



**Health & Human Services  
Agency  
COUNTY OF TULARE  
AGENDA ITEM**

**BOARD OF SUPERVISORS**

- KUYLER CROCKER  
District One
- PETE VANDER POEL  
District Two
- AMY SHUKLIAN  
District Three
- EDDIE VALERO  
District Four
- DENNIS TOWNSEND  
District Five

**AGENDA DATE:** September 1, 2020 REVISED

Public Hearing Required	Yes <input type="checkbox"/>	N/A <input checked="" type="checkbox"/>
Scheduled Public Hearing w/Clerk	Yes <input type="checkbox"/>	N/A <input checked="" type="checkbox"/>
Published Notice Required	Yes <input type="checkbox"/>	N/A <input checked="" type="checkbox"/>
Advertised Published Notice	Yes <input type="checkbox"/>	N/A <input checked="" type="checkbox"/>
Meet & Confer Required	Yes <input type="checkbox"/>	N/A <input checked="" type="checkbox"/>
Electronic file(s) has been sent	Yes <input checked="" type="checkbox"/>	N/A <input type="checkbox"/>
Budget Transfer (Aud 308) attached	Yes <input type="checkbox"/>	N/A <input checked="" type="checkbox"/>
Personnel Resolution attached	Yes <input type="checkbox"/>	N/A <input checked="" type="checkbox"/>
Agreements are attached and signature line for Chairman is marked with tab(s)/flag(s)	Yes <input type="checkbox"/>	N/A <input checked="" type="checkbox"/>
CONTACT PERSON: Donna Ortiz    PHONE: 624-8000		

**SUBJECT:** Accept the annual report from the Tulare County Mental Health Board

**REQUEST(S):**  
That the Board of Supervisors:  
Accept the annual report (January 2019 through December 2019) from the Mental Health Board.

**SUMMARY:**  
California Welfare and Institutions Code Section 5604 establishes the Mental Health Board, which serves as an advisory body to the Board of Supervisors. One of the Mental Health Board’s duties is to submit an annual report on the performance of the county’s mental health system, the location and services delivered through the various managed care plans, and the activities and meetings held during the previous calendar year.

The report details the Board member’s composition, which should reflect the ethnic diversity of the consumer population in the county. Besides detailing the Mental Health Board meetings including presentations given, the report also includes the attendance and other activities of the various Board members and any changes implemented to the Board meetings in the past year.

**FISCAL IMPACT/FINANCING:**  
There is no fiscal impact. This is an information-only item. There is no additional net cost to the County General Fund.

**SUBJECT:** Accept the annual report from the Tulare County Mental Health Board

**DATE:** September 1, 2020

**LINKAGE TO THE COUNTY OF TULARE STRATEGIC BUSINESS PLAN:**

The County's five-year plan includes the Quality of Life Initiative to promote and encourage the provision of quality supportive services for individuals in Tulare County. The Tulare County Mental Health Board Annual Report enhances the Quality of Life Initiative by increasing public awareness about mental health needs and performance of the County's mental health system.

**ADMINISTRATIVE SIGN-OFF:**

/s/ Donna Ortiz

Donna Ortiz

Director of Mental Health

cc: County Administrative Office

Attachment(s) Report

**BEFORE THE BOARD OF SUPERVISORS  
COUNTY OF TULARE, STATE OF CALIFORNIA**

IN THE MATTER OF ACCEPT )  
THE ANNUAL REPORT FROM THE ) Resolution No. \_\_\_\_\_  
TULARE COUNTY MENTAL HEALTH ) Agreement No. \_\_\_\_\_  
BOARD )

UPON MOTION OF SUPERVISOR \_\_\_\_\_, SECONDED BY  
SUPERVISOR \_\_\_\_\_, THE FOLLOWING WAS ADOPTED BY THE  
BOARD OF SUPERVISORS, AT AN OFFICIAL MEETING HELD \_\_\_\_\_  
\_\_\_\_\_, BY THE FOLLOWING VOTE:

AYES:  
NOES:  
ABSTAIN:  
ABSENT:

