline complete maxillary denture (laboratory)	\$25.00
D5761	Reline complete mandibular denture (laboratory)	\$25.00
D5760	Reline maxillary partial denture (laboratory)	\$25.00
D5761	Reline mandibular partial denture (laboratory)	\$25.00
D5820	Interim partial denture (maxillary) - limited to 1 in any 12 consecutive months	No Cost
D5821	Interim partial denture (mandibular) - limited to 1 in any 12 consecutive months	No Cost
D6850	Tissue conditioning, maxillary	No Cost
D6851	Tissue conditioning, mandibular	No Cost

**D6900-D6999 VII. MAXILLOFACIAL PROSTHETICS - Not Covered**

**D8000-D8199 VIII. IMPLANT SERVICES - Not Covered**

**D6200-D6999 IX. PROSTHODONTICS, fixed (each retainer and each pontic constitutes a unit in a fixed partial denture [bridge])**

- When a crown and/or pontic exceeds six units in the same treatment plan, an Enrollee may be charged an additional \$125.00 per unit, beyond the 6th unit.

- Replacement of a crown, pontic, inlay, onlay or stress breaker requires the existing bridge to be 5+ years old.

\* Name brand, laboratory processed or in-office processed crowns/pontics produced through specialized technique or materials are material upgrades. The Contract Dentist may charge an additional fee not to exceed \$325.00 in addition to the listed Copayment. Refer to Limitation of Benefits #4 for additional information.

D6205	Pontic - indirect resin based composite	\$50.00
D6210	Pontic - cast high noble metal	\$70.00
D6211	Pontic - cast predominantly base metal	\$55.00
D6212	Pontic - cast noble metal	\$60.00
D6214	Pontic - titanium	\$70.00
D6240	Pontic - porcelain fused to high noble metal*	\$70.00
D6241	Pontic - porcelain fused to predominantly base metal	\$55.00
D6242	Pontic - porcelain fused to noble metal	\$60.00
D6245	Pontic - porcelain/ceramic*	\$70.00
D6250	Pontic - resin with high noble metal	\$30.00
D6251	Pontic - resin with predominantly base metal	\$15.00
D6252	Pontic - resin with noble metal	\$20.00
D6600	Retainer inlay - porcelain/ceramic, two surfaces	\$60.00
D6601	Retainer inlay - porcelain/ceramic, three or more surfaces	\$65.00
D6602	Retainer inlay - cast high noble metal, two surfaces	\$70.00
D6603	Retainer inlay - cast high noble metal, three or more surfaces	\$70.00
D6604	Retainer inlay - cast predominantly base metal, two surfaces	No Cost
D6605	Retainer inlay - cast predominantly base metal, three or more surfaces	No Cost
D6606	Retainer inlay - cast noble metal, two surfaces	\$60.00
D6607	Retainer inlay - cast noble metal, three or more surfaces	\$60.00
D6608	Retainer onlay - porcelain/ceramic, two surfaces	\$55.00
D6609	Retainer onlay - porcelain/ceramic, three or more surfaces	\$65.00
D6610	Retainer onlay - cast high noble metal, two surfaces	\$70.00
D6611	Retainer onlay - cast high noble metal, three or more surfaces	\$70.00
D6612	Retainer onlay - cast predominantly base metal, two surfaces	No Cost
D6613	Retainer onlay - cast predominantly base metal, three or more surfaces	No Cost
D6614	Retainer onlay - cast noble metal, two surfaces	\$60.00
D6615	Retainer onlay - cast noble metal, three or more surfaces	\$60.00
D6710	Retainer crown - indirect resin based composite	\$30.00
D6720	Retainer crown - resin with high noble metal	\$30.00
D6721	Retainer crown - resin with predominantly base metal	\$15.00
D6722	Retainer crown - resin with noble metal	\$20.00
D6740	Retainer crown - porcelain/ceramic*	\$70.00
D6750	Retainer crown - porcelain fused to high noble metal*	\$70.00
D6751	Retainer crown - porcelain fused to predominantly base metal	\$55.00
D6752	Retainer crown - porcelain fused to noble metal	\$60.00
D6760	Retainer crown - 1/2 cast high noble metal	\$70.00
D6781	Retainer crown - 1/2 cast predominantly base metal	\$55.00