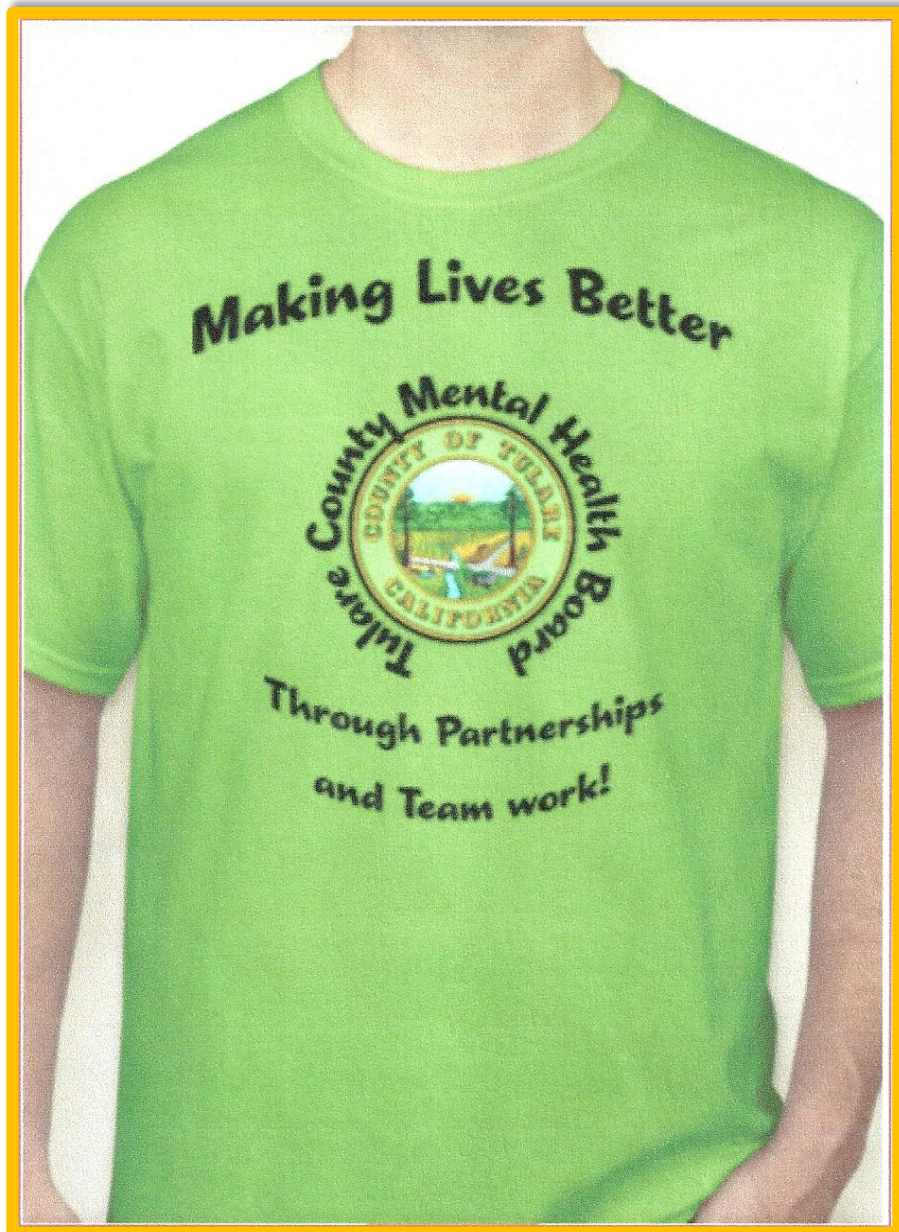
ATTEST: JASON T. BRITT  
COUNTY ADMINISTRATIVE OFFICER/  
CLERK, BOARD OF SUPERVISORS

BY: \_\_\_\_\_  
Deputy Clerk

\* \* \* \* \*

Accepted the annual report (January 2019 through December 2019) from the Mental Health Board.

# TULARE COUNTY MENTAL HEALTH BOARD ANNUAL REPORT - 2019



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# INTRODUCTION

## Rationale

California Welfare and Institutions Code Section 5604 establishes and describes "Powers and Duties of California Mental Health Boards." These include "submit an annual report to the governing body on the needs and performance of the county's mental health system." The current report is a summary of Mental Health Board activities for calendar year 2019.