D6782	Retainer crown - ¾ cast noble metal	\$60.00
D6783	Retainer crown - ¾ porcelain/ceramic*	\$70.00
D6790	Retainer crown - full cast high noble metal	\$70.00
D6791	Retainer crown - full cast predominantly base metal	\$50.00
D6792	Retainer crown - full cast noble metal	\$60.00
D6794	Retainer crown - titanium	\$70.00
D6930	Re-cement or re-bond fixed partial denture	No Cost
D6940	Stress breaker	No Cost
D6980	Fixed partial denture repair necessitated by restorative material failure	No Cost

**D7000-D7999 X. ORAL AND MAXILLOFACIAL SURGERY**

- Includes preoperative and postoperative evaluations and treatment under a local anesthetic.

D7111	Extraction, coronal remnants - deciduous tooth	No Cost
D7140	Extraction, erupted tooth or exposed root (elevation and/or forceps removal)	No Cost
D7210	Surgical removal of erupted tooth requiring removal of bone and/or sectioning of tooth, and including elevation of mucoperiosteal flap if indicated	\$10.00
D7220	Removal of impacted tooth - soft tissue	\$15.00
D7230	Removal of impacted tooth - partially bony	\$25.00
D7240	Removal of impacted tooth - completely bony	\$35.00
D7241	Removal of impacted tooth - completely bony, with unusual surgical complications	\$50.00
D7250	Surgical removal of residual tooth roots (cutting procedure)	No Cost
D7251	Coronectomy - intentional partial tooth removal	\$50.00
D7270	Tooth reimplantation and/or stabilization of accidentally evulsed or displaced tooth	\$35.00
D7280	Surgical access of an unerupted tooth	\$25.00
D7282	Mobilization of erupted or malpositioned tooth to aid eruption	\$25.00
D7283	Placement of device to facilitate eruption of impacted tooth	No Cost
D7286	Incisional biopsy of oral tissue - soft - does not include pathology laboratory procedures	No Cost
D7310	Alveoplasty in conjunction with extractions - four or more teeth or tooth spaces, per quadrant	No Cost
D7311	Alveoplasty in conjunction with extractions - one to three teeth or tooth spaces, per quadrant	No Cost
D7320	Alveoplasty not in conjunction with extractions - four or more teeth or tooth spaces, per quadrant	No Cost
D7321	Alveoplasty not in conjunction with extractions - one to three teeth or tooth spaces, per quadrant	No Cost
D7450	Removal of benign odontogenic cyst or tumor - lesion diameter up to 1.25 cm	No Cost
D7451	Removal of benign odontogenic cyst or tumor - lesion diameter greater than 1.25 cm	No Cost
D7471	Removal of lateral exostosis (maxilla or mandible)	No Cost
D7472	Removal of torus palatinus	No Cost
D7473	Removal of torus mandibularis	No Cost
D7510	Incision and drainage of abscess - intraoral soft tissue	No Cost
D7960	Frenulectomy - also known as frenectomy or frenotomy - separate procedure not incidental to another procedure	No Cost
D7970	Excision of hyperplastic tissue - per arch	No Cost
D7971	Excision of pericoronary gingiva	No Cost

**D8000-D8999 XI. ORTHODONTICS**

- The listed Copayment for each phase of orthodontic treatment (limited, interceptive or comprehensive) covers up to 24 months of active treatment. Beyond 24 months, an additional monthly fee, not to exceed \$125.00, may apply.

- The Retention Copayment includes adjustments and/or office visits up to 24 months.

*Pre and post orthodontic records include:*

	<i>The benefit for pre-treatment records and diagnostic services includes:</i>	\$200.00
D0210	Intraoral - complete series of radiographic images	
D0322	Tomographic survey	
D0330	Panoramic radiographic image	
D0340	2D cephalometric radiographic image - acquisition, measurement and analysis	
D0350	2D oral/facial photographic images obtained intraorally or extraorally	
D0351	3D photographic image	
D0470	Diagnostic casts	
	<i>The benefit for post-treatment records includes:</i>	\$70.00
D0210	Intraoral - complete series of radiographic images	
D0470	Diagnostic casts	

D8010	Limited orthodontic treatment of the primary dentition	\$725.00
D8020	Limited orthodontic treatment of the transitional dentition - <i>child or adolescent to age 19</i>	\$725.00
D8030	Limited orthodontic treatment of the adolescent dentition - <i>adolescent to age 19</i>	\$725.00
D8040	Limited orthodontic treatment of the adult dentition - <i>adults, including covered dependant adult children</i>	\$925.00
D8050	Interceptive orthodontic treatment of the primary dentition	\$725.00
D8060	Interceptive orthodontic treatment of the transitional dentition	\$725.00
D8070	Comprehensive orthodontic treatment of the transitional dentition - <i>child or adolescent to age 19</i>	\$1,700.00
D8080	Comprehensive orthodontic treatment of the adolescent dentition - <i>adolescent to age 19</i>	\$1,700.00
D8090	Comprehensive orthodontic treatment of the adult dentition - <i>adults, including covered dependant adult children</i>	\$1,900.00
D8660	Pre-orthodontic treatment examination to monitor growth and development	\$25.00
D8670	Periodic orthodontic treatment visit - <i>included in comprehensive case fee</i>	No Cost
D8680	Orthodontic retention (removal of appliances, construction and placement of removable retainers)	\$275.00
D8681	Removable orthodontic retainer adjustment	No Cost
D8693	Re-bond or re-cement fixed retainer - <i>limited to 2 per 6 month period</i>	No Cost
D8694	Repair of fixed retainers, includes reattachment - <i>limited to 2 per 6 month period</i>	No Cost
D8998	Unspecified orthodontic procedure, by report - <i>includes treatment planning session</i>	\$100.00

#### D9000-D9999 XII. ADJUNCTIVE GENERAL SERVICES

D9110	Palliative (emergency) treatment of dental pain - minor procedure	No Cost
D9211	Regional block anesthesia	No Cost
D9212	Trigeminal division block anesthesia	No Cost
D9215	Local anesthesia in conjunction with operative or surgical procedures	No Cost
D9219	Evaluation for deep sedation or general anesthesia	No Cost
D9223	Deep sedation/general anesthesia - each 15 minute increment	\$80.00
D9243	Intravenous moderate (conscious) sedation/analgesia - each 15 minute increment	\$80.00
D9310	Consultation - diagnostic service provided by dentist or physician other than requesting dentist or physician	No Cost
D9430	Office visit for observation (during regularly scheduled hours) - no other services performed	No Cost
D9440	Office visit - after regularly scheduled hours	\$20.00
D9450	Case presentation, detailed and extensive treatment planning	No Cost
D9932	Cleaning and inspection of removable complete denture, maxillary	No Cost
D9933	Cleaning and inspection of removable complete denture, mandibular	No Cost
D9934	Cleaning and inspection of removable partial denture, maxillary	No Cost
D9935	Cleaning and inspection of removable partial denture, mandibular	No Cost
D9940	Occlusal guard, by report - <i>limited to 1 in 3 years</i>	\$75.00
D9943	Occlusal guard adjustment	\$10.00
D9951	Occlusal adjustment, limited	No Cost
D9952	Occlusal adjustment, complete	No Cost
D9975	External bleaching for home application, per arch; includes materials and fabrication of custom trays - <i>limited to one bleaching tray and gel for two weeks of self-treatment</i>	\$125.00
D9986	Missed appointment - <i>without 24 hour notice - per 15 minutes of appointment time - up to an overall maximum of \$40.00</i>	\$10.00
D9987	Cancelled appointment - <i>without 24 hour notice - per 15 minutes of appointment time - up to an overall maximum of \$40.00</i>	\$10.00

If services for a listed procedure are performed by the assigned Contract Dentist, the Enrollee pays the specified Copayment. Listed procedures which require a Dentist to provide Specialist Services, and are referred by the assigned Contract Dentist, must be authorized by Delta Dental. The Enrollee pays the Copayment specified for such services.