## Information Sources

Information for this report is obtained from minutes of the Mental Health Board Executive Committee and general Mental Health Board meetings (January through December 2019). The Tulare County Mental Health Board (TCMHB) was supplied summaries of the Tulare County Mental Health Branch's organization, committees, budget and state reporting mandates from the Tulare County Mental Health Branch, Health and Human Services Agency. This past year, individual Mental Health Board members also have attended and participated on many working committees and/or state-level meetings. The working committees are part of the organizational structure for TCMHB administration and management. This structure allows communication and coordination across an array of contractors, services, and program objectives (e.g., Mental Health Plan). Board Member summaries are included, as available, for various committee reports highlighting this year's goals and accomplishments.

## Relevant Considerations/Demographics

U.S. Census Bureau's poverty data show that 28.3% of Tulare County population is living at or below poverty level. This is an increase of 5.4 percentage points since the 2010 survey. Contrasted to 2016, there now are 30,118 more persons here living below poverty level. The State average is 15.8% and reflects a 2.1 percentage point increase from 2010.<sup>1</sup> Due to the high poverty rate within Tulare County, over half - approximately 52% - of our residents receive some form of social support services or program aid such as Cal-Fresh. Tulare County also has a higher unemployment rate of 10% compared to a California state unemployment rate of 4%.

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<sup>1</sup>Extracted from the County of Tulare Recommended Budget 2018-2019:  
<https://tularecounty.ca.gov/cao/index.cfm/budget/fiscal-year-2018-19/>

## MENTAL HEALTH BOARD

### 2019 Board Composition:

**Executive Committee:** George Allen, B.S. (Chair), Gail Jones (Member-At-Large), Darlene Prettyman (Interim-secretary)

**General Membership:** The spreadsheet below lists general membership as it relates to 2019. The letter “R” indicates Resignation in 2019.

Seat	Seat Type	Member Name	Appointed	Current Term	Next Term
1	At-Large	Veronica Clifton	4/30/2019	12/31/2019	12/31/2021
2	At-Large	Lynne Del Campo	1/29/2013	12/31/2018	12/31/2021
3	At-Large	Michele Morrow-Eaton	5/15/2018	12/31/2018	12/31/2021
4	At-Large	Jason Salazar	9/10/2019	12/31/2019	12/31/2021
5	Consumer	Dale Asman	8/22/2017	12/31/2018	12/31/2021
6	At-Large	Erin Brooks, J.D.	9/15/2009	12/31/2019	12/31/2022
7	Consumer	Gail Jones	10/21/2014	12/31/2019	12/31/2022
8	Family Member	George T. Allen	10/21/2014	12/31/2019	12/31/2022
9	At-Large				
10	At-Large				
11	Family	Sandra Juarez, MSN	10/9/2018	12/31/2020	12/31/2023
12	Family	CJ Long	12/19/2017	12/31/2020	12/31/2023
13	Family	Bruce Nicotero	12/18/2018	12/31/2018	12/31/2020
14	Consumer	Christopher Smith	1/30/2018	12/31/2020	12/31/2023
15	At-Large				
16 R*	Family Member	Darlene Prettyman, RN	9/1/2015	12/31/2020	12/31/2023
Ex-Officio	Board of Supervisors Rep.	Amy Shuklian	N/A	N/A	N/A

Two At-large seats were filled in 2019, with three remaining open. The Board will strive to fill these three At-large seats by the end of 2020, as well as the Family Member Seat Number 16 vacated by Darlene Prettyman.

\*R - Ms. Prettyman resigned due to health concerns.

## **MENTAL HEALTH BOARD MEETING AGENDAS**

Monthly meetings provide Mental Health Board members with contractor and Department presentations to allow better understanding of the mental health plan (MHP) and system of care. Meeting agendas for the past year are summarized below and on the next page.

### **January 8 , 2019 MHB Meeting**

- Approved the Mental Health Services Plan Update for Fiscal 2018/2019 to be forwarded to the Tulare County Board of Supervisors.
- Considered and approved an application for membership for Veronica Clifton for At-Large Seat #1 – moved forward to Tulare County Board of Supervisors for approval.
- Discussed Mental Health Board Retreat topics

### **February 5, 2019 MHB Meeting**

- This meeting was held as a combination Retreat and monthly Board Meeting
- Retreat Presentations:
  - Tulare County Health and Human Services Agency and Mental Health Branch
  - Mental Health Programs and Providers
  - Quality Assurance Management Program
  - Mental Health Branch Strategic Initiatives
- Discussed 2019 Mental Health Board Discussion Topics and Priorities
- Discussed 2018 Annual Report draft to be reviewed in April, presented to Board of Supervisors in May.