Procedures not listed above are not covered, however, may be available at the Contract Dentist's "filed fees." "Filed fees" mean the Contract Dentist's fees on file with Delta Dental. Questions regarding these fees should be directed to the Customer Service department at 800-422-4234.

**SCHEDULE B**

**Limitations of Benefits**

1. The frequency of certain Benefits is limited. All frequency limitations are listed in *Schedule A, Description of Benefits and Copayments*.
2. If the Enrollee accepts a treatment plan from the Contract Dentist that includes any combination of more than six crowns, bridge pontics and/or bridge retainers, the Enrollee may be charged an additional \$100.00 above the listed Copayment for each of these services after the sixth unit has been provided.
3. General anesthesia and/or intravenous sedation/analgesia is limited to treatment by a contracted oral surgeon and in conjunction with an approved referral for the removal of one or more partial or full bony impactions, (Procedures D7230, D7240, and D7241).
4. Benefits provided by a pediatric Dentist are limited to children through age seven following an attempt by the assigned Contract Dentist to treat the child and upon prior authorization by Delta Dental, less applicable Copayments. Exceptions for medical conditions, regardless of age limitation, will be considered on an individual basis.
5. The cost to an Enrollee receiving orthodontic treatment whose coverage is cancelled or terminated for any reason will be based on the Contract Orthodontist's usual fee for the treatment plan. The Contract Orthodontist will prorate the amount for the number of months remaining to complete treatment. The Enrollee makes payment directly to the Contract Orthodontist as arranged.
6. Orthodontic treatment in progress is limited to new DeltaCare USA Enrollees who, at the time of their original effective date, are in active treatment started under their previous employer sponsored dental plan, as long as they continue to be eligible under the DeltaCare USA Program. Active treatment means tooth movement has begun. Enrollees are responsible for all Copayments and fees subject to the provisions of their prior dental plan. Delta Dental is financially responsible only for amounts unpaid by the prior dental plan for qualifying orthodontic cases.

**Exclusions of Benefits**

1. Any procedure that is not specifically listed under *Schedule A, Description of Benefits and Copayments*.
2. Any procedure that in the professional opinion of the Contract Dentist:
  - a. has poor prognosis for a successful result and reasonable longevity based on the condition of the tooth or teeth and/or surrounding structures, or
  - b. is inconsistent with generally accepted standards for dentistry.
3. Services solely for cosmetic purposes, with the exception of procedure D9075 (External bleaching for home application, per arch), or for conditions that are a result of hereditary or developmental defects, such as cleft palate, upper and lower jaw malformations, congenitally missing teeth and teeth that are discolored or lacking enamel, except for the treatment of newborn children with congenital defects or birth abnormalities.
4. Porcelain crowns, porcelain fused to metal, cast metal or resin with metal type crowns and fixed partial dentures (bridges) for children under 16 years of age.
5. Lost or stolen appliances including, but not limited to, full or partial dentures, space maintainers, crowns and fixed partial dentures (bridges).
6. Procedures, appliances or restoration if the purpose is to change vertical dimension, or to diagnose or treat abnormal conditions of the temporomandibular joint (TMJ).
7. Precious metal for removable appliances, metallic or permanent soft bases for complete dentures, porcelain denture teeth, precision abutments for removable partials or fixed partial dentures (overlays, implants, and appliances associated therewith) and personalization and characterization of complete and partial dentures.
8. Implant-supported dental appliances and attachments, implant placement, maintenance, removal and all other services associated with a dental implant.
9. Consultations for non-covered benefits.
10. Dental services received from any dental facility other than the assigned Contract Dentist, a preauthorized dental specialist, or a Contract Orthodontist except for *Emergency Services* as described in the Contract and/or Evidence of Coverage.
11. All related fees for admission, use, or stays in a hospital, out-patient surgery center, extended care facility, or other similar care facility.
12. Prescription drugs.