### **March 5, 2019 MHB Meeting**

- 2018 Mental Health Board Annual Report review and schedule forwarding to Tulare County Board of Supervisors
- 2018 Tulare County Data Notebook review and schedule forwarding to California Mental Health Planning Council
- Legislation Ad hoc Committee scheduled a meeting for April 2 before the next MHB Meeting
- Presentation: Visalia Police Department HOPE Team Ride-along Program

### **April 2, 2019 MHB Meeting**

- Approve the 2018 Mental Health Board Annual Report for forwarding to the Tulare County Board of Supervisors
- Approve the forwarding of the 2018 Tulare County Data Notebook to the California Mental Health Planning Council
- Solicit for volunteers to sit on a panel to review resumes and interview Mental Health Director Candidates.
- Presentation: Full-Service Partnership



### **May 7, 2019 MHB Meeting**

- Respite Care – Santa Clara County
- Mental Health Department Director recommendation to Timothy Lutz HHSA Director
- Presentation: “Legislation 101”

### **June 4, 2019 MHB Meeting**

- Discussion on Laura’s Law – Tulare County looking at what other counties are doing across the State
- Presentation: Wellpath – Mental Health Services at Tulare County Jail

### **July 9, 2019 MHB Meeting**

- Discussion on site visits by MHB members
- Presentation: Santa Fe Street-Tulare Avenue roundabout construction and the impact on Visalia Adult Integrated Clinic vehicular and pedestrian traffic.

### **August 6, 2019 MHB Meeting**

- Consider application from Jason Salazar for At-Large Seat #4 – voted to move this application forward to the Tulare County Board of Supervisors for approval.
- Presentation: Tulare County Suicide Prevention Task Force – 2020 Vision

### **September 10, 2019 MHB Meeting**

- Discussed/reviewed 2019 Data Notebook.
- Presentation: Tulare County Drug Medi-Cal Organized Delivery System (ODS Waiver)

### **October 1, 2019 MHB Meeting**

- 2019 Mental Health Board Data Notebook Workgroup
- Presentation: Consultant Responsibilities, Oversight and Evaluation

### **November 12, 2019 MHB Meeting**

- Presentation: LOSS Team

### **December 3, 2019 MHB Meeting**

- Nomination and election of 2020 Mental Health Board Executive Committee Members
- Presentation: 2019 Year in Review, Director Mental Health Department.

## **OTHER MENTAL HEALTH BOARD COMMITTEES**

### **Wellness and Recovery**

- Topics of Interest
  - Stigma Reduction
  - Community Education
  - Peer Mentorship
  - Community Events
- Summary of Activities
  - All the above topics of interest are in progress. We are planning a Mental Health Fair for 2020 to focus solely on the Mental Health Providers and resources in the community.
  - The “Trestle” helps with community education, so we are continuing to work on that
  - Peer mentorship is an ongoing group at the Porterville Wellness Center. The purpose is to have committee members from CSET, TAY Housing, and the Wellness Center collaborate in mentoring youth.
- Committee Achievements
  - As a result of the Peer Mentorship group, several TAY youths have gained employment and have been able to have a group of people to support them. The Porterville Wellness Center has hired a TAY youth as a peer support.
  - Plans are being made for a Mental Health Fair to be held sometime in 2020.

### **Legislation Ad hoc Workgroup**

#### **April 2, 2019**

- Set goals for this year for this workgroup
  - Housing Issues (No Place Like Home funding)
  - Criminal Justice
  - Aging Population
  - Request a presentation for the Board on “How Legislation Works” to educate and inform how the process works.

#### **July 9, 2019**

- Discussion of current Mental Health Legislation

#### **October 1, 2019**

- Discussed Mental Health Legislation Updates
- Brainstormed Future Topics

## TULARE COUNTY MENTAL HEALTH PLAN (MHP)

### Tulare County Mental Health Plan Overview

The Tulare County Mental Health Plan (MHP) is summarized in a "Wellness and Recovery Guide to Mental Health Services" published by the Tulare County HHSA. Services are for Tulare County residents experiencing symptoms of mental illness. County-operated clinics in Porterville and Visalia are supplemented by a newly opened Wellness and Recovery Center in Porterville and another soon to open in Visalia (anticipated Grand Opening- May 2019).

The current range of MHP services includes a 24h/7day Psychiatric Emergency Team (PET), mental health services for those incarcerated in county jail facilities, and adult and youth mental health services for the treatment of mental illness in children, adolescents, adults, and seniors. The array of services includes, but are not limited to: mental health assessments, individual and group therapy, psychiatric and related medication services, crisis intervention, case management for access to medical, social, educational and community services, and therapeutic behavioral services for those age 21 years old or younger.

<b>PROGRAM</b>	<b>SERVICES</b>	<b>LOCATION</b>	<b>OPERATION</b>
Alcohol and Other Drug Prevention, Treatment, & Recovery (AOD)	Substance Use and Co-occurring Disorder Placement Services	942 South Santa Fe Avenue, Visalia, CA 93292	Delivers assessment, evidence-based treatment, prevention and placement services aimed at improving lives
<b>Adult Services</b>			
Visalia Adult Integrated Clinic (VAIC)	Adult Mental Health	520 East Tulare Avenue, Visalia, CA 93292	Monday-Friday 8 a.m. to 6 p.m.
Porterville Adult Clinic (PAC)	Adult Mental Health	1055 West Henderson Avenue, Porterville, CA 93368	Monday-Friday 8 a.m. to 6 p.m.
North Tulare County, Mobile Services	Mental Health, All Ages	201 North Court Street, Visalia, CA 93291	Monday-Friday 9 a.m. to 5 p.m.
South Tulare County, Mobile Services	Mental Health, All Ages	201 North K Street, Tulare, CA 93274	Monday-Friday 8 a.m. to 5 p.m. Saturday (MD only) 8 a.m. to 4 p.m.

<b>PROGRAM</b>	<b>SERVICES</b>	<b>LOCATION</b>	<b>OPERATION</b>
<b>Transitional Age Youth (TAY) Services</b>			
North Tulare County, One Stop	Transitional-Age Youth Mental Health	201 North Court Street, Visalia, CA 93291	Monday-Friday 9 a.m. to 5 p.m.
Central Tulare County, One Stop	Transitional-Age Youth Mental Health	113 South M Street, Tulare, CA 93274	Monday, Wednesday, Friday 8 a.m. to 5 p.m.
South Tulare County, One Stop	Transitional-Age Youth Mental Health	409 North Main Street, Porterville, CA 93257	Monday-Friday 7 a.m. to 6 p.m.
<b>Child/Youth Services</b>			
Dinuba Youth Services (DYS)	Children's Mental Health	144 South L Street, Dinuba, CA 93615	Monday-Friday 8 a.m. to 5 p.m.
Porterville Youth Services (PYS)	Children's Mental Health	1055 West Henderson Avenue, Porterville, CA 93257	Monday, Wednesday, Friday 8 a.m. to 6 p.m.
Sequoia Youth Services (SYS)	Children's Mental Health	514 North Kaweah Avenue, Exeter, CA 93221	Monday-Friday 8 a.m. to 5 p.m.
Tulare Youth Services Bureau (TYSB)	Children's Mental Health	327 South K Street, Tulare, CA 93274	Monday-Friday 8 a.m. to 5 p.m.
Visalia Youth Services (VYS)	Children's Mental Health	711 North Court Street, Visalia, CA 93291	Monday-Friday 8 a.m. to 5 p.m.
<b>Residential Programs</b>			
Transitional Living Center (TLC)	Transitional Supportive Housing	Adult (18+) Augmented Board & Care	53 beds
Community Living Center (CLC)	Transitional Supportive Housing	Adult (18+) Supported Independent/ Transitional	18 beds
Crossroads	Transitional Supportive Housing	Transitional Age Youth (18-24) Supported Transitional Living	Porterville – 10 beds Visalia – 10 beds
East Tulare Avenue Cottages (ETAC)	Permanent Supportive Housing	Adult (18+) Permanent Supportive Housing	11 shared apartments (22 beds)
Porterville Lotus Project	Permanent Supportive Housing	Adult (18+) Permanent Supportive Housing	Estimated 8 shared apartments (16 beds)
Tulare Inyo Project	Permanent Supportive Housing	Adult (18+) Permanent Supportive Housing	Estimated 10 shared apartments (20 beds)