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13. Dental expenses incurred in connection with any dental or orthodontic procedure started before the Enrollee's eligibility with the DeltaCare USA Program. Examples include: teeth prepared for crowns, root canals in progress, full or partial dentures for which an impression has been taken and orthodontics unless qualified for the orthodontic treatment in progress provider.
  14. Lost, stolen or broken orthodontic appliances.
  15. Changes in orthodontic treatment necessitated by accident of any kind.
  16. Myofunctional and parafunctional appliances and/or therapies, with the exception of procedure D9940 (occlusal guard, per report).
  17. Composite or ceramic brackets, lingual adaptation of orthodontic bands and other specialized or cosmetic alternatives to standard fixed and removable orthodontic appliances.
  18. Treatment or appliances that are provided by a Dentist whose practice specializes in prosthodontic services.
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# Your Vision Benefits Summary



Get the best in eye care and eyewear with COUNTY OF TULARE and VSP® Vision Care.

## Using your VSP benefit is easy.

- Create an account at [vsp.com](http://vsp.com). Once your plan is effective, review your benefit information.
- Find an eye care provider who's right for you. The decision is yours to make—choose a VSP doctor, a participating retail chain, or any out-of-network provider. To find a VSP provider, visit [vsp.com](http://vsp.com) or call 800.677.7195.
- At your appointment, tell them you have VSP. There's no ID card necessary. If you'd like a card as a reference, you can print one on [vsp.com](http://vsp.com).

That's it! We'll handle the rest—there are no claim forms to complete when you see a VSP provider.

## Primary Eye Care

As a VSP member, you can visit your VSP doctor for medical and urgent eye care. Your VSP doctor can diagnose, treat, and monitor common eye conditions like pink eye, and more serious conditions like sudden vision loss, glaucoma, diabetic eye disease, and cataracts. Ask your VSP doctor for details.

## Choice in Eyewear

From classic styles to the latest designer frames, you'll find hundreds of options. Choose from featured frame brands like bebe®, Calvin Klein, Cole Haan, Flexon®, Lacoste, Nike, Nine West, and more\*. Visit [vsp.com](http://vsp.com) to find a Premier Program location that carries these brands. Prefer to shop online? Check out all of the brands at [Eyeconic.com](http://Eyeconic.com), VSP's online eyewear store.

## Plan Information

VSP Coverage Effective Date: 01/01/2018  
VSP Provider Network: VSP Choice

SAN JOAQUIN VALLEY INSURANCE AUTHORITY and VSP provide you with an affordable eyecare plan.

Visit [vsp.com](http://vsp.com) or call 800.677.7195 for plan details and your VSP provider network. For more information, visit [vsp.com](http://vsp.com) or call 800.677.7195.

Coverage information subject to change.

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Category	Coverage	Cost
<b>Your Coverage with a VSP Provider</b>		
WellVision Exam	<ul style="list-style-type: none"> <li>• Focuses on your eyes and overall wellness</li> <li>• Every 12 months</li> </ul>	\$10
Prescription Glasses		\$25
Frames	<ul style="list-style-type: none"> <li>• \$130 allowance for a wide selection of frames</li> <li>• \$150 allowance for featured frame brands (see 'Extra Savings' below)</li> <li>• 20% savings on the amount over your allowance</li> <li>• \$70 Costco® frame allowance</li> <li>• Every 24 months</li> </ul>	Included in Prescription Glasses
Lenses	<ul style="list-style-type: none"> <li>• Single vision, lined bifocal, and lined trifocal lenses</li> <li>• Polycarbonate lenses for dependent children</li> <li>• Every 12 months</li> </ul>	Included in Prescription Glasses
Lens Enhancements	<ul style="list-style-type: none"> <li>• Standard progressive lenses</li> <li>• Premium progressive lenses</li> <li>• Custom progressive lenses</li> <li>• Average savings of 20-25% on other lens enhancements</li> <li>• Every 12 months</li> </ul>	\$55 \$85 - \$105 \$150 - \$175
Contacts (instead of glasses)	<ul style="list-style-type: none"> <li>• \$100 allowance for contacts and contact lens exam (fitting and evaluation)</li> <li>• 15% savings on a contact lens exam (fitting and evaluation)</li> <li>• Every 12 months</li> </ul>	\$0
Priority Eyecare	<ul style="list-style-type: none"> <li>• Treatment and diagnosis of eye conditions like pink eye, vision loss and monitoring of cataracts, glaucoma and diabetic retinopathy. Limitations and coordination with medical coverage may apply. Ask your VSP doctor for details.</li> <li>• As needed</li> </ul>	\$20
Extra Savings	<p><b>Glasses and Sunglasses</b></p> <ul style="list-style-type: none"> <li>• Extra \$20 to spend on featured frame brands. Go to <a href="http://vsp.com/specialoffers">vsp.com/specialoffers</a> for details.</li> <li>• 20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last WellVision Exam.</li> </ul> <p><b>Retinal Screening</b></p> <ul style="list-style-type: none"> <li>• No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam</li> </ul> <p><b>Laser Vision Correction</b></p> <ul style="list-style-type: none"> <li>• Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities</li> </ul>	

Your Coverage with Out-of-Network Providers	
Exam	up to \$45
Frame	up to \$70
Single Vision Lenses	up to \$30
Lined Bifocal Lenses	up to \$50
Lined Trifocal Lenses	up to \$65
Progressive Lenses	up to \$80
Contacts	up to \$105

Visit [vsp.com](http://vsp.com) for details, if you plan to see a provider other than a VSP network provider.



Exhibit B January 1, 2018 - December 31, 2018

San Joaquin Valley Insurance Authority  
County of Tulare

January 1, 2018 - December 31, 2018

	Employee	Employee & Spouse	Employee & Child(ren)	Family
Anthem \$0 PPO	\$907.65	\$1,814.33	\$1,655.20	\$2,750.68
Anthem \$500 PPO	\$683.47	\$1,367.63	\$1,252.58	\$2,157.08
Anthem \$1000 PPO	\$600.38	\$1,199.91	\$1,100.99	\$1,829.16
Anthem \$2500 PPO	\$569.01	\$1,137.12	\$1,043.39	\$1,733.50
Kaiser HMO	\$805.20	\$1,586.43	\$1,437.98	\$2,367.67
Kaiser DHMO	\$625.56	\$1,227.16	\$1,112.86	\$1,828.77
Delta Dental PPO	\$35.43	\$61.42	\$69.60	\$103.32
Delta Dental DHMO	\$26.38	\$45.27	\$45.58	\$65.70
VSP Vision	\$4.86	\$8.20	\$8.66	\$12.93
<b>Kaiser Senior Advantage</b>				
Subscriber with Medicare				\$303.25
Subscriber with Medicare/Sp non-Medicare				\$1,084.48
Subscriber non-Medicare/Sp Medicare				\$1,084.49
Subscriber with Medicare/Sp with Medicare				\$582.54
Subscriber with Medicare/Child(ren) non-Medicare				\$936.03
Subscriber with Medicare/Sp with Medicare/Child non-Medicare				\$1,363.79
Subscriber Medicare/Sp non-Medicare/Child non-Medicare				\$1,865.73
Subscriber non Medicare/Sp with Medicare/Child non-Medicare				\$1,865.74
Subscriber with Medicare/Sp with Medicare/Children non-Medicare				\$1,363.79
Subscriber with Medicare/Sp non-Medicare/Children non-Medicare				\$1,865.73
Subscriber non Medicare/Sp with Medicare/Children non-Medicare				\$1,865.74