<b>PROGRAM</b>	<b>SERVICES</b>	<b>LOCATION</b>	<b>OPERATION</b>
Casa de Robles	Permanent Supportive Housing	Transitional Age Youth (18-24) Permanent Supportive Housing	6 beds
<b>Wellness Centers</b>			
Porterville Wellness & Recovery Center	Wellness Center	333 West Henderson Avenue, Porterville, CA 93257	Mon-Fri 9am-7pm, Sat-Sun 11am-3pm
Visalia Wellness & Recovery Center	Wellness Center	1223 S. Lovers Lane Visalia, CA 93292	Mon-Thurs 8:30 am - 5:30pm Friday 8:30am - 4:30 pm Saturday 8:30am – 5:30pm

This list of services does not reflect additional programming such as an array of prevention and early intervention programs. However, it gives a robust picture of significant direct services provided.

## **Mental Health Board Procedural Changes/Evolving Relationships**

The working relationship between the Mental Health Branch and the Mental Health Board by very nature must evolve. Employees are fulltime participants in the daily management and provision of direct services. Advisory board members “sample” a small fraction of all this by attending a limited number of committees and receiving summary overviews at monthly meetings. Staff typically may be long-term experts. Advisory board members might have lived experience, have family members with lived experience, be allied healthcare professionals themselves, or well-meaning and well-intentioned and interested, but potentially naïve community members. The differences between our two groups occur most notably with terminology, abbreviations and acronyms, and basic assumptions.

1. Mental Health Board presenters are challenged to convey complex information quickly and succinctly. The Mental Health Board now uses 3x5 index cards to note questions and allow uninterrupted presentations with more detailed answers and follow-up from presenters, when necessary.
2. Audience and Mental Health Board members have had communication challenges such as adequately hearing the exchange of Board business and presentations. This has improved by the acquisition and regular use of a microphone and speaker system.
3. Collegiality is improved with Mental Health Board members representing the Department and Board at local NAMI (National Alliance on Mental Health) meetings and recruiting board members from NAMI-Tulare. Tulare County Mental Health also is represented at California state levels, including sharing Tulare County “Best Practices.” Board Member continue to serve also on the CA Behavioral Health planning council, CA Senior Legislature, and by attending regular meetings of the CA association of Local Behavioral Health Boards and Commissions.
4. The complicated business of the Branch requires ongoing presentations to and action by the Board of Supervisors, especially on fiscal matters. Some of the more “business-minded” members of the Mental Health Board have wished to be more knowledgeable about budgeting, expenditures, and fiscal activities of the Mental Health Branch. Staff now provide the weekly courtesy of forwarding action items agendas for the Board of Supervisors meetings, highlighting any Mental Health Branch considerations.
5. The Board intends to continue a locally developed Annual Report in order to continue to consult, confer, review, and plan together.

Respectfully submitted, 2019-2020 Mental Health Board members, Spring 2020.

## RESOURCES



NAMI: (800) 950-6264;  
[www.namitularecounty.org](http://www.namitularecounty.org)

Public Guardian/Conservator:  
(559) 623-0650; (877) 657-3092

Family Advocate: (559) 624-7449

Patient Advocate: (559) 624-7440;  
(800) 905-5597

Grievances/Appeals: (800) 500-4465

Legal Aid: (559) 733-8770

Adult Protective Services: (559) 623-0651

Family Court Services:  
(559) 730-5000 x 1300

My Voice Media Center: (559) 802-3266

Teen Line: (800) TLC-TEEN (858-8336)

Gay & Questioning Youth: (800) 712-3000;  
[thesourceigbt.org](http://thesourceigbt.org) (559)429-4277

Tulare County Warmline: 1-877-306-2413

Tulare County Crisis Hotline:  
(800) 320-1616

2-1-1 Tulare County: dial 2-1-1

PATH Projects for Assistance in Transition  
from Homelessness: (559) 687-0920

Suicide Lifeline: (800) 273-TALK (8255) –  
Veterans press “1”

Homeless Veterans: (877) 424-3838,  
press “1”